

Thomas Abbott • Noémie Abdo • Nayla Al-Ajami • Mounena Hussein Ali • Robert Allan • Hamad Alsuailem • John Anderson • Jose Miguel Aparicio Casanova • Frederic Aubé • Cody Bean • Nicolas Beaudin • Sandy Bédard-Lothrop • Rachelle Bergeron • Maria Pilar Bifaretti • Alissa Bissonnette • Sophie Blair • Sébastien Bleau • Abraham Bonilla Vazquez • Johanna Bosch • Maxime Bourque • Jason Brochu • Simon Brosseau • Jordan Buck-Thompson • Liam Buck-Thompson • Nicholas Burdeson • Erin Butler • Rory Butler • Chayse Carlsson • Lyanne Caruthers • Regina Castilla Galan • Marco Cavallen • Cedric Charbonneau • Julien Charest • Chao-Te (Bob) Chen • Yu-Shan (Judy) Chen • Patrice Cialdella • Alexandre Clermont • Benjamin Clermont • Estefania Colas Baeza • Francisco Javier Colas Baeza • Alexander Cooper • Fernanda Cortina Escalante • Alexandre Coulombe • Jean-Samuel Couture • Mya Daigle • Rhys Davies • Samuel De Grace • Emiliano De Las Fuentes Eslava • Andrew Donaldson • Jacob Ducharme • Daphney Ducharme-Roy • Daniel Dumont • Mouhamed Charles-Emmanuel Fall • Connor Fletcher • Ryan Fletcher • Natalia Flores Bringas • Frederic Foulem • Da Fu • Mohamed Ahmed Gamal Hassan • Alexandr (Sasha) Gapich • Landon Gareau • Gonzalo Garrido Toledo • Elizabeth Gaudreau • Justine Gélinas • Luis Emilio Gil Gonzalez • Charly Gilpin • Julia Gilpin • Denus Gilpin-Mark • Mimi Girard • Christof Goettke • Jakob Goettke • Liam Gribbon • Paulina Guerra • Nicolas Guerrero Zacarias • Mark Guigauri • Chrysanthia Guli • Mengyuan (Miko) Hao • Yuuki Hara • Thomas Hayden-Lefebvre • Jacob Hochstrasser-Borsari • Maximilian Hopper • Yushan (Eva) Hou • Tzu-Ting (Tiffany) Hsu • Jia Xiong (Jacky) Huang • Peng Yi Huang • Will Huckins • Kyle Hume • Jose Abraham Iza Pepping • Paul Julius Jaumann • Ian Kemp • India Kitchen • Montana Kitchen • Christopher Koo • Xavier Koontz Miller • Jasper Korican-Barlay • Ashley Langevin • Mane-Eve Lebeau • William Lebel • Kellyane Lecours • Yan-Wei (Daniel) Lee •

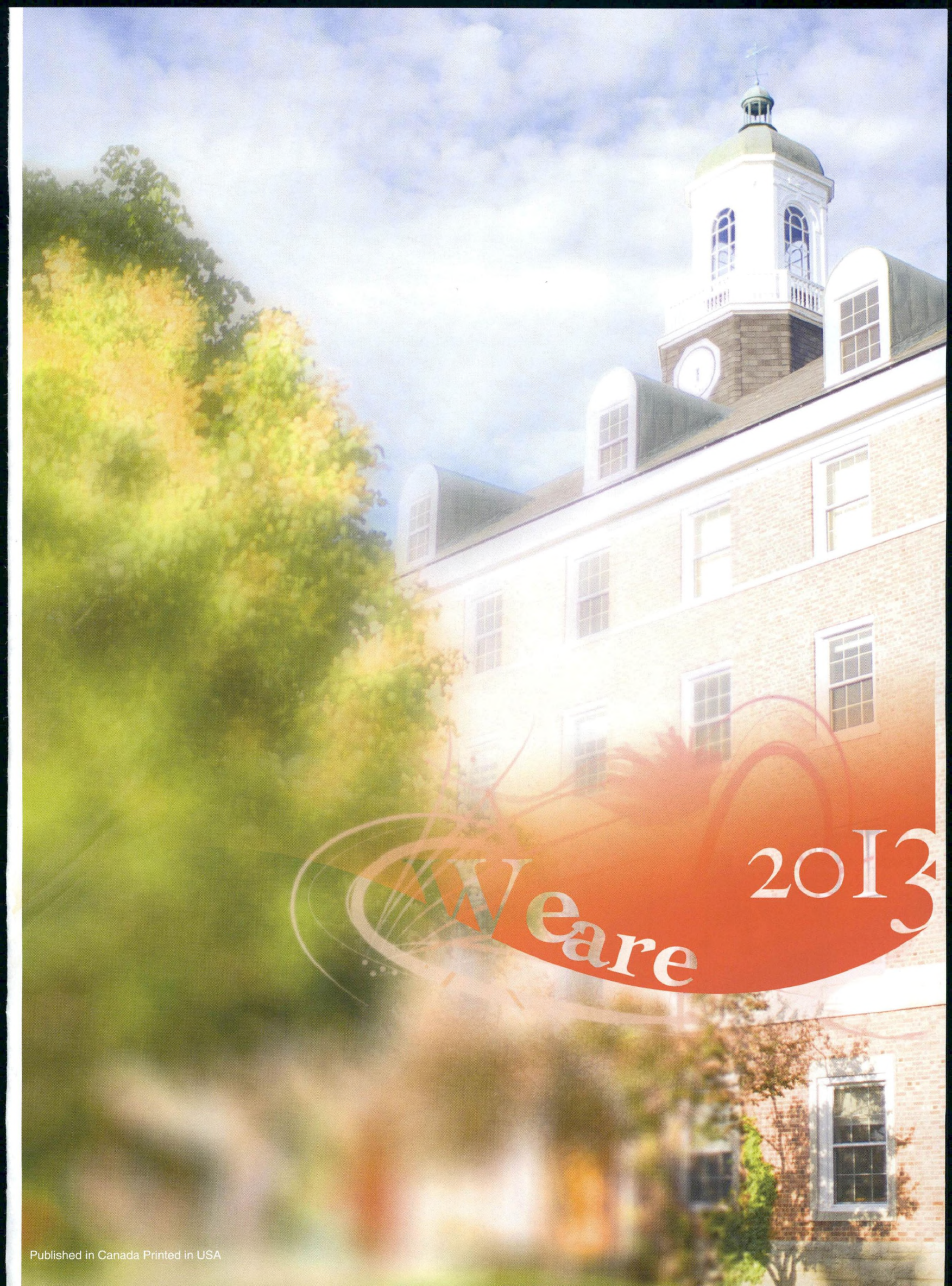


Abdel (Ray) Lebabic • Jeffrey Liao • John Tony Linderson • Feng Hui (Jack) Liu • Yuan Liu • Zhi Yuan (Vicky) Liu • Hunter Lively • Eduardo Lopez Cambiaso • Ricardo Lopez Raupach • Yu-Hsuan (Layla) Lu • Jenna MacDonald • Stephen Macinnis • Monica Magdub Lopez • Radu Margant • Tudor Margant • Paulina Marquez Garcia Sainz • Spencer Martin • Olivia McGuigan • Robert Meisner • José Arturo Mendez Conde • Ursula Mendoza Fernandez • Maude Migneault • Paul Miller • Andrew Norris • Emily Norris • Jordan Norris • Daniela Ojeda Gomez • Kayla Ouellet • Shawn Ouellet • Tristan Ovesson • Kuan-Hua (Roger) Peng • Elizaveta Perevezentseva • John Perretta • Alexandra Place • Auston Plotkin • Mark Price • Alejandra Quintero Solana • Catherine Quinon • Genevieve Quinon • Arturo Ramirez Aja • Conor Rankin • Julia Rathje • Anthony Re • Samantha Rhands • Leonard (Dylon) Riley • Maria Rodriguez Diaz • Justus Rosa • Alexis Routhier • Elsa Roy • Dinah-Marie Sam • Valentina Santillan Santamaria • Sira Sankhani • Sarah Savoie • Montz Schaefer • Jean-Baptiste Soraire-Gingras • Lou-Henri Soraire-Gingras • Sagira Dayanara Segovia Machado • Shenghao (Eric) Shi • Hok Lun (Marco) Siu • Man Hin (Martin) Siu • Benjamin Smith • Sadie Smith • Madysen St-Pierre • Andrew Stevens • Akimasa Takeda • Odette Tame Jacobo • Li Yang (Eric) Tang • Andrea Tanguay • Yuan-Po (Paul) Teng • Anna Thinhphang-Nga • Adolfo Tolentino Enrriquez • Jessica Tomeo • Jimena Trejo Suero • Catherine Turcotte • Clara Turbotte • Chloe Van Dyke • Christian Villeneuve • Li-Ming (Devin) Wang • Yi-Ting (Tina) Wang • Zi (Kevin) Wang • Rebecca Watson • Pisit (Bliss) Weichayanwatt • Asia Wisco • Susannah Wolfe • Chin Fung (Justin) Wong • David Wood-Downey • John Wood-Downey • Malcolm Wood-Downey • Maokang (Tony) Wu • Patrick Wustrow • Aika Yamashita • Xiaohui (Crystal) Yin • Yuh Yoshikawa • Dian Yu • James Edward Zanca • Wen (Jacqueline) Zhang • Felix Zheng • Junwen Zheng • Yilin Zhu • Gabriela Zifranska • Lucas Zwaagstra

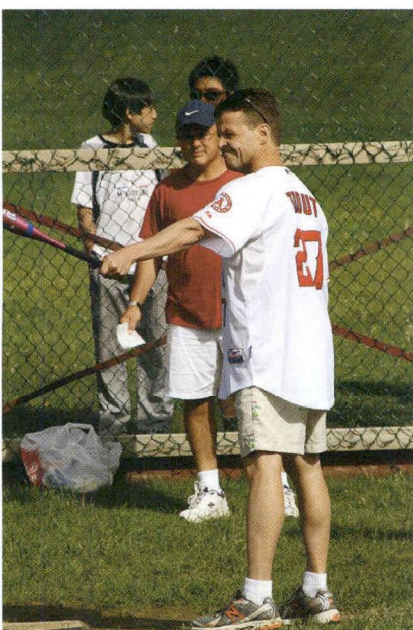
2023







We are 2013



HEADMASTER

Michael T. Wolfe

I know that you're looking forward to seeing the 2012-13 version of the Spectrum as much as I am. I always put the latest edition of the yearbook on the coffee table in my office – you may have noticed it when you came in to "borrow" some candy from the bowl there :) – and every week when I have a few moments, I like to flip through the pages. It's a wonderful reminder of the people, events and happy moments from the school year that has just gone by.

I want to thank our editor Eva Hou and advisor Mr. Murray and their dedicated team for their outstanding work in putting together this special book. It's an enormous amount of work over the course of an entire year to organize, create and distribute this publication. We are all very grateful for their amazing efforts.

For our graduates, I wish you the very best of luck as you move on to the next phase of your life. The journey from this point on is as fickle as it is bewitching. Life usually leads us on with little favours that fill us with hopes of triumph. And just when our confidence is at its highest, life can often let us have it. We're chastened and humbled again.

I hope your time at Stanstead has prepared you for whatever challenges and rewards life will present to you in the years ahead. Always remember that you have a home at Stanstead College and that you are always welcome here

I hope that you'll keep and cherish this very special book and the memories it produces for the rest of your life. And please be sure to drop by to say hello. We'll be here waiting for you.

With every good wish,

MTW



EDITOR's message

Eva Hau

First of all, I would like to give a big thanks to the yearbook staff, my assistant editor Bliss, Mr. Murray and all the unsung heroes that helped us during the year. This yearbook couldn't be complete without you guys.

It's been a great year, a lot of activities and events going on. I hope we capture the best of it. Ten years later, when you look back on this yearbook, you will remember those fabulous times, sad times, funny events and the serious moments.

Stanstead College is a school family and we have lived through these experiences together. There is no other school like ours, and I am proud to be a part of the family. Memories stay forever.

To those who are leaving, hope you have a wonderful future. To those who are coming back, see you next year!

Love, Eva



from the HEADPREFECT

Liam Gribbon

It is truly incredible how fast time flies. Six short years ago I started my journey at Stanstead College. Like many of you I had no idea what was to come. It was terrifying, but it was also exhilarating to think of the possibilities. Who would I become? Where would I end up? Now I am at the beginning all over again, unsure, excited and curious. Many of the same questions come to mind. The answer is simple: next year I will become what I decide. I have control over my life so why not dare? Dare to dream, dare to be different and most of all dare to excel.

In some sense I know that I'm not the same person. We've all changed and morphed into who we are now. Whether you've spent your high school career at Stanstead or just one year, you've changed. There are some people to thank for that. The first being our teachers, coaches and advisors. You've always been there, to support, guide, and present new opportunities. You've done everything in your power to help make us successful. The next group to thank is our parents. You've made the

necessary sacrifices to give us the best possible education and experiences. You've been there from the start. Your unconditional love and support has shaped us in ways words cannot fully describe. Thank you for giving us the opportunities. It means so much!

All these people gave us opportunities. But it truly is you whom I'd like to thank. For the times we've laughed, the victories, the defeats, the accomplishments, the movie nights and yes, even the lazy Sundays. You made this year what it was and I will be forever grateful. I want to wish everyone best of luck next year, no matter where you are. As usual I would like to leave you with quote from the wise old Dr. Seuss: "You have brains in your head. You have feet in your shoes. You can steer yourself, any direction you choose. You're on your own. And you know what you know. And you are the one who'll decide where to go."

Yours truly, Liam

Trustees | Prefects | Faculty



(Front l-r) Eric Grenier, James Rioux, Joanne Carruthers, Christian Wells (Assistant Headmaster), Michael Wolfe (Headmaster), Mark Bembenek, Andrew Blair, Carmen Campbell, (middle) Lisa Smith, Alison Hennequart, Victoria MacIsaac (gap), Marilee Andres, Barbara Wilkinson, Amy Gallant, Keri Reynolds, Audrey Langlois, Kevin Philip, Stephanie May, Zainab Hussein (gap), Fatou Diagana, (rear) André Simard, Christian Williams, Erik Van Dyke, Jeff Standage, Chris Planetta, Jean-Jacques Prévost, Matthew Thompson, Scott Bridgeman, Callum James (gap), Pat Beaupre, Patrick Fraser. Missing: Eryn Hessian, Gavin Robinson



(Front l-r) Rhys Davies, Paulina Guerra, Justin Wong, Catherine Quirion, Assistant Headmaster Wells, Liam Gribbon (head prefect), Headmaster Wolfe, Justine Gélinas, Pisit Wetchayanwiwat, Clara Turcotte, Landon Gareau, (rear) Emily Norris, Tiffany Hsu, Dian Yu, Eva Hou, Malcolm Wood-Downey, Ray LePabie, Rory Butler, Jordan Buck-Thompson, Kyle Hume, Rebecca Watson, Jessica Tomeo, Vicky Liu
Missing: Moumena Ali, Olivia McGuigan, Shawn Ouellet

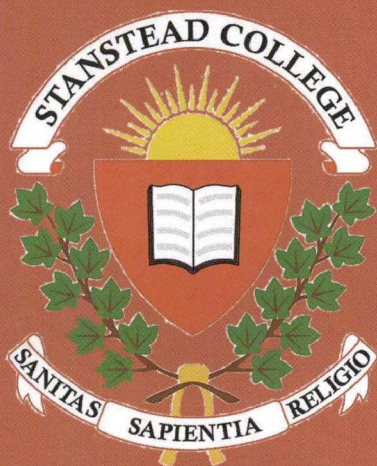
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Danny Béasse '94
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Kai Cho '04
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Ali Martin-Mayer
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Rebecca Nienkamper '83
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Rosalie Wilson '90
Alyson T. Wood
Chris Wood
Ianitt Yoo '96

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Maintenance
Housekeeping

Mike Huckins, Khaleq Ahad, Robert Dubois, Mike Séguin (director), Alain Bourassa, Garry Roy



Maida Benois, André Fluet, Sylvie Bolduc, Beverly Levine, Carole Larose (director), Dian Middleton, Louise Benoit, Linda Lang, Judy Mosher



Advancement

Gabriella Ron, Karen Cushing, LeeAnne Smith, Ross Murray, Dugie Ross (director)



Admissions

Academics & Headmaster's Office

Donna Richter (admin-asst. Academics/U. Guidance, Marie-Eve Simard (admin-asst. Headmaster), Suzanne Marrotte (admin-asst. Admissions), Joanne Carruthers (Director of Admissions), Patrick Frasier (Admissions associate), Joanne Ross (Admissions associate)



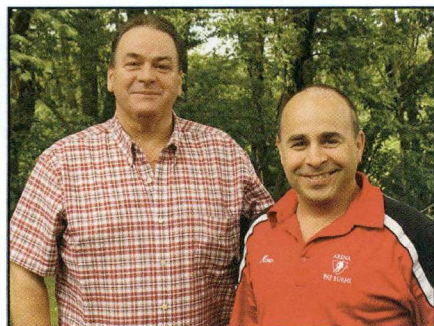
Business Office

Jean-Marie Thériault, Alicia Jones, Marie-Josée Gaboriault, Farrah Cabana, Brigitte Dion



Health Centre

Lucie Royer (nurse), Holly Moore (counsellor)
Missing: Dr. Guy Charette



Arena

Mario Frechette, Marc Parent

Kitchen

Yves Lavoie & Aramark staff

Gym

Alta Sheldon

Drivers

Larry Reynolds (head driver)
Denis Comeau
Mario Comtois
Luc Dion
Chris Goodsell
Stéphane Dozois
Denis Fleurant

U. Guidance

Eryn Hessian
Keri Reynolds
Ali White
Donna Richter

Tuck Shop

Lucie Roy

Security

Sylvain Bergeron (head)
Martin Goyette
Richard Roy
Francis "Buck" Sayers
Daniel Bergeron



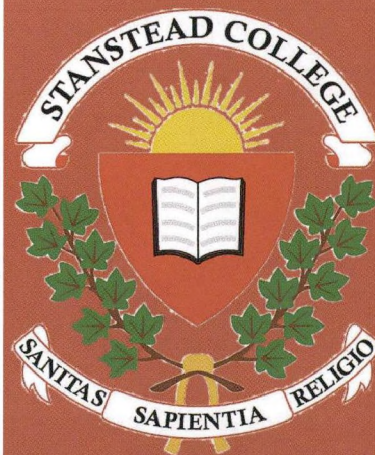
Camps

Stephanie Délorne



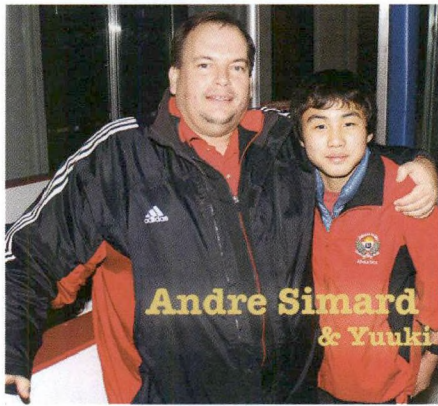
IT

Ryan Andres (above)
Paul Thompson

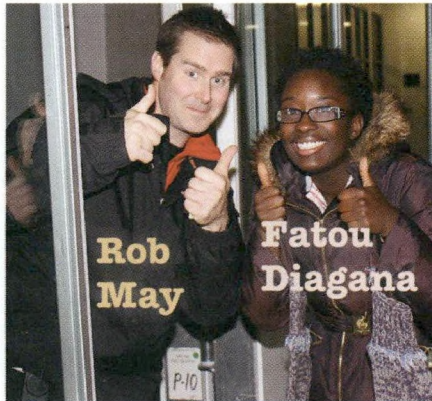


Support Staff

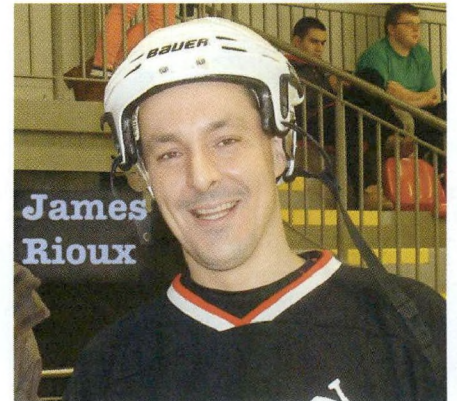
TEACHERS



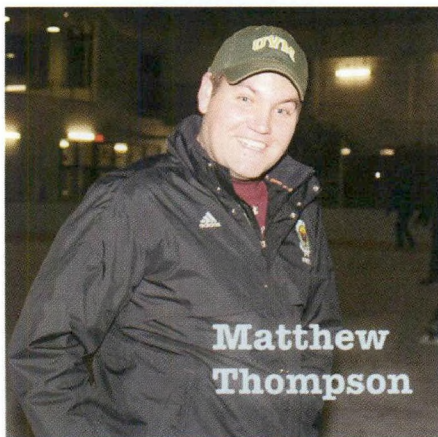
Andre Simard
& Yuuki



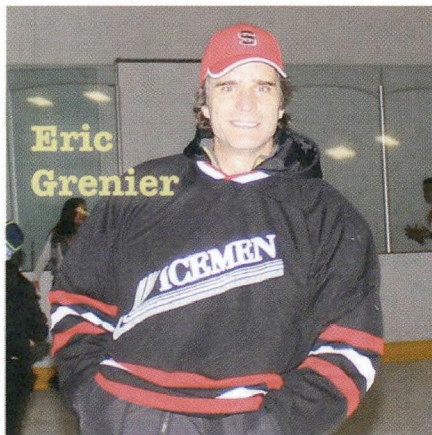
Rob May
Fatou Diagana



James Rioux



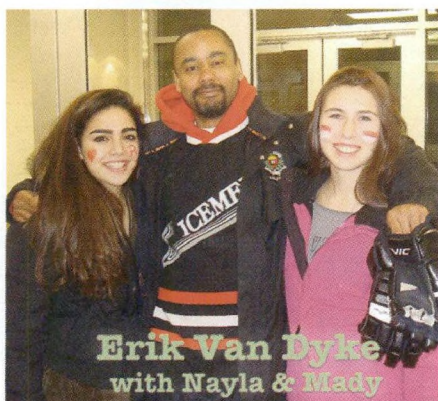
Matthew Thompson



Eric Grenier



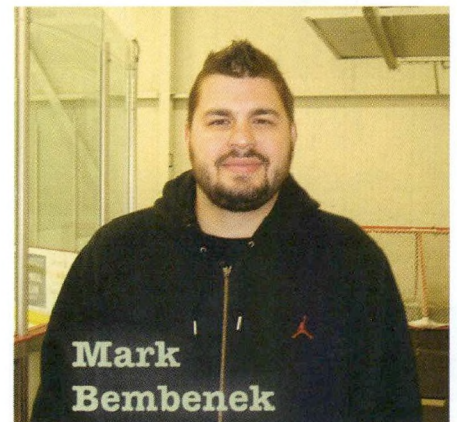
Gavin Robinson



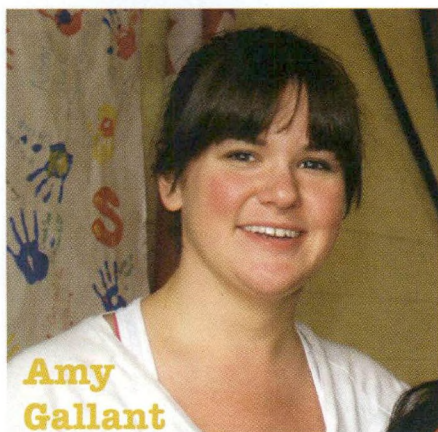
Erik Van Dyke
with Nayla & Mady



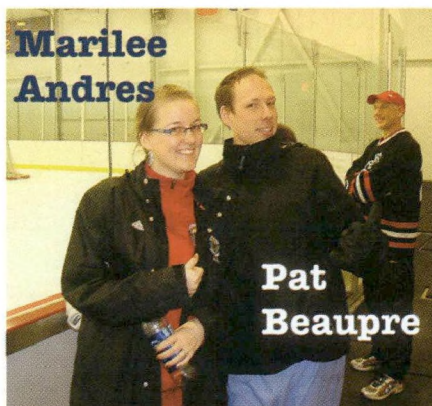
Jean-Jacques Prevost



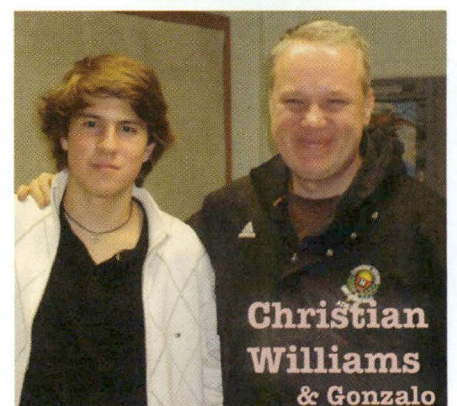
Mark Bembenek



Amy Gallant

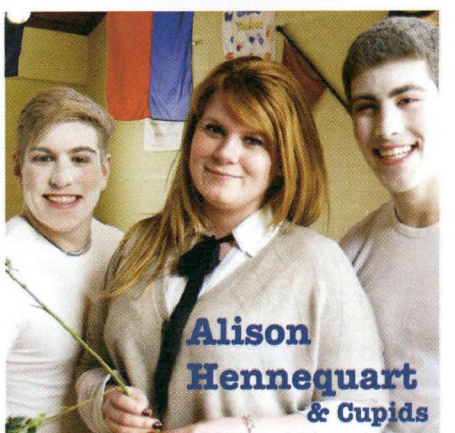
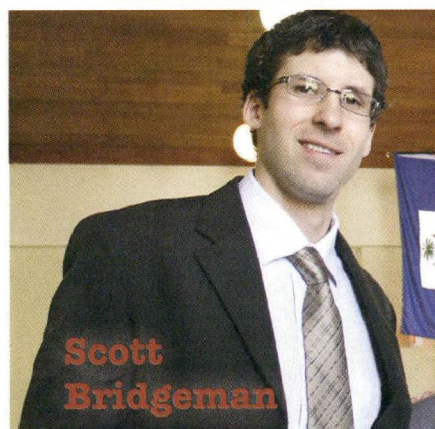
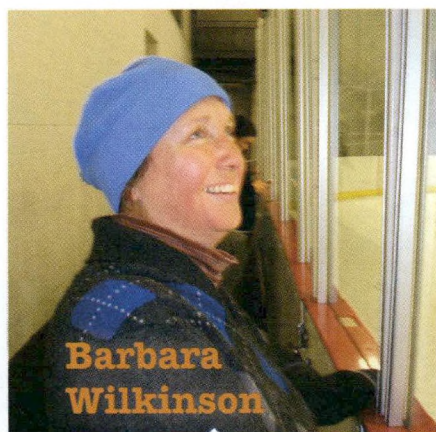
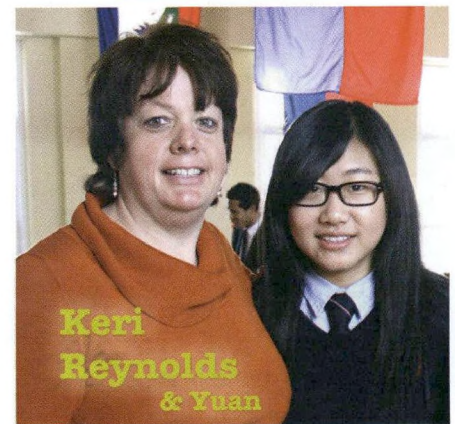
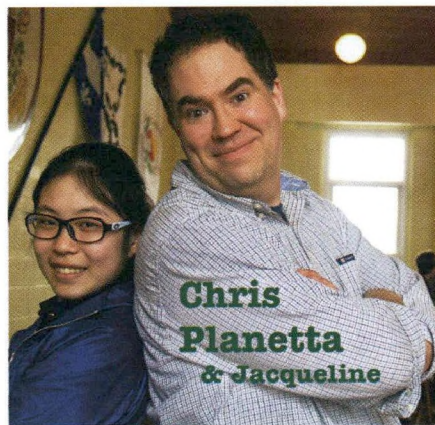
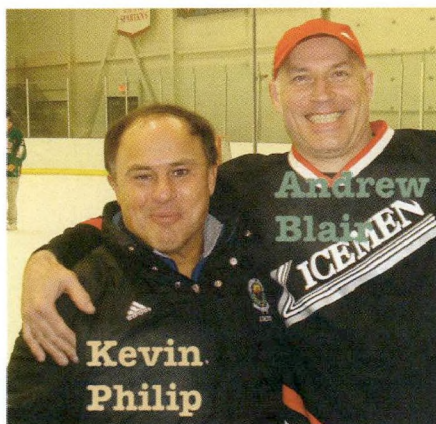
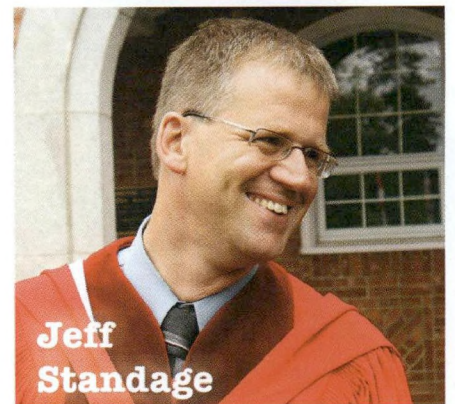
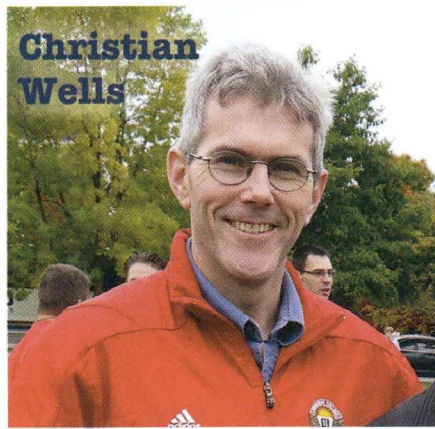
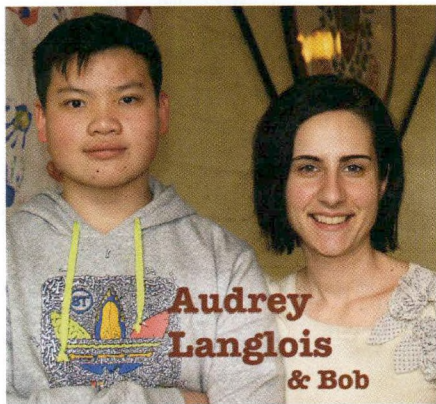
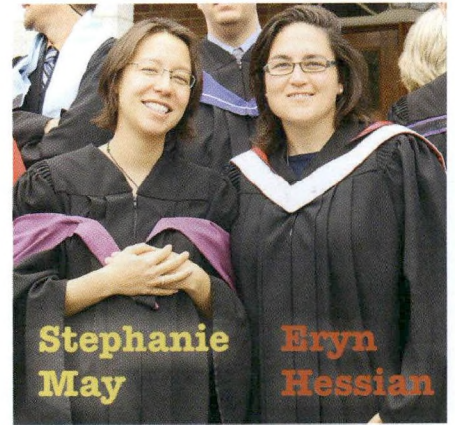


Marilee Andres
Pat Beaupre

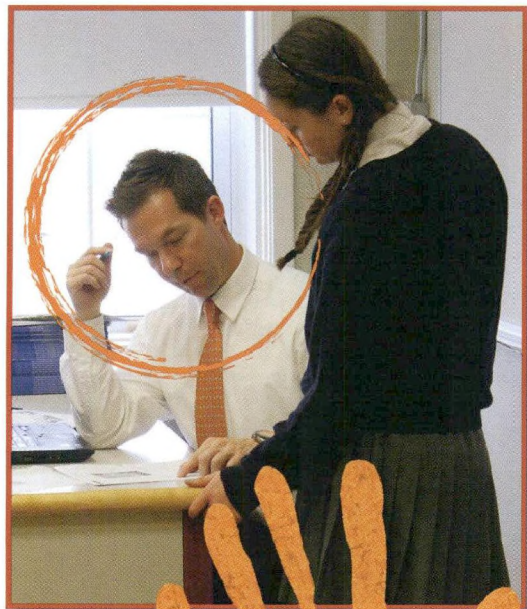


Christian Williams
& Gonzalo

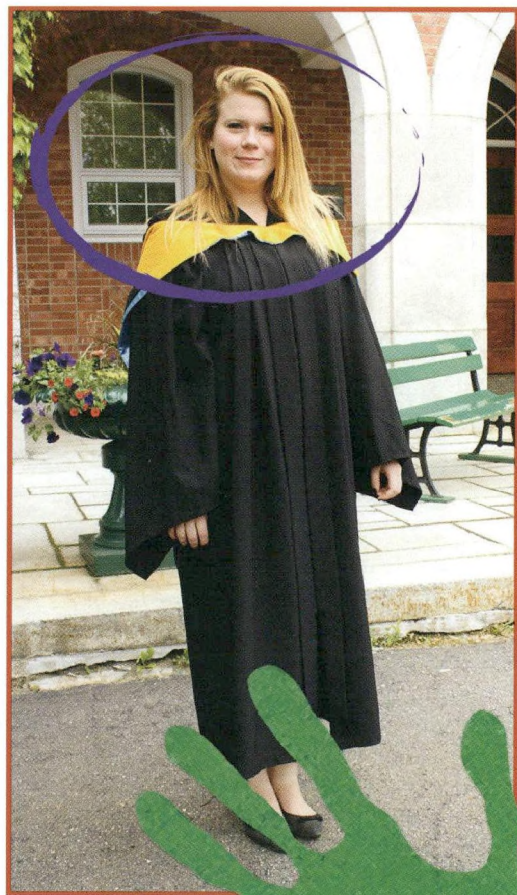
Thank You!



Departing Faculty



Mr. Robinson



Mme Hennequart

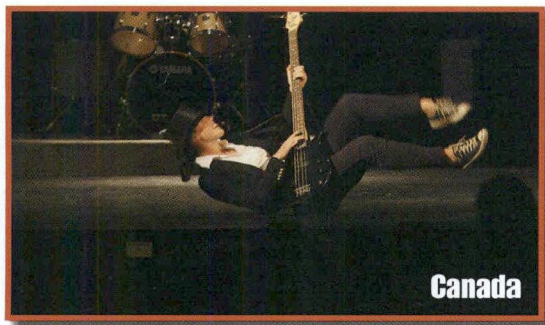


Mme Royer

Our great Gaps!



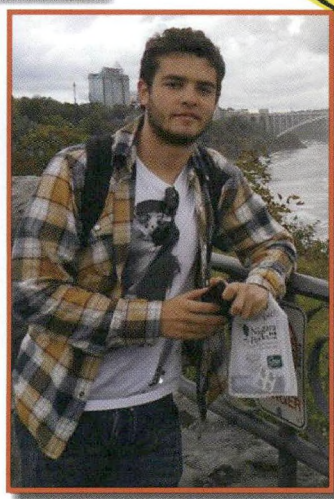
Victoria MacIsaac



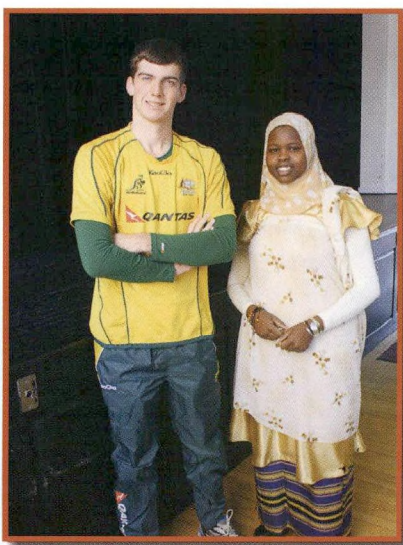
Canada



Matteo Jiménez
León,
Colombia



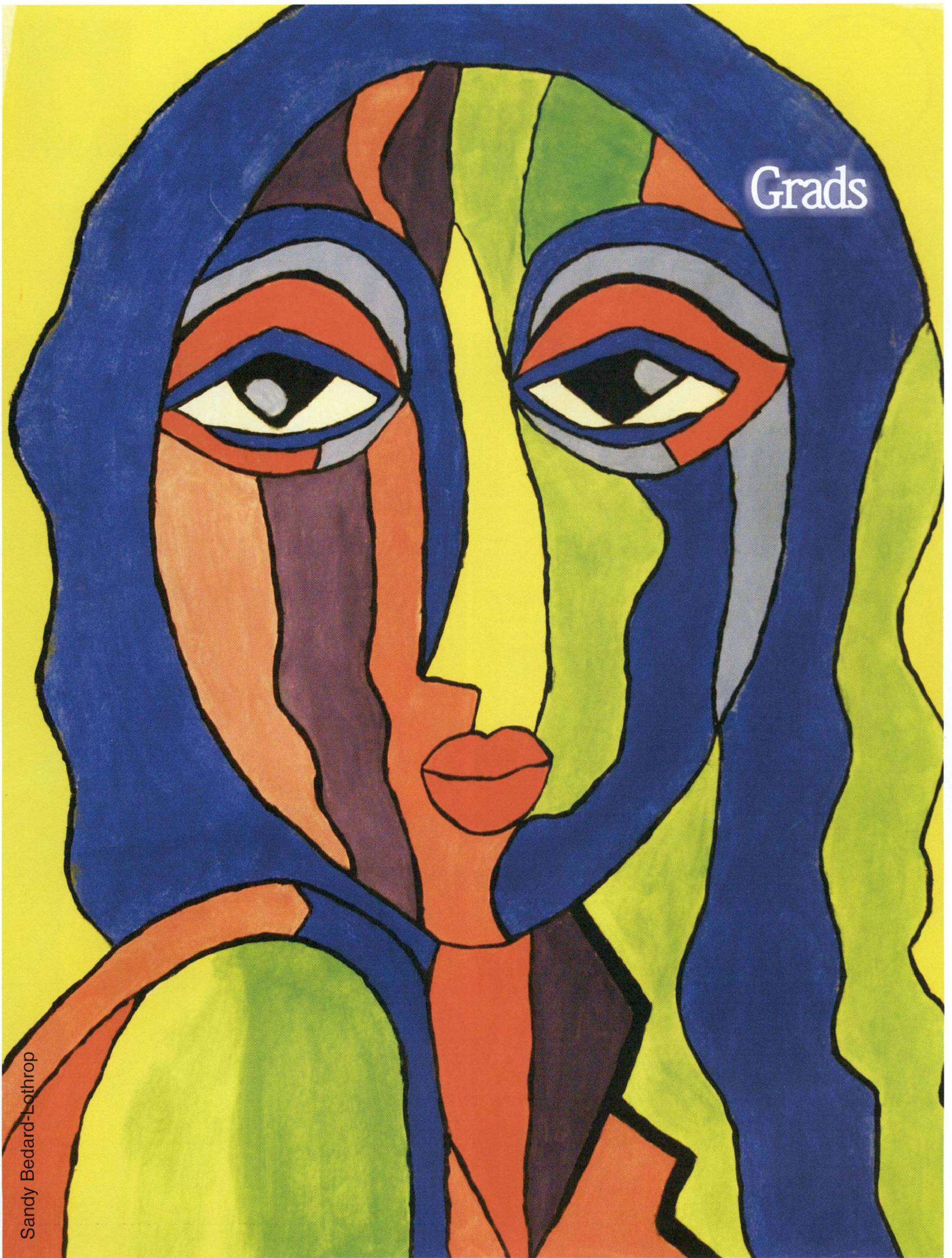
Callum James,
Australia



Zainab Hussein, Kenya



Grads



Grade 12

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This is only my second year here and somehow it has still managed to become my second home. At the start of last year I would have never imagined that this place would end up meaning so much to me. I have made so many cherished memories and have met so many awesome people that will forever have a place in my heart. I want to thank my teachers for helping me get through these years, and I'd also like to thank my parents for giving me this opportunity! I'd like to give a special thanks to my second mother who has always been there for me, Mama K! And another special thanks to my mentor, best friend, and best rugby coach I've ever had (the only), Hesh! You two have given me great advice throughout these past years and I can honestly say that I will miss you two tremendously! I will also never be able to forget my first friend here: Alex Place. You're the one who made me realize that we truly are one big family at Stanstead College; through thick and thin you will permanently be my sister from another MamaJay/Place! Nevertheless, the prime person that I should really be thanking right now is Catherine Quirion. You are the reason why I try hard in school, sports, and everything else I do. Thank you for believing in me and making me want to be/do better! You may be #3 on the ice, but you're unquestionably #1 in my heart! I will miss all of you so very much and hope to see all of you in the near future! Keep in touch! PS: Shout-out to my Montréal babes MA, JT, KH, RD, AN, JW! #promqueenstatus

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I have looked in the mirror every morning and asked myself: "If today were the last day of my life, would I want to do what I am about to do today?" And whenever the answer has been "No" for too many days in a row, I know I need to change something.

- Steve Jobs

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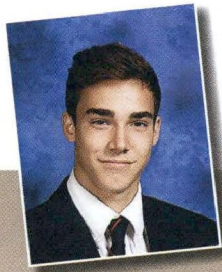
Coming to Stanstead was one of the best things I have ever been forced to do. It is such a special place where I have met many friends as well as role models. It feels like I've been here for so long but it's only been two years. So many memories but I still wish I had done more. Thanks to everyone who made these two years so magical and special to me. I'll see ya'll around!!

Jordan B Thompson



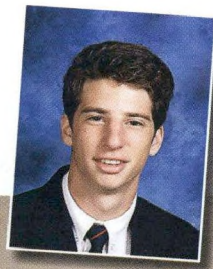
After 4 years at this school I can't believe it is all over. I remember the first day like it was yesterday yet 4 years have gone by. First of all I'd like to thank my parents for giving me the opportunity to come to this school, without them I would not be where I am today. I also appreciate the fact that you guys put up with me for my high school years. Thanks, Mom and Dad. Next I want to thank all the people who made this experience so much fun. KH, JW, TL, CR, DR, and the others, you know who you are, I'd just like to thank you guys for making the year what it was for me. Now the boyz, this hockey season was definitely one of the best I ever had and I have you guys to thank for that, the amount of time we spent with each other, I think it's fair to say that we are pretty much brothers. Europe was one of the best memories I will have leaving the school and I wish you all luck in your future. I will try to upload all the photos off my camera, ok Fred and Stevie. Next I'd like to thank all my teachers for all the help every year I've been at the school. The teachers at this school are just so much different and better than the other schools I've attended. Next I'd like to thank the rugby team for making my last athletic memories of SC so great and fulfilling. We went undefeated in 15's and 7's (CAIS doesn't count) we won the Final, it couldn't have ended any better. Now I'd like to thank the Bugbee crew. DR, AB, JA, RL, LG, RB, CB, FA, AC's, JC and AR, you made this year in Bugbee pretty much unforgettable and I'd like to thank each and every one of you for being such great friends, we will remember each other forever, we are family.

Nicolas B Coladine



It is in your moments of decision that your destiny is shaped.
Tony Robbins

Jacob B Ronchu



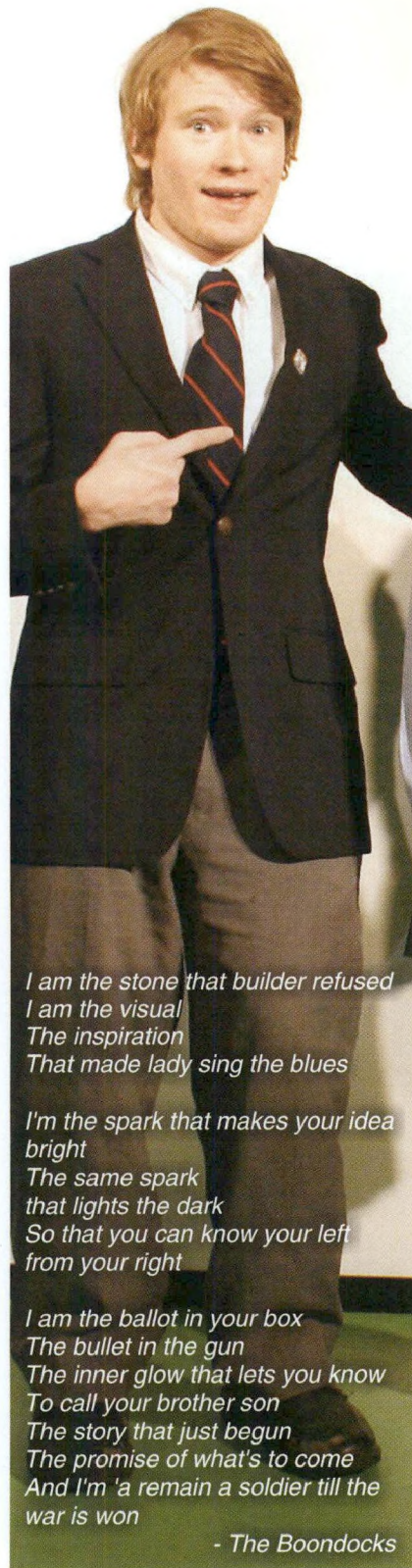
I want to start off by thanking my parents for these two years at Stanstead, living great experiences. During these two years I have made so many friends from so many different places. I have made friends that I know I will be friends with forever. I'd like to thank everyone for making my experience so memorable, especially Nick, who I started this experience with, Clara, Justine, Paulina, Tony, who I spent most of my time with, and lastly all the hockey boys who really made my two years unforgettable and filled with unreal moments.

Simon B Moonsseau



Going to this college was a big and hard decision. An English school scared me a lot. When I came the first day at Stanstead College, I remember I could not have a conversation in English. I will always be thankful to this establishment because it taught me about life, discipline and hard work. I obviously met awesome friends and teachers. Now, I can say that I had the best experience in my life with this family through the year 2012-2013. My parents allowed me to go to this college and I really want to thank them for their sacrifice. I also want to thank my advisor, Mr. Robinson, who was there to support me all year. You were the best. Also, a big thank you to my teacher and hockey coach, Mr. Rioux, who gives everything he can for his students and athletes. This experience allowed me to meet three special people that I will always remember. First, Anthony Re et Cedric Charbonneau, je suis content de vous connaître, vous êtes mes frères pour la vie, Bromance et je vous souhaite la meilleur des chances. Finally, Clara Turcotte est et va rester dans mon coeur toute la vie, love you my best friend. Obviously there are a lot of people that I will miss. Finally, I am glad to be part of the Stanstead family and thank you again...

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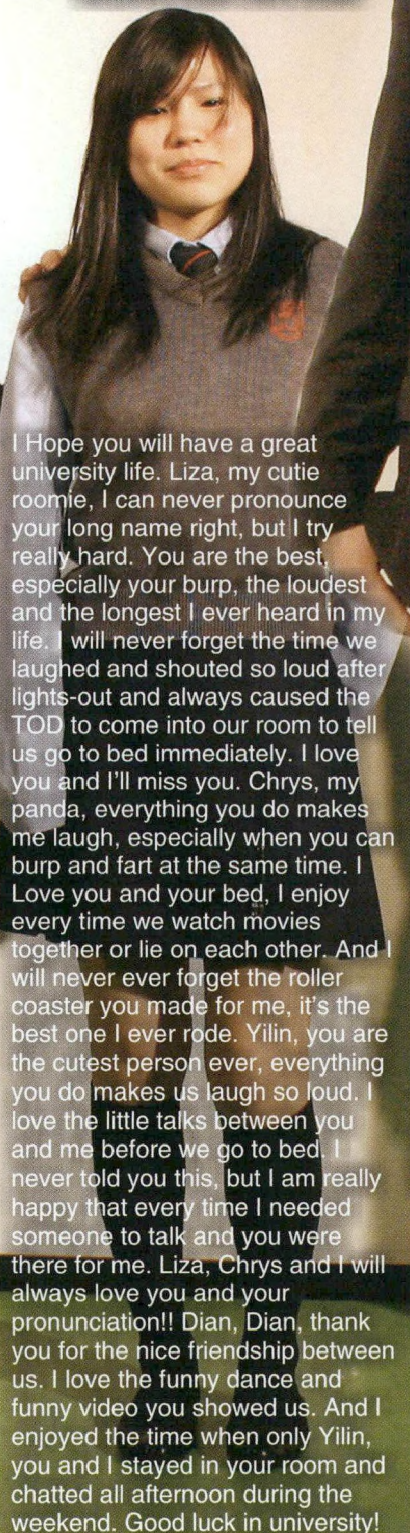
*I am the stone that builder refused
I am the visual
The inspiration
That made lady sing the blues*

*I'm the spark that makes your idea
bright
The same spark
that lights the dark
So that you can know your left
from your right*

*I am the ballot in your box
The bullet in the gun
The inner glow that lets you know
To call your brother son
The story that just begun
The promise of what's to come
And I'm 'a remain a soldier till the
war is won*

- The Boondocks

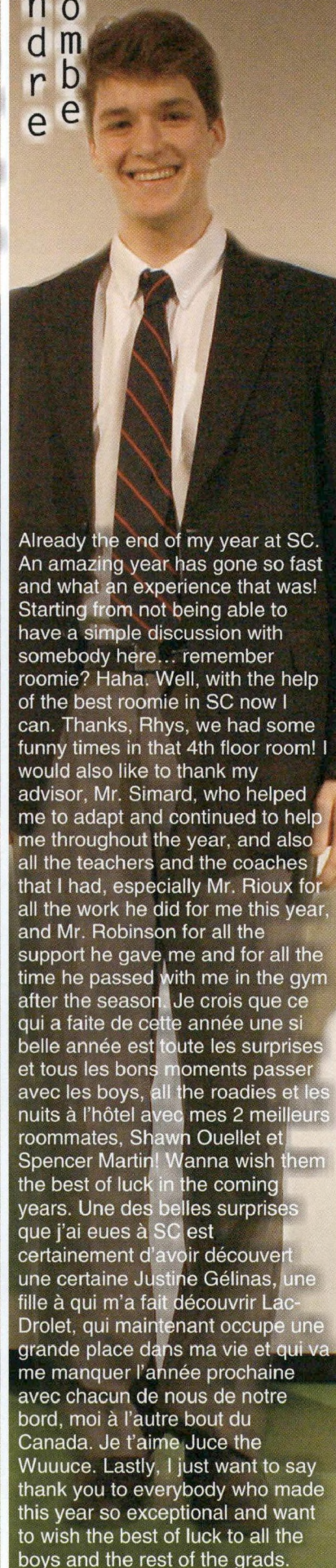
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First, I want to thank my parents for sending me to this great school. I enjoyed every activity here. Second, the best thing I ever had in Stanstead is having such a great roommate and bathroom mate in my Grade 12 year. Tiffany, thank you for introducing me to this school. We have known each other for six years, and after a year and half we became closer and closer.

I Hope you will have a great university life. Liza, my cutie roomie, I can never pronounce your long name right, but I try really hard. You are the best, especially your burp, the loudest and the longest I ever heard in my life. I will never forget the time we laughed and shouted so loud after lights-out and always caused the TOD to come into our room to tell us go to bed immediately. I love you and I'll miss you. Chrys, my panda, everything you do makes me laugh, especially when you can burp and fart at the same time. I Love you and your bed, I enjoy every time we watch movies together or lie on each other. And I will never ever forget the roller coaster you made for me, it's the best one I ever rode. Yilin, you are the cutest person ever, everything you do makes us laugh so loud. I love the little talks between you and me before we go to bed. I never told you this, but I am really happy that every time I needed someone to talk and you were there for me. Liza, Chrys and I will always love you and your pronunciation!! Dian, Dian, thank you for the nice friendship between us. I love the funny dance and funny video you showed us. And I enjoyed the time when only Yilin, you and I stayed in your room and chatted all afternoon during the weekend. Good luck in university!

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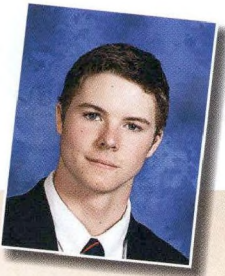
Already the end of my year at SC. An amazing year has gone so fast and what an experience that was! Starting from not being able to have a simple discussion with somebody here... remember roomie? Haha. Well, with the help of the best roomie in SC now I can. Thanks, Rhys, we had some funny times in that 4th floor room! I would also like to thank my advisor, Mr. Simard, who helped me to adapt and continued to help me throughout the year, and also all the teachers and the coaches that I had, especially Mr. Rioux for all the work he did for me this year, and Mr. Robinson for all the support he gave me and for all the time he passed with me in the gym after the season. Je crois que ce qui a faite de cette année une si belle année est toute les surprises et tous les bons moments passer avec les boys, all the roadies et les nuits à l'hôtel avec mes 2 meilleurs roommates, Shawn Ouellet et Spencer Martin! Wanna wish them the best of luck in the coming years. Une des belles surprises que j'ai eues à SC est certainement d'avoir découvert une certaine Justine Gélinas, une fille à qui m'a fait découvrir Lac-Drolet, qui maintenant occupe une grande place dans ma vie et qui va me manquer l'année prochaine avec chacun de nous de notre bord, moi à l'autre bout du Canada. Je t'aime Juice the Wuuce. Lastly, I just want to say thank you to everybody who made this year so exceptional and want to wish the best of luck to all the boys and the rest of the grads.

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There are so many people I want to thank for three great years here. My parents, my friends, Landon, Hunter, Lucas, Donny, John and all the rest of my boys, I'll never forget the road trips and great times I shared with you guys. I would also like to thank Pau and Mouns, I couldn't have gotten through this year without you guys and I always had a great time with you. Thank you to all of my teachers for teaching me everything I need and helping me know what I need for the next stage of my life. I'll never forget the times here and I know I made friends that will last a lifetime. I'll miss everyone next year and I wish the best of luck to all. You know who you are when I say "You da bomb huhha, stay squeaky." I'll never forget this place. Thank you, Stanstead.

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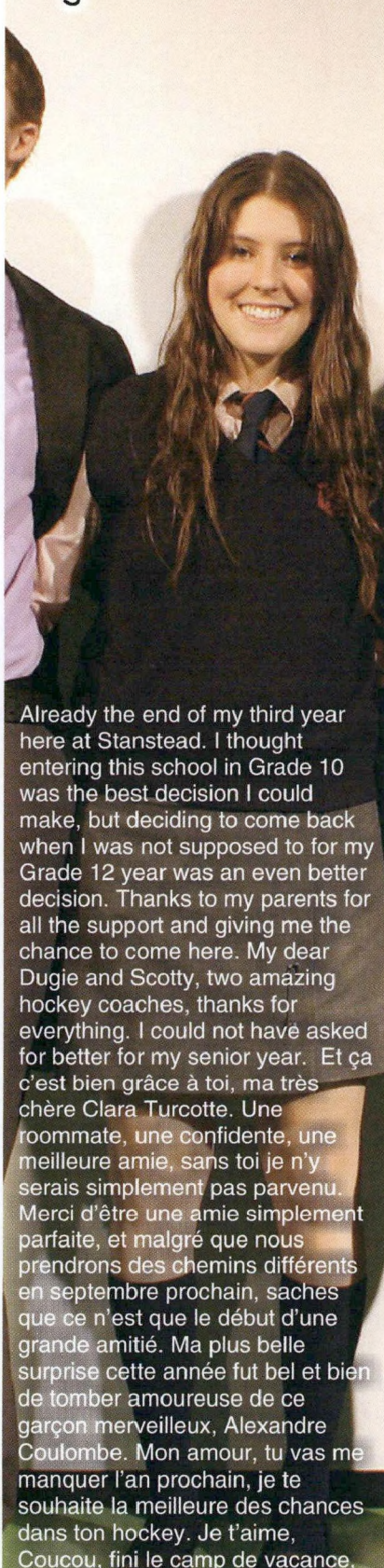


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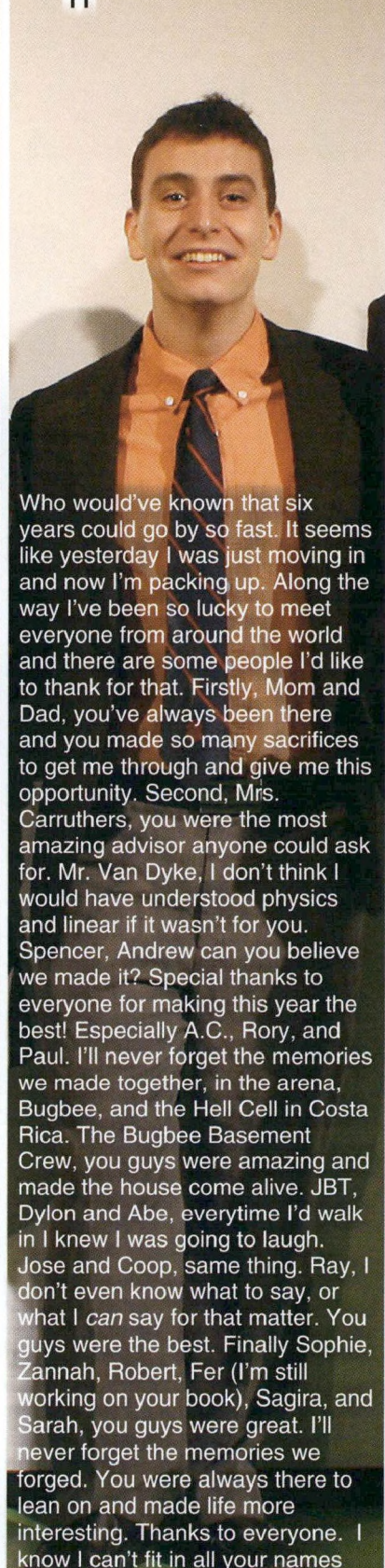


I would just like to say thank you to my family, especially my parents for the sacrifices they have made to allow me to come to Stanstead for two years. I had an awesome couple of years here and love all the people I've met... Rhys, Hunt, Donny, Lucas, John, Stevie and all the rest of the boys as well. Thanks to my teachers who were always looking out for what's best in the classroom and my coaches for their efforts also. I made some great memories here and I will never forget them for the rest of my life.

"Everybody is a genius. But if you judge a fish on its ability to climb a tree, it will live its whole life believing that it's stupid."
- Albert Einstein



Already the end of my third year here at Stanstead. I thought entering this school in Grade 10 was the best decision I could make, but deciding to come back when I was not supposed to for my Grade 12 year was an even better decision. Thanks to my parents for all the support and giving me the chance to come here. My dear Dugie and Scotty, two amazing hockey coaches, thanks for everything. I could not have asked for better for my senior year. Et ça c'est bien grâce à toi, ma très chère Clara Turcotte. Une roommate, une confidente, une meilleure amie, sans toi je n'y serais simplement pas parvenu. Merci d'être une amie simplement parfaite, et malgré que nous prendrons des chemins différents en septembre prochain, saches que ce n'est que le début d'une grande amitié. Ma plus belle surprise cette année fut bel et bien de tomber amoureux de ce garçon merveilleux, Alexandre Coulombe. Mon amour, tu vas me manquer l'an prochain, je te souhaite la meilleure des chances dans ton hockey. Je t'aime, Coucou, fini le camp de vacances, la vraie vie nous attend. Finally, good luck to all the grads for their future. I'm leaving Stanstead College with great and unforgettable memories.



Who would've known that six years could go by so fast. It seems like yesterday I was just moving in and now I'm packing up. Along the way I've been so lucky to meet everyone from around the world and there are some people I'd like to thank for that. Firstly, Mom and Dad, you've always been there and you made so many sacrifices to get me through and give me this opportunity. Second, Mrs. Carruthers, you were the most amazing advisor anyone could ask for. Mr. Van Dyke, I don't think I would have understood physics and linear if it wasn't for you. Spencer, Andrew can you believe we made it? Special thanks to everyone for making this year the best! Especially A.C., Rory, and Paul. I'll never forget the memories we made together, in the arena, Bugbee, and the Hell Cell in Costa Rica. The Bugbee Basement Crew, you guys were amazing and made the house come alive. JBT, Dylon and Abe, everytime I'd walk in I knew I was going to laugh. Jose and Coop, same thing. Ray, I don't even know what to say, or what I can say for that matter. You guys were the best. Finally Sophie, Zannah, Robert, Fer (I'm still working on your book), Sagira, and Sarah, you guys were great. I'll never forget the memories we forged. You were always there to lean on and made life more interesting. Thanks to everyone. I know I can't fit in all your names but you all made a difference and made this year what it was. Peace out, Stanstead!

"Adults are obsolete children."
- Dr. Seuss



People who don't take risks generally make about two big mistakes a year. People who do take risks generally make about two big mistakes a year.
Peter Drucker

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Wow! Where did the time go? This year was the best school year I've ever had; too bad it has to come to an end! It has been an amazing experience. I would do it all over again any day.



Firstly, I would like to thank my wonderful parents for giving me this great opportunity to come to Stanstead College and always supporting me in everything I do! Love you! I would also like to thank all the teachers for being so helpful whenever we needed it. Big thanks to Ms. Reynolds for being an awesome mommy to the Webster girls, we'll miss you! I would also like to thank Mr. Ross for his great FUDGE and all the encouragement he gave me throughout the year, very much appreciated, Dugie. To all the people I've met, thank you for making this year worth it! I don't think I would have survived this year without you guys! I would like to thank the five girls that were with me at all times, even if I did something totally weird. Yilin, the best roommate, I will miss you so much! I will miss your cute accent and your awesome Chinese snacks! I am glad we were roomies, we had an awesome time together! Love ya! Liza, "sugar," I have no idea what I will do without you in the future, and we've gotten so close in just 9 months! Thank you for being there for me at all times, you're amazing! I will miss your CRAZINESS! I love you! Judy Chen, the "giant," you are hilarious! I will miss your cute little face and you throwing all my stuff everywhere; thanks for putting a smile on my face every day! Love you! Two Ton Tiffy, my hockey buddy, you are awesome! I will miss you next year, you made the hockey and tennis season worth it! Dian Dian, you are the sweetest. I am glad we met, you're a great friend. I will miss you next year! All in all, thank you all for all the great memories. I will never forget this year. I would like to wish everyone the best in the future. Hope to see you all soon!

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The past three years at Stanstead have been the highlight of my life. I can't believe that I am leaving this place. I can't imagine what my life would be like or where I'd end up if I didn't come to

Stanstead. I experienced a lot of things that I had never thought about. And of course I have a lot of people to thank for it: my house

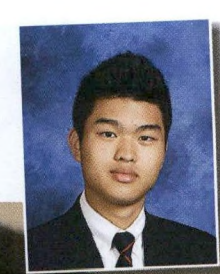
directors, my advisor, all my teachers, all my coaches, and of course all my friends. Dian, for the past three years, you have been a great friend. Thank you for being there when I needed you. Yilin, thank you for listening to me and being patient with everything I do. Judy, we've known each other for six years now, and you've always been patient with me. Thank you for being there helping me with everything. You are an awesome friend. Chrys, my best tennis and hockey buddy. Hockey and tennis will not be as fun without you. Thank you for all the laughs. Liza, I will always remember all those funny moment we had in your room. Thank you for all those amazing moments. Gabby, sadly you couldn't stay with us until June, but all those moments we had together will always be in my heart. Cath, I have never seen anyone push herself as hard as you do. I honestly look up to you. I know you care a lot about winning; however, winning is not everything. Trust me you will do amazing wherever you go. Next year, you don't have to find yourself another Asian because I will always be there for you. Have an amazing life at Colgate. Wish you all the best. Jenna, I will miss you so much. Wish you all the best in Ottawa next year and thank you for all the talks during hockey season. All the Asians, you guys are awesome. I can't really name you all because there are too many of you, but you guys will understand what I want to say. Chris Koo, thank you for the amazing time we had together. Hope to see you again soon. Last I just want to wish everyone have an awesome year next year. Wish you guys all the best.

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My time at Stanstead has been amazing, the experience, the community, the good times, the hardships and everything in between. This school has given me so much and helped me open so many doors for myself. I would like to thank everyone involved in making my experience the best it could be. The staff, the students, my friends back home who made me feel I had never missed a beat while away, my roommate my best friend and my brother Justin, my other best friend and brother Jose, all the friends that I've made in the last two years, the girl on the second floor, and most importantly my parents who are the two greatest people I know and for whom I am eternally grateful and thankful to have. I'll miss everyone and I wish you all good luck in everything you do. Ciao for now Stanstead!!

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I would like to thank my parents, my teachers, and friends. Without them, this wouldn't be such a good year. And for all brothers and sisters in the following years, enjoy your time in school, you'll miss it afterwards...

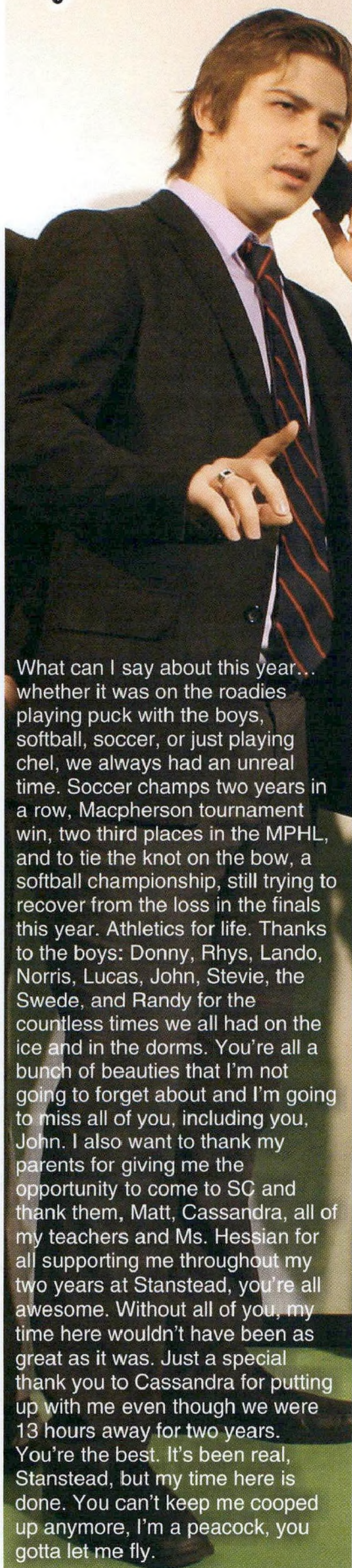
Some memories are realities, and are better than anything that can ever happen to one again.
- Willa Cather

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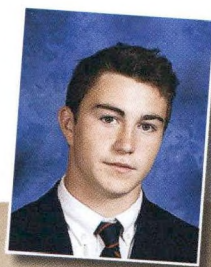
One day, in retrospect, the years of struggle will strike you as the most beautiful.
- Sigmund Freud

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What can I say about this year... whether it was on the roadies playing puck with the boys, softball, soccer, or just playing chel, we always had an unreal time. Soccer champs two years in a row, Macpherson tournament win, two third places in the MPH, and to tie the knot on the bow, a softball championship, still trying to recover from the loss in the finals this year. Athletics for life. Thanks to the boys: Donny, Rhys, Lando, Norris, Lucas, John, Stevie, the Swede, and Randy for the countless times we all had on the ice and in the dorms. You're all a bunch of beauties that I'm not going to forget about and I'm going to miss all of you, including you, John. I also want to thank my parents for giving me the opportunity to come to SC and thank them, Matt, Cassandra, all of my teachers and Ms. Hessian for all supporting me throughout my two years at Stanstead, you're all awesome. Without all of you, my time here wouldn't have been as great as it was. Just a special thank you to Cassandra for putting up with me even though we were 13 hours away for two years. You're the best. It's been real, Stanstead, but my time here is done. You can't keep me cooped up anymore, I'm a peacock, you gotta let me fly.

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*Never let your head hang down.
Never give up and sit down and grieve. Find another way.
And don't pray when it rains
if you don't pray when
the sun shines.*
- Leroy Satchel Paige

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Curiosity is the most powerful thing you own.
- James Cameron

E P I Z A V E T A N T S E V A



I'd like to thank my parents for giving me the chance to come to Stanstead. I also want to thank my adviser, Mrs. Carruthers, teachers, coaches and those who spent their time helping me improve my skills in subjects and sports. I'd like to say a

personal thank you to Miss Reynolds who was our mommy this year and supported us in all our undertakings. Thanks to all Stanstead College students! It doesn't matter if I've never even talked with many of them (because I'm kind of a reserved person) I'm glad that you created such a nice and friendly atmosphere here that I don't want to leave. Finally, I want to thank my friends for such an amazing year, for every minute and second we spent together. Judy Chen Chen! My Big Boss! You know that I love you so much that it's difficult to describe the size of my love! Thank you for your honesty, your wonderful sense of humor, our laughing during study until someone came in our room to tell us that if we didn't stop we would get an hour. Thank you for our long talks and continuing laughing till midnight. You are the best roomie in the whole world! Chrys, you are amazing! Thank you for all the crazy things we did this year! Thank you for helping me discover new sides of my personality that I thought I didn't have at all! Honestly speaking, you changed me a lot, you gave me opportunity to be myself! Thank you for your support in all situations! I am really glad I met you! Yilinama, you're the most naive person I've ever met! I love you a lot! Your funny pronunciation of some words which makes us die laughing! Thank you for your patience during all our childish tricks which freaked you out:) Dian, thank you for being a nice and helpful friend! I still can't understand how you could put up with four wired people like us:) Thank you, guys! You changed my life and made it much better! I had wonderful experiences because of you and I thank my lucky stars every day for meeting you!

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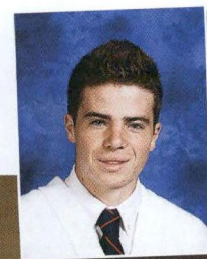
Six years have already passed so quickly. As I am glad to graduate, I would first like to thank my friends for making these years as enjoyable as they were. I would also like to thank my parents for all they have done for me to put me through my time at Stanstead College.

A N D R E W S



Wow! It's crazy how time flies at a school like Stanstead. I would like to thank many people for 6 great years. I would like to thank all my teachers that have been there when I needed a hand or a push. To all the boys LZ, HL, KH, JW, DR, TL, CR, JP, HA, CC, SM because of all of you I was able to make all the years so much fun. I will never forget the sports trips, all the wins and all the good times, all the nights in Davis chillin' all night. To Mr. Ashworth, a big thank you for the last 6 years. Your support got me through! But most importantly I would like to thank my parents for giving me the chance to experience a school like Stanstead. I know it wasn't easy but I thank you so much. I can't believe my time at Stanstead is done, but the memories that I made are ones that will stay with me forever. To everyone going back to Stanstead, treasure the time because to flies by! PEACE OUT

S H O W E L L E T



I really enjoyed my two years at Stanstead! I would like to take this opportunity to thank all my friends who were there for me and especially my parents for letting me attend this school. I had two wonderful hockey years that I will never forget. I met amazing people at this school that I won't forget and I'll miss my hockey BOYSSSSSS! Good luck to everyone next year and in the future! Enjoy the summer.

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I would like to start off by thanking my family for giving me this amazing opportunity. Mom, Dad, Rob, and Tom, I wouldn't be where I am today without you guys; love you. Also thank you to some of the staff members that have helped me throughout the year. I don't even know where to begin; I have met so many amazing people this year that I'm going to miss so much. I'd like to give a shout out to my roommate Nick, Lucas, Stevie, Mark, Rhys, Tony, Hunter, Conor, Landon, Hamad, the rest of the boys and also to the other people who I've spent a lot of time with this year, thanks for making this year so unforgettable; you're all beauties. There were a ton of great memories from this year, like watching Tony and Simon trying to have a conversation in English with one another. Lol ... classic. Becc's laughing outbursts, and also some amazing times on hockey roadies. Good luck to all the boys in junior next year; maybe playing time will actually be given based on how hard you work. Also I'd like to wish everyone graduating the best of luck in achieving their goals. In the wise words of Reese Bobby (made popular by his son, Ricky) "If you ain't first, you're last."

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There once was a girl from Nantucket... As my three years at Stanstead come to a close, I can't help but feel both happy and sad all at once. Stanstead has given me a place to grow, and people always say that you don't know what you've got until it's gone, and for this place that really is true. I'm going to miss this place and everyone here but I will always carry with me the memories I've made, and smile at them because they are the memories to last a lifetime. None of this would have been possible without the best friends a girl could ask for. Becca, you are my wombmate and the closest thing I have to a sister. I love you to death, and the bond that we have could never be broken. Moumena, there are very few people in the world that I can count on like I can count on you. You are my family and my shoulder. I love you. Noe & Cat, there is so much I could say but I don't feel like I need to say much other than were too comfortable :) To my boys Tristan, Mark, Eduardo, you are truly a girl's best friend and I've never met boys more caring or great as you three. Last but not least, to my John. You are my other half, my strong place, and the only guy who truly has all of me. I love you and I can't wait to see what the future has in store for us <3

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Wow, I can't believe it's over. I have spent the last four year of my life at this school, a school that became my second home. I have met some of the most amazing people I've ever seen here, and I really want to thank my parents for giving me this opportunity. I will remember my four years at



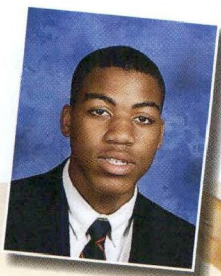
Stanstead College for the rest of my life. Many people are to thank for my amazing experience. First, all my sports team, hockey soccer and rugby. It was a true pleasure to be your teammate. Also, thank you to Mrs. May for being such an amazing support. You were my friend when I needed one, my advisor when I needed advice and my second mom when I simply needed someone. Hesh, you have taught me more about myself than anyone else. Even if you might never admit it, you were one of my besties! Thank you so much for being there every single time I needed and for the amazing times we had together. Also, Miss Reynolds and Mr. Van Dyke, for being there and simply making my experience that much better. To all my friends, Moums, Alex, Kelly, the boys, you all made my experience at this school unforgettable. But there is one person that has been my shining star for my last two years at the College and this is Noemie Abdo. You are the one person who could make me smile when I was down, laugh when I wanted to cry and simply were always there for me. You inspired me to do better in everything I did. I will cherish and remember all the memories we had together over the past two years. You are truly one of a kind and I am honored to have known you and will definitely keep in touch. These past four years of my life have been extraordinary and I want to thank you all for this amazing experience. Hope to see you all again sometimes!

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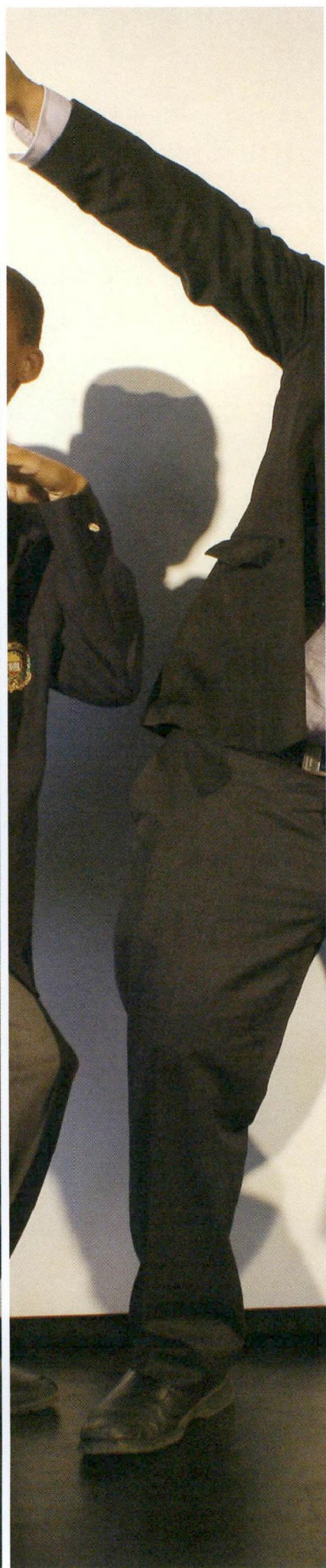
It's hard to believe that the two years are already over. I didn't know what I was getting into at first, but I'm happy to say that the last two years have been some of the best years of my life. Shout out to my family who have been there for me every step of the way; I wouldn't be where I am without ya. Thanks to the boys who made some of the boring times at school that much better. To the boys on the hockey team, good luck in your future endeavours... I'll be seeing ya around, bahhhd. Thanks to all teachers and coaches who invested ample time into my studies and athletics. Thank you to my advisor, Ms. Gallant, who helped me get through a lot throughout my time in the 'Steeaaad. It was a pleasure meeting so many beauties over the last two years and I'll miss all of you. Hope to see all of you guys in the near future. 'Till then, good luck... I'll remember the countless unreal times I had with you guys. No one forget Grandma Jenkins... Although she's old now, I have a feeling she'll still be around to see you beaubs down the road.

LeRoy Dytton



My year at Stanstead College was one of my greatest experiences. I never knew that I would have so much fun learning so far from home. I want to thank all the people who made my stay at Stanstead College so great. The best of luck to you all in your future. Abe, Jose, Coop, Mark, Roger, John, Alex, Aika, and Monica, thanks for making me feel like family. Love you all.

Shenghao Eric



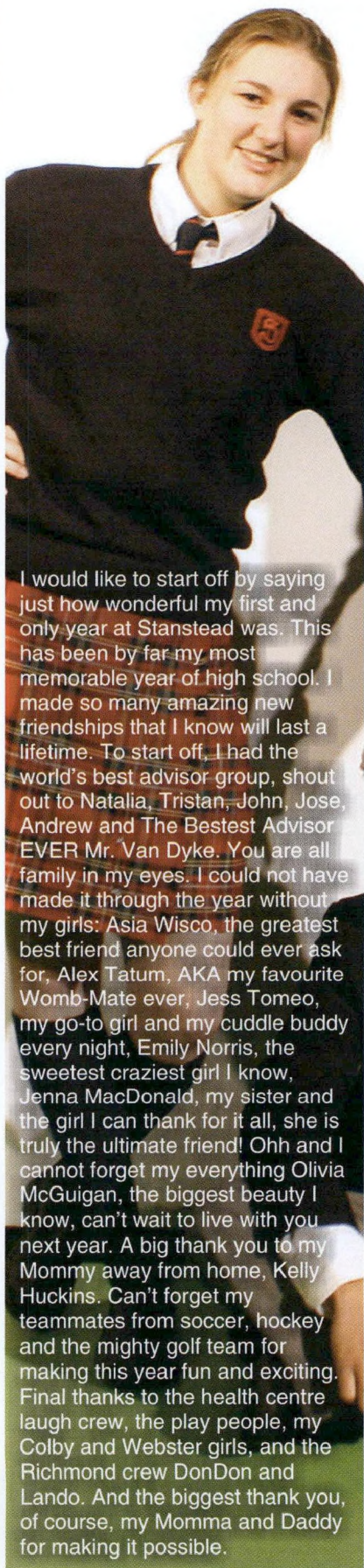
*Hold fast to dreams,
For if dreams die
Life is a broken-winged bird,
That cannot fly.
- Langston Hughes*

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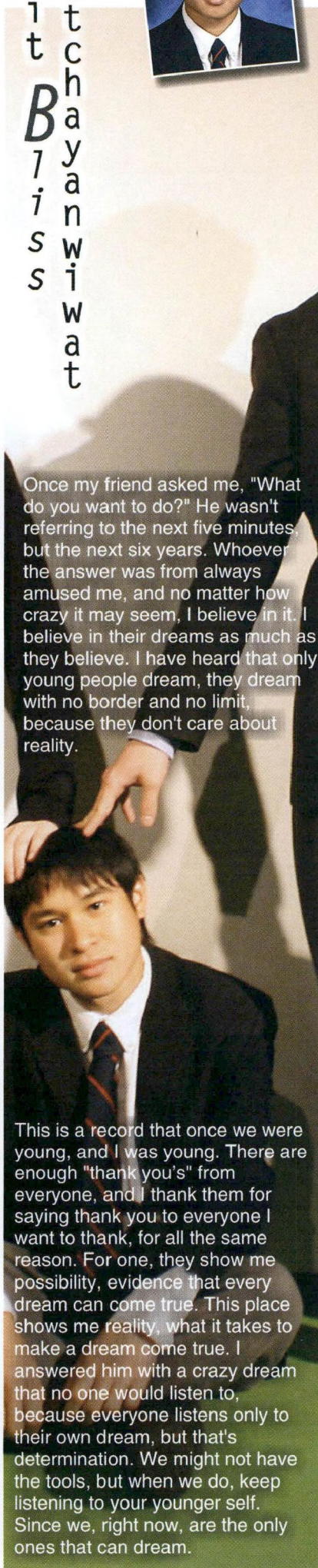
Stanstead College was an amazing experience with unforgettable memories. These two years went by faster than I would ever imagine. I would never have had all these chances without my parents and their support. Thanks to them for the opportunity. You are the ones who made it possible. I would like to make a special shut out to my boys with whom I had so much fun during these two years. Shawn, you have been there for me the entire two years, and to be honest I couldn't imagine it without you. Coucou, Simon, Antho and Cedric, you are the new ones that I like so much. I related to you as if I had known you for years. Nick, Jay, Fred and Spencer, two amazing years by your side, so many smiles and laughs, you made Stanstead a better place to be. To the other Fred, I wish we had started talking earlier, but the time we had was really special. Those memories will always stay in my mind. I had so much fun with you guys and I hope to never lose contact with such good friends. I love you, boys. Lastly but most importantly, Justine. Justine cette année c'était toi et moi jusqu'au bout, jamais l'une sans l'autre, pour absolument tout. Nous avons vécu nos joies, nos peines et bien évidemment nos folies toutes les deux ensemble. Tu étais ma roommate, ma soeur, my girl, même ma maman parfois mais plus indispensablement ma meilleure amie au plus profond et sincère de toi-même. Ton support, ton écoute et ton grand coeur font de toi la personne la plus importante pour moi à Stanstead. J'ai peur de m'imaginer sans toi pour la prochaine année, mais je suis certaine d'une chose, us two will always remain. Je t'aime énormément et tous ses moments passé avec toi son gravé dans ma mémoire et mon coeur pour toujours. I love you BFFL. Thank you to all of you for the wonderful two years I had. Good luck in all your futures projects. Wish you the best and love you all. XXXX

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I would like to start off by saying just how wonderful my first and only year at Stanstead was. This has been by far my most memorable year of high school. I made so many amazing new friendships that I know will last a lifetime. To start off, I had the world's best advisor group, shout out to Natalia, Tristan, John, Jose, Andrew and The Bestest Advisor EVER Mr. Van Dyke. You are all family in my eyes. I could not have made it through the year without my girls: Asia Wisco, the greatest best friend anyone could ever ask for, Alex Tatum, AKA my favourite Womb-Mate ever, Jess Tomeo, my go-to girl and my cuddle buddy every night, Emily Norris, the sweetest craziest girl I know, Jenna MacDonald, my sister and the girl I can thank for it all, she is truly the ultimate friend! Ohh and I cannot forget my everything Olivia McGuigan, the biggest beauty I know, can't wait to live with you next year. A big thank you to my Mommy away from home, Kelly Huckins. Can't forget my teammates from soccer, hockey and the mighty golf team for making this year fun and exciting. Final thanks to the health centre laugh crew, the play people, my Colby and Webster girls, and the Richmond crew DonDon and Lando. And the biggest thank you, of course, my Momma and Daddy for making it possible.

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Once my friend asked me, "What do you want to do?" He wasn't referring to the next five minutes, but the next six years. Whoever the answer was from always amused me, and no matter how crazy it may seem, I believe in it. I believe in their dreams as much as they believe. I have heard that only young people dream, they dream with no border and no limit, because they don't care about reality.

This is a record that once we were young, and I was young. There are enough "thank you's" from everyone, and I thank them for saying thank you to everyone I want to thank, for all the same reason. For one, they show me possibility, evidence that every dream can come true. This place shows me reality, what it takes to make a dream come true. I answered him with a crazy dream that no one would listen to, because everyone listens only to their own dream, but that's determination. We might not have the tools, but when we do, keep listening to your younger self. Since we, right now, are the only ones that can dream.

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It has been two great years at Stanstead College. I am so glad that I met different kinds of friends from all over the world. I would like to say THANK YOU to my parents for giving me such a great opportunity to study overseas and for supporting me :) P.S. SO HAPPY THAT I CAN BE FRIENDS WITH KYLE HUME AND JOCHE APARICIO :) AND i love u CRYSTAL YIN :)

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*"It is good to love many things, for therein lies the true strength, and whosoever loves much performs much, and can accomplish much, and what is done in love is well done."
- Vincent van Gogh*

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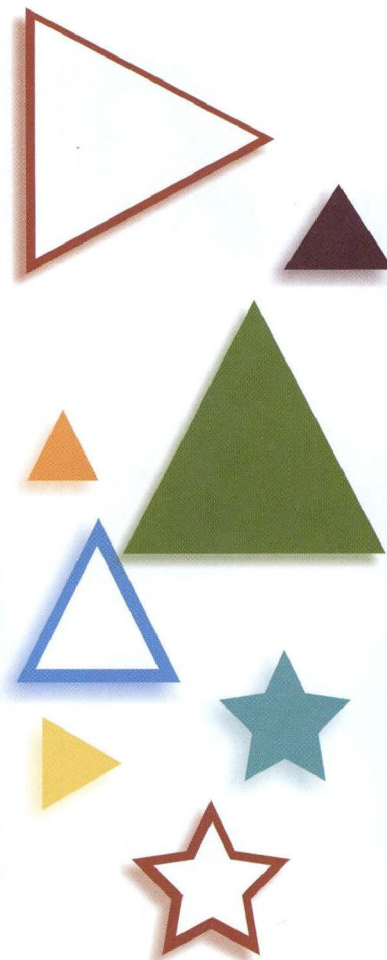
I'm surprised by how time went by in the blink of an eye. The moment when I realize that it's about time to leave the place where my best memories were made, I'd really wish to use some excuses to postpone the goodbyes. My heart is filled with thanks. Thank you mom and dad, I love you! My life at Stanstead College wouldn't be the same without your love, support and advice. (BTW, sending me here was definitely one of the best decisions you have made for me.) A huge thank to my advisor, Ms. Reynolds! You are like my mom away from home. As your advisee, I cannot ask for more. Thank you for everything you've done for me in the past three years. Dearest friends, your reservation in my heart is life-long. The paper cannot carry all my feelings, but you know you've all been treasures to me though there's not enough room for me to name you all. Yilin, I'm so glad to have you as my best friend. I know our bonds are indestructible. I will miss the time I could just walk out of my room and see my best friend next door. Wish you all the best in the future and I'm looking forward to celebrating our 80th anniversary! Tiff, three years has made us closest friends. The memories we had together were golden, and I'm going to miss my number one hard-worker, and every single thing about her. Judy, Liza and Chrys, I love you all. I'll never forget the warmth of our "roomie power." This is not the final chapter of our story, and we can't let distance beat us! Yuan, thank you for being such a supporting friend. Enjoy your next two years at Stanstead. They will become part of your best memories. (And you'll become other people's best memory, too!) Last but not least, THANK YOU Mr. Van Dyke and Mr. Wells for such an amazing year. It is never too late and it would always be great to learn some philosophy of life. Finally, Class of 2013, I'll miss you guys all! Wish all of you best luck in university! Ok...it's time to turn the page. Goodbye, Stanstead, you've become part of me.



Wow, time passes by so fast, it's almost the end of my high school life. Although I've been here for just two years, I've already fallen in love with this quiet yet vibrant school. At the end of last year, I vowed that I wouldn't be sad and I wouldn't cry. However, at the same time this year, everything has changed. The greatest thanks to my parents who sent me here where I had wonderful years. Also a great thanks to all my teachers who taught me well and established a solid foundation for my future studies. First of all, Dian, one of my best friends ever, we have known each other for 13 years. Although there was a short blank period, some friends are lifelong friends. *Luv u!!! Judy, my cutest friend ever. I'm so glad I had the opportunity to meet you at Stanstead. We have the type of friendship where we can sit together without speaking and not feel awkward. I'll never forget the times when you occupied my suitcase by sitting in it every time I packed. Love u babe!! Chrys, my best roomie ever!! Omg, I don't know how to describe our friendship in words. You make me feel like I can tell you everything even though we've only known each other for 9 months. And of course, I'll miss your weird 'habits' as well. Liza, my crazy friend who thinks she is so innocent. Our whole room witnessed your dramatic changes this past year. I'm really proud of you!! I cannot imagine how my life would be like without you guys!! Tiff biao biao, my forthright friend. To be honest, I'll never forget hearing your opinion on everything that is said. All in all, I really appreciate all my friends who made my high school life more colorful and unforgettable.



I remember arriving at Stanstead just four short years ago. It's gone by far too fast. I have met so many amazing people along the way and have so many amazing memories. Thank you, Mom and Dad, for putting in the countless hours of work, time, and money for me to have such an amazing experience. Without you guys, there aren't many things I would have been able to accomplish in life. Thank you to all my teachers who were there for me when I needed help and giving me the tools to succeed. A big thanks to Mr. Rioux who put in lots of time and effort in bringing and keeping me at Stanstead. You were a great advisor and coach and will be missed. An even bigger thanks to Peach (Mr. Chandler)! I would not be the same person, student and athlete I am today if I didn't have you on me for three years. You are one of the most amazing people I have met and a true friend and mentor that I will now have for the rest of my life. It's too bad you weren't there physically for my last year, but you were still there for support or just to chat when I needed it! Jenna, you are the best. You were always there for me through the good and the bad and I couldn't have asked for more. Thank you so much, I love you! I really look forward to our year together in Ottawa next year. Now most importantly, my friends going back, good luck and I hope to visit soon! To the boys going back on the hockey team, get me a tournament win, beat SAC and lead the boys next year. And to my main boys who are leaving onto bigger and better things, best of luck to you all! I love all of you more than you know! You are all family to me and really made my time amazing at Stanstead. There was honestly never a dull moment with you boys whether we were on the road, the ice, in class or board in the dorm and can't forget EUROPE 2013. oh boy haha. Lots of "studying" was done, eh Rhys? Please keep in touch, boys, and I hope to see you all soon. Love and miss you, boys.



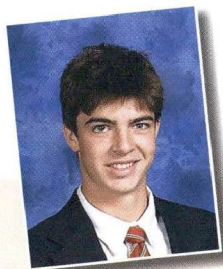
Grade 11

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*Do you want to know
who you are?
Don't ask. Act!
Action will delineate
and define you.
- Thomas Jefferson*

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*If you treat an individual as he
is, he will remain how he is. But
if you treat him as if he were
what he ought to be and could
be, he will become what he
ought to be and could be.
- Johann Wolfgang von Goethe*

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I was a student at Stanstead College from Grade 10 to Grade 11. While I was studying here, I had a great time, for the reason that I met a lot of fantastic people from different places. Since you spend almost all your time in the school; friends become brothers and sisters, teachers become mentors and sports turn into passions. I met a lot of people, and I want to thank all of them for making who I am now and they know who they are. Sadly I don't have much space to write all your names. So I'll give my main point of view about Stanstead, and it is that Stanstead turned into my second home and that I have a family there and that I'll keep those memories with me.

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This year at Stanstead College was a great year that allowed me to meet new people and play the sport I loved while getting an education. One person that had a huge impact on me, on and off the ice, was Stephen MacInnis, a brother to me who taught me many things and pushed me to get better! I also can't forget my hotel roomies during hockey season, Max Hopper and the good old Jasper! Those guys made the hockey season that much more special. Even though some guys on the team are leaving, I'm looking forward to meeting the rookies coming in next year. This year was incredible and will be remembered all my life! Thanks F.A, F.F, J.B, N.B, L.Z, L.G, S.M, S.O, R.D, J.P, S.B, J.B.T, C.C, A.C, M.P, C.R, T.L, H.L, S.M, A.R, M.H, A.D, and can't forget ... J.K.B!

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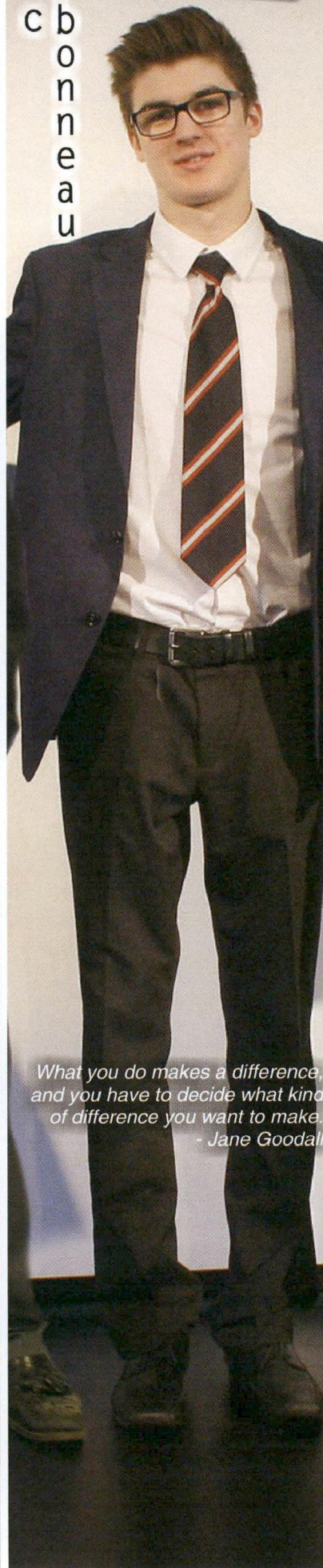
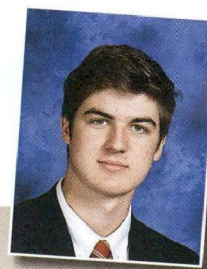
This year was one of the best years that I've ever had at Stanstead College. It's all thanks to the people here, RM, FC, SS, SS, EB, and so many other people have made this year amazing. You made me realize how much happiness can come out of so little. Burrito races, just sitting in Fernie and Sarah's room talking, sleep overs, I'll miss all of it. It makes you value friendships, and think about how important the people around you are. Sagira, never a dull moment around you, there was ALWAYS something to talk about. Fernanda, you were there no matter what. Sarah, don't get too scared of Slender. To everyone else, have a great summer! I hope to see you all next year :)

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Three years down, one to go. First off, I want to thank my parents for making it possible for me to go here. I also want to thank A.C and Paul, the two guys that have been by my side the whole time. The bottom floor of Bugbee, for the laughs and for making my job as a prefect interesting. Actually, everyone in Bugbee made this a great year. To my friends from Asia: "Shou Liu Dan." To my prom date JZ, thanks for being awesome. If I named everyone who made this a great year this would take up too much space so I'm just going to say thanks to all of you. See y'all next year.

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What you do makes a difference, and you have to decide what kind of difference you want to make.
- Jane Goodall

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I would like to thank my parents and my brother for all the support and for all the lessons that they have taught me throughout the years, making me the person that I am today. Los amo mis viejitos pollito, tambien a Mary por ser mi segunda Mama, ustedes son lo mejor de mi vida y siempre lucharemos por ser felices juntos. I would like to thank as well Mr. May and Ms. D because they took a role of a mom and dad this year. This year in Stanstead I have made friendships that I know are going to last for the rest of my life. I want to thank all the people who made this year what it was. I think this year I've improved as a person in many ways and I want to thank my friends and teachers for being patient and kind to me while I did this. I've come to realize that in this year in Stanstead I have been part of two families: the Mexican family and the Bugbee family. I'm thankful to the people whom I have spent the best of times with. I've realized that family doesn't always mean sharing the same blood, but always being there for each other.

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*"I do it because I can,
I can because I want to,
I want to because you
said I would never
succeed."
-Unknown*

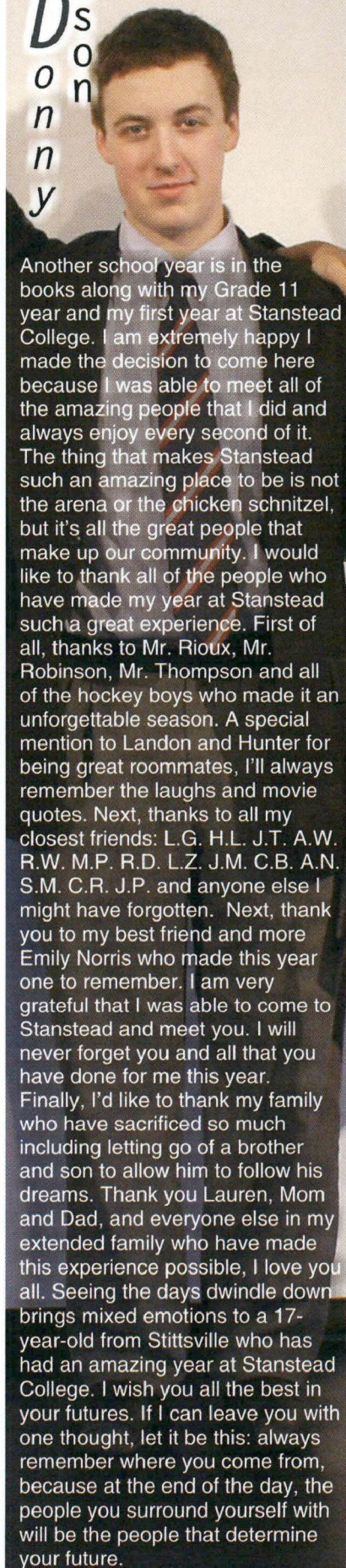
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Thank you to my parents for giving me the opportunity to come and study in a place like Stanstead College. Congratulations to all the 2013 graduating students. Bugbee bottom floor, you guys are all awesome. To all returning Grade 11s see you next year.

*"Excuses are tools of the incompetent, used to build bridges to nowhere and monuments of nothingness"
-Barack Obama*

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Another school year is in the books along with my Grade 11 year and my first year at Stanstead College. I am extremely happy I made the decision to come here because I was able to meet all of the amazing people that I did and always enjoy every second of it. The thing that makes Stanstead such an amazing place to be is not the arena or the chicken schnitzel, but it's all the great people that make up our community. I would like to thank all of the people who have made my year at Stanstead such a great experience. First of all, thanks to Mr. Rioux, Mr. Robinson, Mr. Thompson and all of the hockey boys who made it an unforgettable season. A special mention to Landon and Hunter for being great roommates, I'll always remember the laughs and movie quotes. Next, thanks to all my closest friends: L.G. H.L. J.T. A.W. R.W. M.P. R.D. L.Z. J.M. C.B. A.N. S.M. C.R. J.P. and anyone else I might have forgotten. Next, thank you to my best friend and more Emily Norris who made this year one to remember. I am very grateful that I was able to come to Stanstead and meet you. I will never forget you and all that you have done for me this year. Finally, I'd like to thank my family who have sacrificed so much including letting go of a brother and son to allow him to follow his dreams. Thank you Lauren, Mom and Dad, and everyone else in my extended family who have made this experience possible, I love you all. Seeing the days dwindle down brings mixed emotions to a 17-year-old from Stittsville who has had an amazing year at Stanstead College. I wish you all the best in your futures. If I can leave you with one thought, let it be this: always remember where you come from, because at the end of the day, the people you surround yourself with will be the people that determine your future.

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Now that it's time to move on towards a new journey, I realise these two great years have gone by faster than I could imagine. I am appreciative and thankful for my parents who gave me the chance to live this beautiful experience. I couldn't agree more that this school was the best choice for me and it helped me a lot to improve my English and to improve my hockey skills. These two years of learning and encountering something new every day made me a better person and now I see many things from a different point of view. I am coming out of this school with a higher standard of knowledge that I wouldn't be able to get anywhere else. One thing that I am sure of is that I will never forget the people I have met here. Without them, my two years at Stanstead wouldn't have been the same. Every memory that has been built up with everyone is engraved in me *ad vitam aeternam*.

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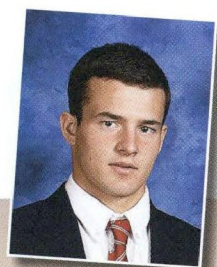
I've spent a really wonderful year at Stanstead College. The school gives me the experience that I may never have known before, but here, I've got friendship, knowledge and responsibility. I am also looking forward to the next and last year I spend with all the people at the College. Best wishes to everyone!

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I would like to thank my parents for this great opportunity. I truly hated this place before I realized how much it did to me. I would also like to thank Mr. Rioux and Mr. Phillip for being such an inspiration. I will miss you Eddie, Tudor Andres Jr., and Mr. Andres. Last thanks to my beautiful friend Elena, who supported and encouraged me through my ups and downs. "Waapadoo doo Marilee Marilee."

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High school is finally over. Of course it had its ups and downs but in the end it was mostly good. I would be lying if I said that I loved Stanstead but then I am not the world greatest fan of high school and authority. What Stanstead did do for me, though, was good. I met some really cool people and it gave me time to think, think about what is really important in my life, and for all this I have my father to thank. My father always told me the worst lies to make are the ones that you end up believing. At Stanstead I could really think about what this means.



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Every year that I have been here has been different. New friends, new people, new experience. This year was very special for me because of friendships I made. I want to thank some people in particular for making this year so great for me. Thank you, Odette, for always listening to me and giving me advice. Thanks, Andrea and Bosch, for always being around when I needed a friend. Thank you, Jose Iza, for making me laugh and laugh again every day. Thank you, Ms. Hennequart, for believing in me and making me win gold in tennis. Thank you, Rhys, for being the friend I always needed at this school. Thank you, Olivia, for being an amazing friend and roommate... while it lasted. And finally, thank you, Moumena, for being my other half, my best friend, my sister. Without you this year wouldn't have been nearly as amazing and fun, I love you like no other. Thank you to all the people who made this happen for me, I will miss you.



It was an interesting year for my first year but I made a lot of new friends and had the best hockey season of my career with the boys!



Time flies. This is my second year at Stanstead College and I will be graduating next year. It's been a great year, I made a lot of new friends, I tried some different things during the year and I picked up my favorite sport, swimming, which I haven't practice for years. And I would like to say a couple thanks:

Thanks to my family, for always supporting me with everything;

Thanks to my friends, for always being there for me;

Thanks to all my teachers, for the amazing year, I really had fun learning;

Thanks to my adviser who is leaving this year, for everything you've done for me and I will miss you so much;

Lastly, I would like to leave a quote from Dr. Seuss: "Don't cry because it's over, smile because it happened."



Everyone wants to live on top of the mountain, but all the happiness and growth occurs while you're climbing it.
- Andy Rooney

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Ric
Ray



It has been a wonderful year and it was very different in the fact that I was experiencing the year as a prefect. I greatly appreciated the chance to be one of the prefects and to be more involved in the school activities this year. I will miss all those "wonderful" people who made this year spectacular: Paul Miller, Alex Cooper, Fred Aubé, Abe Bonilla, etc. I still can't believe how this year went by so fast. I wish it didn't but it happened whether I liked it or not. For all those who are not coming back next year, I wish you good luck. And those who are coming back, I can't wait to see you guys again.

Feng
Liu
Hui
Jack



"Take it easy, but take it."
Woody Guthrie

Zhi
Liu
Yuan
Vicky



For all my friends who are leaving this year, I will miss you guys so much! I will never forget the memories we have and I love you all! Keep in touch and hope we will see each other again one day! <3 And for all the friends who will come back, see you next year! :D let's make next year the best year ever!

Eduardo
Lopez
Cambiaso



Don't tell me the sky's the limit when there are footprints on the moon.
- Paul Brandt

Jenna McDonald



I'll miss you Stanstead College and everyone who has made my two years here so amazing. I will never forget the people I have met and the friends I have made. I've had so many unforgettable memories like the CAIS soccer pit stop on the side of the highway, Team Tomeo, Schmelt, early mornings with Bridge, Cat, John and Lucas, "Is this some sorta sick joke?", sledding downhill in garbage bags, rib fest, Dugie Dog Airlines, I'm sexy and I know it dance before hockey, getting stranded in Cali, train rides especially Rankin hitting the lady's seat behind him, Tacata tacabro, Christmas with my roomie, haunted house in Colby, cross roads, Lloyd & Harry (dumb and dumber), dream team in world cup, spooning, flying golf clubs, the perfect 8, the countless number of selfies, spares with Daph, dying our hair, "Is this because I'm brown?", dancing with Guigs, Becs hitting me with a golf ball on the range, my twisted family with Guigs, Sarah and Hailey, and finally heart to hearts with the girls (Jess, Asia, Becs, Em, and Guigs). Thank you to all who have made my experience here so incredible, and of course I can't forget Lucas. I love you and I can't wait to see what the future holds for us. Good luck to all.

Monica Magdub Lopez



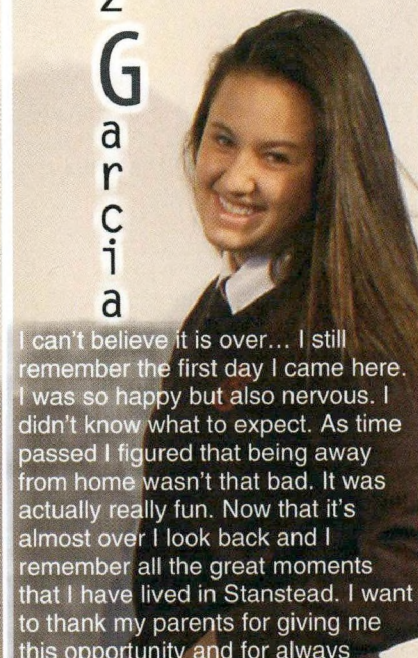
Coming here was the best decision I could ever had made! At the beginning Stanstead was different from what I was expecting for a year away from home, but now I don't really remember what was my expectation, because I loved every moment of this year. I want to thank my parents for letting me come here and all of the hard work they have done for me, and all of you guys for making this year one of my best years. I could never mention all the people who really made an impact on me this year: Nayla, Christian, Mouns, Bosch, Pau, Valen, Iza, Andrea, Dylon, Ale, Mark, Alex, Tristan, Jime, Ricardo, Pily, Abraham, Jose, Radu, Hamad, Chayse, Dinah, Charly, Aika, Vicky, Christal and specially my roommate Miko and my best friend Pacho! I would like to thank all the awesome teachers, who I never expected would become my friends: Miss Gallant, Mr. Thompson, Miss Hennequart, my favorite house director Miss Reynolds and the best coach ever Miss Hessian. I will never forget Stanstead College... I will choose Stanstead over and over again.
xx-Moni

Tudor Margarit



The only way to make sense out of change is to plunge into it, move with it, and join the dance.
- Alan Wilson Watts

Paulina Marquez Garcia



I can't believe it is over... I still remember the first day I came here. I was so happy but also nervous. I didn't know what to expect. As time passed I figured that being away from home wasn't that bad. It was actually really fun. Now that it's almost over I look back and I remember all the great moments that I have lived in Stanstead. I want to thank my parents for giving me this opportunity and for always supporting me. Mama y Papa, los quiero mucho gracias por todo. I also want to thank my teachers and coaches for their support in school and sports during this year. A special thanks to Ms. D for making French fun and making me like it, and also to Ms. Hessian, my rugby coach, for making rugby season the best of all, for giving me the great experience of playing a different sport and for teaching me that you can do what you want when you work for it. Also to all my teammates for making rugby awesome, I will never forget it. And last I want to thank all my friends for being a part of my life and for every memory I shared with you. I will never forget them. Also to my roommate Yuan for all the talks and jokes we shared. I'm going to miss you. Especially, I want to thank all my Mexican friends, Moni, Ale, Pili y Vale las amo niñas gracias por todo, por los breaks y por todas nuestras tonterías no sé qué hubiera hecho sin ustedes las voy a extrañar muchísimo Abraham, Iza y José los quiero y los voy a extrañar gracias a todos por haber sido parte de mi vida y por cada momento que pasamos juntos! Stanstead was the best year of my life. I experienced lots of thing that I didn't know I was capable of doing. I will never forget it. It was an awesome experience that changed my life. "Never say goodbye because goodbye means going away and going away means forgetting."

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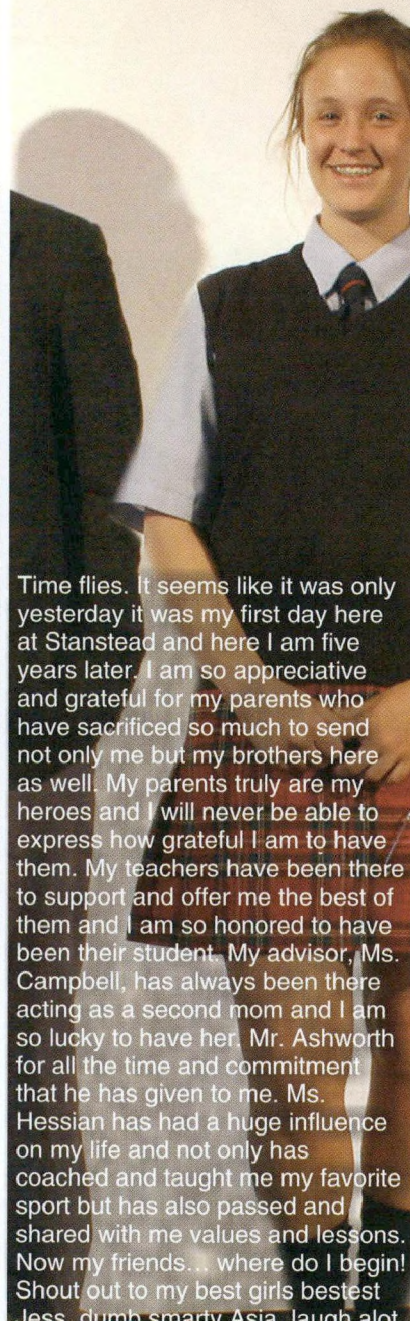
Life doesn't require that we be the best, only that we try our best.
- H. Jackson Brown Jr.

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I'd like to thank my parents first of all. They have put a lot of time and effort for me to be here at Stanstead. Five years go by really fast, seems like only yesterday I walked in, a scared seventh grader who wasn't too sure of everything. The one good thing about Stanstead is the people here let you grow and develop as time goes by. My little French man not so little anymore. You've been an awesome friend, can't ask for better. The five years we've been here was fun. I hope we continue to be friends and I wish you the best of luck next year. Rory my man, it's been some good times; I hope the best for next year and maybe we can chill sometime. Jose and Abe, my two favorite Mexicans, I won't forget you guys and all the fun times we had. The bottom floor made my year a lot better. It was fun chilling with all of you guys, I'll for sure miss you guys a lot and I hope well for you all.

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Time flies. It seems like it was only yesterday it was my first day here at Stanstead and here I am five years later. I am so appreciative and grateful for my parents who have sacrificed so much to send not only me but my brothers here as well. My parents truly are my heroes and I will never be able to express how grateful I am to have them. My teachers have been there to support and offer me the best of them and I am so honored to have been their student. My advisor, Ms. Campbell, has always been there acting as a second mom and I am so lucky to have her. Mr. Ashworth for all the time and commitment that he has given to me. Ms. Hessian has had a huge influence on my life and not only has coached and taught me my favorite sport but has also passed and shared with me values and lessons. Now my friends... where do I begin! Shout out to my best girls bestest Jess, dumb smarty Asia, laugh alot Rebecca, einny minnie Jenna, roomie Cat, beautiful Noemie, amazing Julia, poogie Pau, and the BOYS? Stanstead has given me all these unforgettable friends and so many memories that tag along with them. The best thing that Stanstead has lead me to is Andrew. I am so lucky to have such an amazing person in my life. He has shown me how to be confident and to love life, he is my best friend and I am so thankful that he is part of my life. I love you :*<3 Thank you all for a great year and I'll miss you all!!! Hope to see you all in the not so far future. And for those coming back looking forward to it!

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Love you all! Great times in the woods!

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This year is my fourth year at Stanstead. Just like the other graduates feel, time does fly by. A beautiful place to be, surrounded by great teachers and friends. Thanks to my parents, I have this awesome opportunity to study at this campus. I cannot deny the fact that Stanstead makes me believe that many great things can happen in this very small town, and how fun it is to be in this community. My parents chose the right college for me. The first year, I wanted to leave because I was not so good at English, but the second year, my best friend Jason Lee came all the way from Taiwan to join me. We had a blast in Stanstead. The third year, as my English improved, I knew better what was happening around me and I started to like this school. The fourth year, which is this year, I have friends from Toronto and Hong Kong who made my Stanstead life different: Dylon, Justin and Christopher. They gave me a great basketball season that I will not forget. There is one more girl that I missed, Aika Yamashita, a girl that came from Japan. She let me understand how important it is to love this school. Because here is where you are staying and having the most contact with your high school friends. We have had what I think are the best times in my high school years; basketball season, movie times in the reading room and so on. I cannot imagine how different it would have been without you this year. Thank you so much for a great year. Thank you, Mr. Van Dyke, you always inspire me to learn and know more things after every single awesome Physics class. Thanks to my parents for their support in these four years, I really do miss you when I am away from home. Next year is going to be my last year, and I want to make you proud. Thank you, Stanstead.

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"It's a long way home at the end of the road."
Memorable year, from Germany to late weekend nights in D-house and an overall great time. Boys, good luck to you all. Take it easy.

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First of all, I want to thank my parents for making this opportunity real. These two years in Stanstead have become the best years of my life. I met amazing people that I will never forget and will always stay in my heart. I won't forget those lazy days in winter watching movies with Pau, Pili, Moni and Valentina! Las amo niñas gracias por todo! Julia, you are an amazing friend, I will miss you a lot. Those persons who made my days at Stanstead fun, Iza, Nayla, Bosch, Andrea, Moums, thank you for all the great memories. Also to my greatest friend Abraham Te voy a extrañar mucho el próximo año. Hiciste mi año increíble. Te quiero mucho rata. I had a great time during rugby season, B.C. Costa Rica con Nat, Lypsinc with Webster House, Prom, the house party, Winter Carnival, springtime, cooking Mexican for the entire school, the travel lodge, NY and those walks in the wood will always be remembered. I want to thank all the amazing teachers and coaches who made this year remarkable. Special thanks to Ms. Reynolds, Ms. D, Ms. Hennequart and Ms. Hessian. All the people that I met here made a big impact in my life. I created great friendships thanks to Stanstead. It opened doors to meet people from all over the world. Stanstead became a second home for me and it will be hard for me to say goodbye. I can't believe this is over. I wish everyone good luck and hopefully I will see you in the future! Don't cry because it is over, smile because it happened. Love to everyone!

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Unless there is a Good Friday in your life, there can be no Easter Sunday.
Fulton J. Sheen

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I would like to thank everyone who made this year possible for me. Even though it was hard sometimes, it was still an awesome experience.

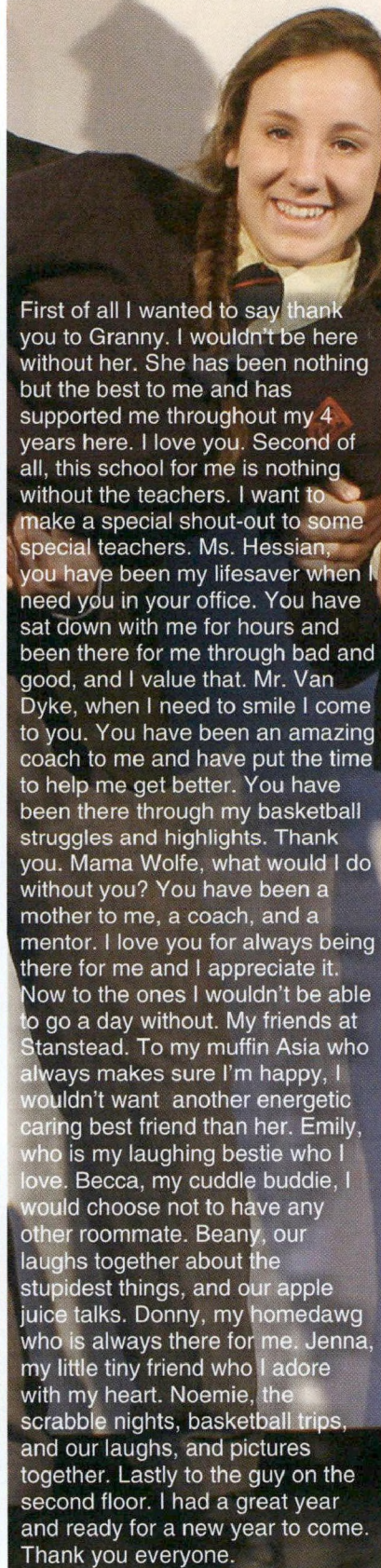
"It is a mistake to try to look too far ahead. The chain of destiny can only be grasped one link at a time."
- Sir Winston Churchill

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Receive with simplicity everything that happens to you.
- Rashi

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First of all I wanted to say thank you to Granny. I wouldn't be here without her. She has been nothing but the best to me and has supported me throughout my 4 years here. I love you. Second of all, this school for me is nothing without the teachers. I want to make a special shout-out to some special teachers. Ms. Hessian, you have been my lifesaver when I need you in your office. You have sat down with me for hours and been there for me through bad and good, and I value that. Mr. Van Dyke, when I need to smile I come to you. You have been an amazing coach to me and have put the time to help me get better. You have been there through my basketball struggles and highlights. Thank you. Mama Wolfe, what would I do without you? You have been a mother to me, a coach, and a mentor. I love you for always being there for me and I appreciate it. Now to the ones I wouldn't be able to go a day without. My friends at Stanstead. To my muffin Asia who always makes sure I'm happy, I wouldn't want another energetic caring best friend than her. Emily, who is my laughing bestie who I love. Becca, my cuddle buddie, I would choose not to have any other roommate. Beany, our laughs together about the stupidest things, and our apple juice talks. Donny, my homedawg who is always there for me. Jenna, my little tiny friend who I adore with my heart. Noemie, the scrabble nights, basketball trips, and our laughs, and pictures together. Lastly to the guy on the second floor. I had a great year and ready for a new year to come. Thank you everyone.

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Adversity, if for no other reason, is of benefit, since it is sure to bring a season of sober reflection. People see clearer at such times. Storms purify the atmosphere.
- Henry Ward Beecher

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I might regret many things, but I won't regret coming here for my high school. This is my third year and there is only one more year left. Once I hoped the time would go faster to get out of here, but now I just want to stay here as long as I can. It is totally a different life which I never had when I was in Taiwan, and I have enjoyed most of the moments I had here. I want to thank my parents for sending me here even though I didn't want to come at first. Thanks to the teachers and staff who helped me a lot these past years. Thanks to my friends, those people who are not coming back next year. I won't forget the memories we had the past three years, and I believe we can create more in the future. Love you all!

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During my first year at Stanstead College, I gained a lot, not only in the school work but also in friendship. It is a rare chance for me to enjoy my time in foreign countries. Compared with the education in China, the style and goal of the education is constitutionally different here. Although I lost something valuable in China because of the departure, I obtained the things that many people wouldn't get in their life right here. As I expected, this year is a good beginning and a good stepping-stone for Grade 12. I hope that I can do better in order to be admitted to my dream university next year.

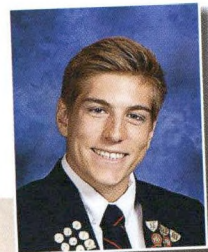
*We are not now that strength
which in the old days
Moved earth and heaven, that
which we are, we are,
One equal-temper of heroic hearts,
Made weak by time and fate, but
strong in will
To strive, to seek, to find, and not
to yield.*
- Alfred Lord Tennyson

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I can't believe my first year at Stanstead College is already over!!! I had such a wonderful experience and made memories that I will never forget! From that night in the health center, to lip sync, to living the baller life, I couldn't have asked for a better year. Infinite love to Becs, Jess, Jenna and Em!! You all made my year a whole lot better and I love you all!! Fred and Donny for making Physics and Chem class something to look forward to. No matter how much we fought or how annoying you guys could be, I wouldn't have made it through the year without you!! Mark for being my go-to person and my brother all year. And GUIGS I miss you!!!! All my play people for an amazing year and production!! Jackie for being the best roommate I could ask for, my Spartan ballers for being part of the season of miracles, Noemie, Jess and Mouns for being the best, funniest, and hungriest roady roomies, the soccer team for an amazing first year!! And of course, my EXPOS!!! One last shoutout to the people who made it all possible, my parents. I love you so much. I had such an incredible first year here at Stanstead, and I'm so happy to have made friends that I know will stay forever! Good luck to everyone who isn't returning, I know you will all do wonderful things!!! I love and will miss you all! Keep being awesome everyone!!!

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Friendship is always a sweet responsibility, never an opportunity.
- Khalil Gibran

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I can't believe the year is over! It wouldn't have been awesome without all of my friends. I had so much fun this year and I honestly don't want it to end. Tina, thank you for being like my mom :) I won't forget the night we watched the TV show while we were eating your rice haha. My Asian girls, you guys made my school life awesome and I love you so much pretty girls <3 Julia and Pranav have been a big part of my Stanstead life even though they were only here for 5 months. The senior girls basketball and rugby teams, I had so much fun with you guys! Finally, I would like to thank my boyfriend for everything he did for me this year! Thank you for always being there for me and making me happy. I love you Roger! <3 Have an amazing summer everyone and I'm looking forward to next year!

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2013-2014 was my second year at Stanstead College. This year was really special for me. I met different people from different countries, I tried different sports that I haven't done before. This year was really amazing and unforgettable. First of all, I would like to say thank you to my parents who gave me the chance to study at Stanstead College. They have always encouraged me and supported me. Thank you for everything you are doing for me, and I love you both. Then I want to say thank you to my best friends, Miko Hao and Eva Hou. I know it is kind of weird when we were laughing with no reason, but I love it and really enjoy the time with you guys. Next I also want to say thank you to my friends who are not going to come back next year, you guys are awesome and I'm going to miss you guys so much. Last but not least, I want to say thank you to my boyfriend Justin Wong, thanks for everything you have done for me. This year was become so special because of you. You are irreplaceable to me and I love you.

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I can't believe how fast time has flown by, feels like it was just yesterday when I was grumbling about whether I would even get through Grade 10! Thank you everyone for making my second year at Stanstead College truly remarkable and unforgettable. This is a fantastic place to study, meet new diverse people who make the most awesome friends! To get integrated in this multicultural place and be part of a family away from home! Here we have the nicest people that actually make you look forward to coming back to school after a break. Thanks to all of my teachers and coaches for the help. I couldn't have finished my year without you. To all of my friends, I will always have fond memories of you. To those of you who are not coming back next year, I wish you good luck. Layla, Dian, Yilin, Judy, Tiff... I will MISS you forever. Also, it has been a marvelous year with an awesome roommate, Asia Wisco. In short, I love you all and see you next year!

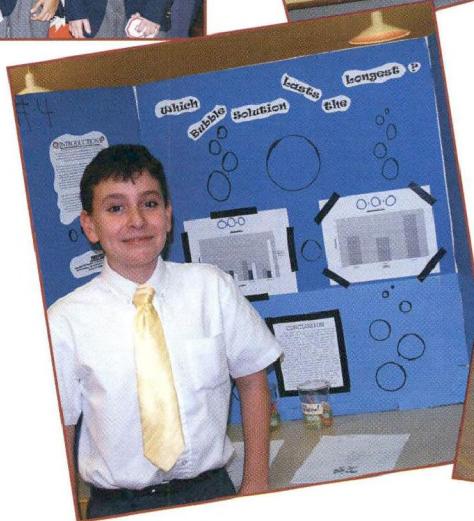
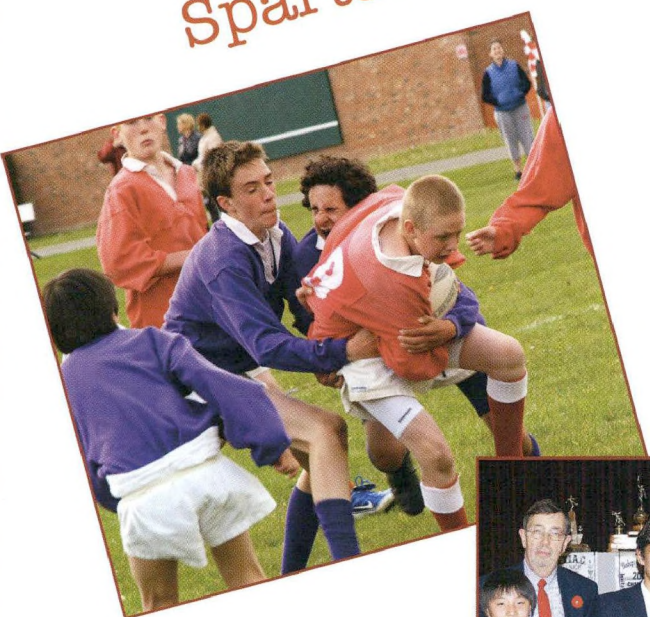
Six-Year Club

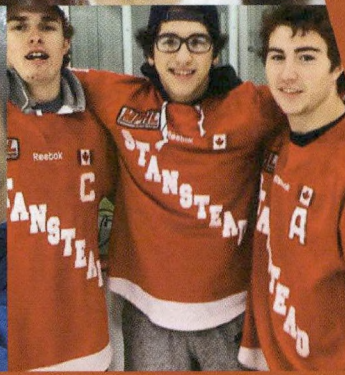
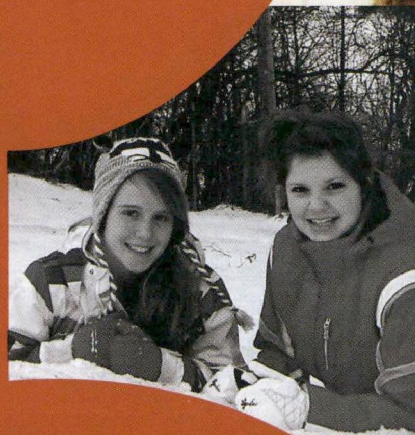
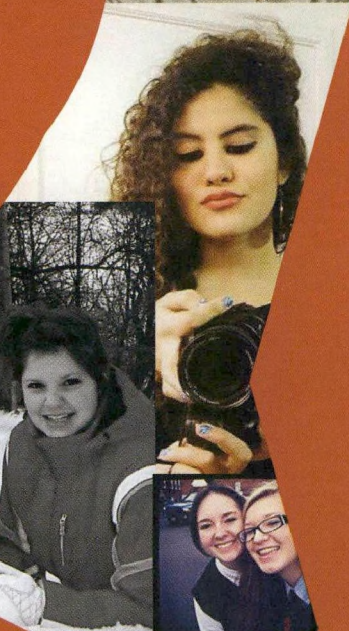
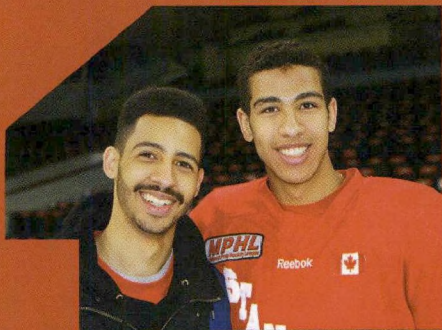


Spencer Martin
Liam Gribbon
Andrew Norris



Spartans for Life

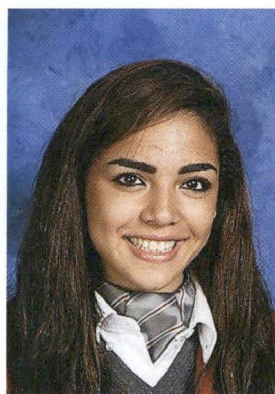




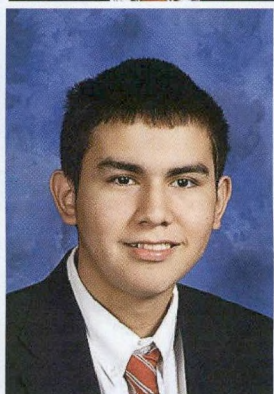


Undergrads

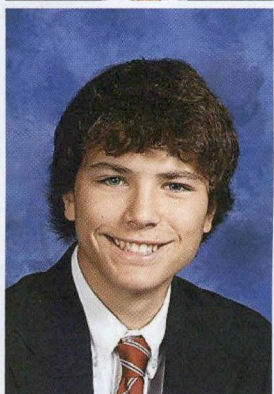
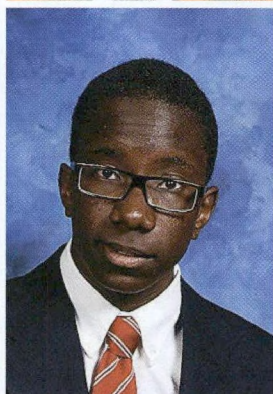
Nayla Ajami
Robert Allan
Sandy Bedard-Lothrop
Maria Pilar Bifaretti
Sebastien Bleau



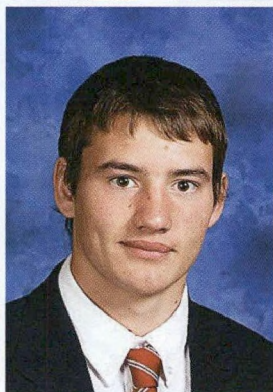
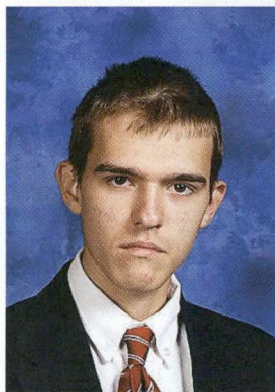
Johanna Bosch
Erin Butler
Lyanne Carruthers
Chao-Te (Bob) Chen
Alexander Cooper



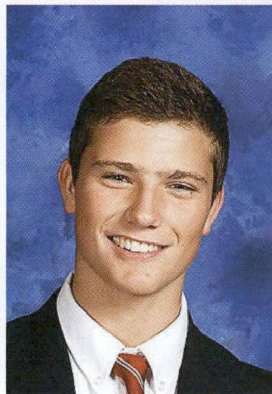
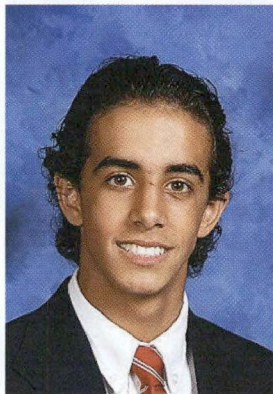
Fernanda Cortina
Escalante
Jean-Samuel Couture
Charles-Emmanuel Fall
Ryan Fletcher
Frederic Foulem



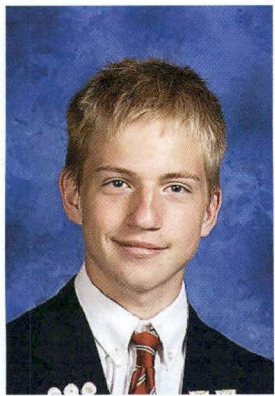
Alexandr (Sasha)
Gapich
Julia Gilpin
Christof Goettke
Mengyuan (Miko) Hao
Thomas Hayden-
Lefebvre



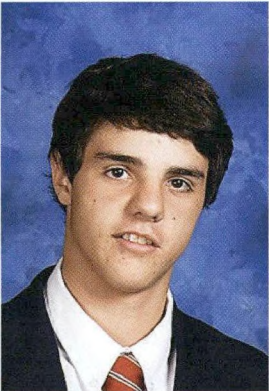
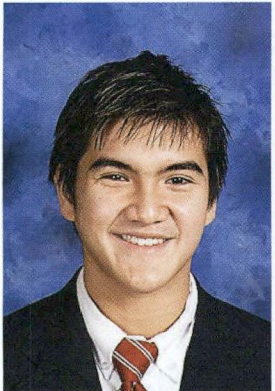
Jacob Hochstrasser-
Borsari
Peng Yi Huang
Jose Abraham Iza
Pepping
Paul Jaumann
Ian Kemp



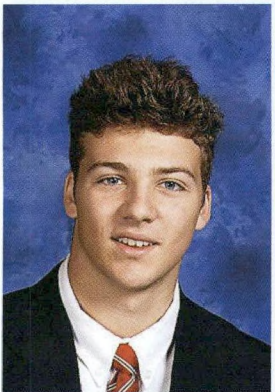
Grade 10...



Xavier Koontz-Miller
Kellyane Lecours
Yen-Wei (Daniel) Lee
Yuan Liu
Yu-Hsuan (Layla) Lu



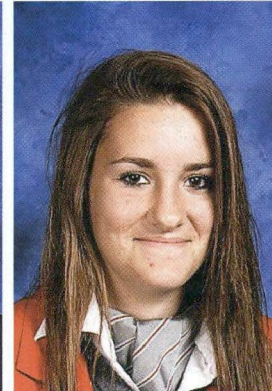
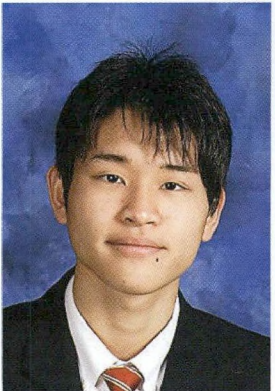
Robert Meisner
Jordan Norris
Genevieve Quirion
Arturo Ramirez Aja
Julia Rathje



Anthony Re
Samantha Rhainds
Justas Rosa
Elsa Roy
Valentina Santillan
Santamaria



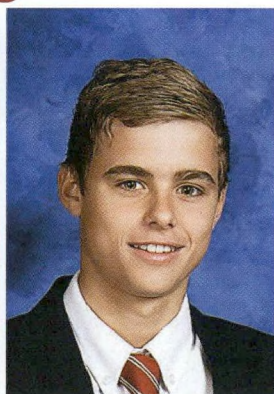
Sarah Savoie
Lou-Henri Scraire-Gingras
Sagira Segovia
Man Hin (Martin) Siu
Madyson St-Pierre



Akimasa Takeda
Li Yang (Eric) Tang
Andrea Tanguay
Adolfo Tolentino
Enriquez
Catherine Turcotte

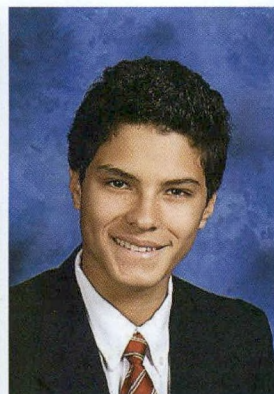
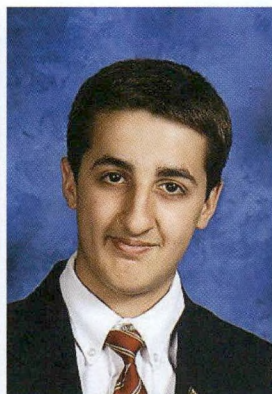
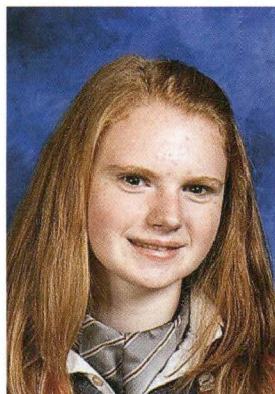
...Grade 10

David Wood-Downey
Patrick Wustrow
Yuhi Yoshikawa
James Zanca
Felix Zheng
Junwen Zheng
Gabriela Zitnanska

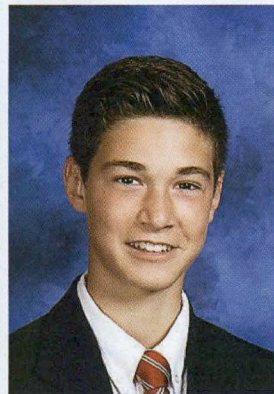
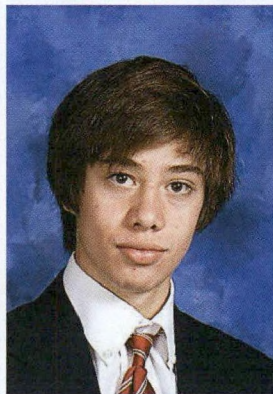


Grade 9...

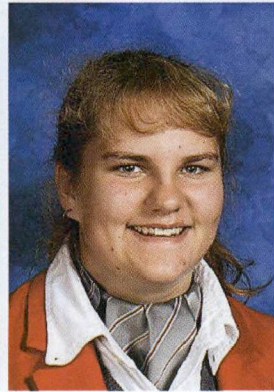
Alissa Bissonnette
Liam Buck-Thompson
Nicholas Burleson
Benjamin Clermont
Emiliano De Las
Fuentes Eslav



Connor Fletcher
Natalia Flores Bringas
Luis Emilio Gil
Gonzalez
Derius Gilpin-Mark
William Lebel



Ricardo Lopez
Raupach
Ursula Mendoza
Fernandez
Jean-Baptiste
Scraire-Gingras
Benjamin Smith
Sadie Smith

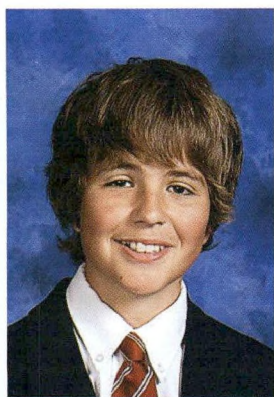


Jimena Trejo Suero
Li-Ming (Devin) Wang
Susannah Wolfe

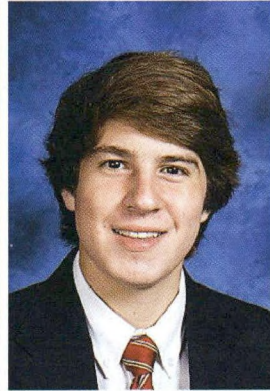
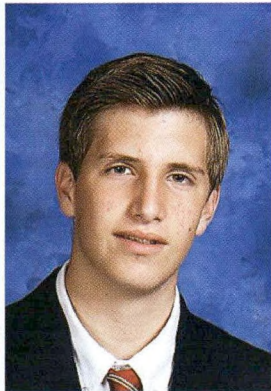




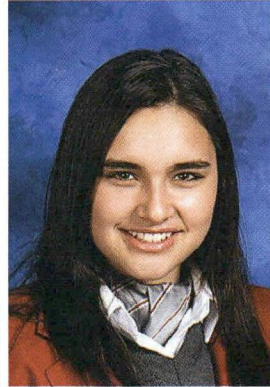
Grade 8...



Thomas Abbott
Rachelle Bergeron
Maxime Bourque
Regina Castilla Galan
Marco Cavalleri



Estefania Colas Baeza
Francisco Javier Colas Baeza
Mya Daigle
Samuel De Grace
Gonzalo Garrido Toledo



Mimi Girard
Yuuki Hara
Ashley Langevin
Jeffrey Liao
Daniela Ojeda Gomez



Kayla Ouellet
Maria Rodriguez Diaz
Andrew Stevens
Odette Tame Jacobo

Jacob Ducharme
Daniel Dumont
Elizabeth Gaudreau
Will Huckins
India Kitchen



Montana Kitchen
Maude Migneault
Auston Plotkin
Yuan-Po (Paul) Teng
Anna Thinphang-Nga



Chloe Van Dyke
John Wood-Downey

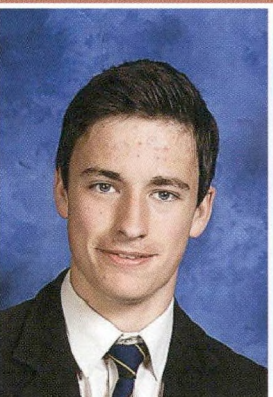
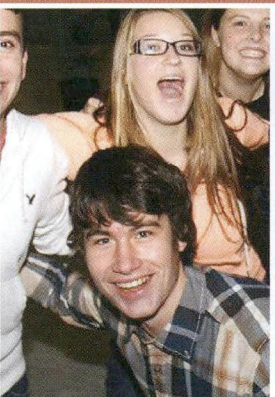


Grade 7...



Patrice Cialdella
Stuart Dale
Pranav Darshan
Vincent Thomsen
Elena Stickdorn

Not shown:
Thais Bordarampe
Sebastian Gibson



...Exchange Students



Houses

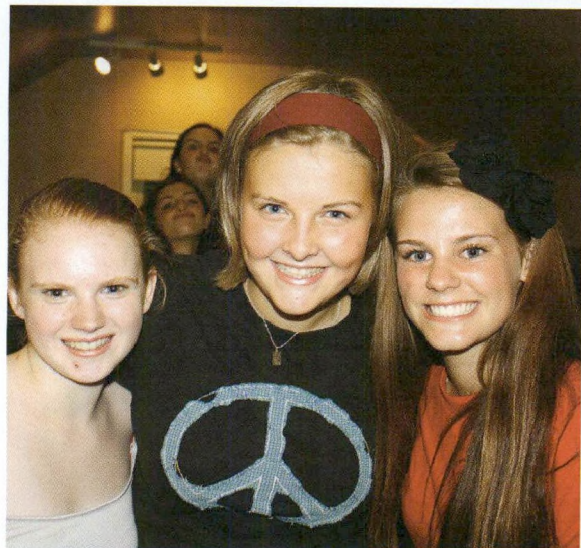
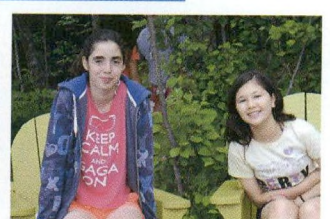
Maria Pilar Bifaretti

Colby

Rebecca Watson
Eva Hou
Jessica Tomeo

Clara Turcotte
Vicky Liu

House Director: Ms. Gallant
Asst. House Director: Ms. MacIsaac
Captain: Justine Gelinas

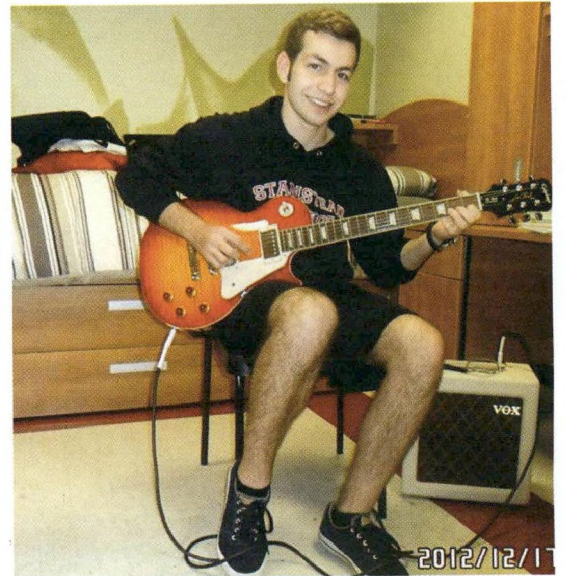
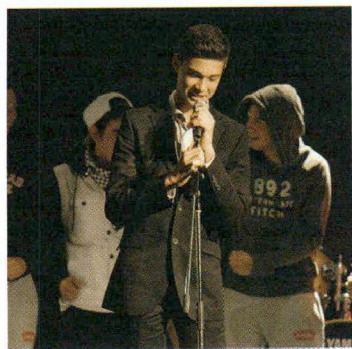
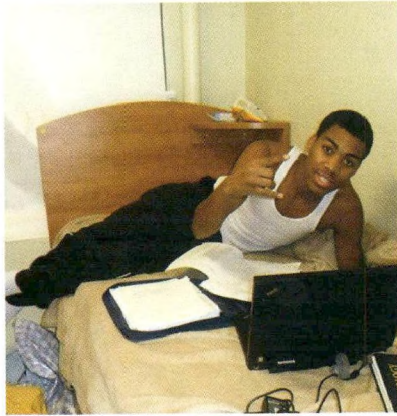
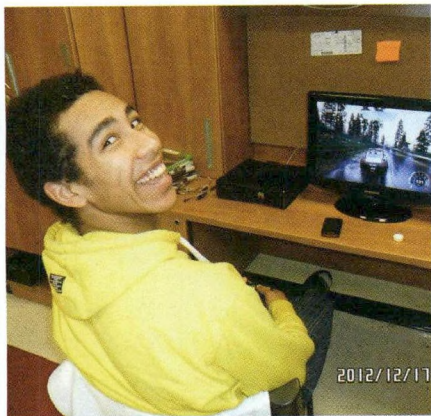


Bugbee

House Director: Mr. May
Asst. House Director: Ms. Diagana
Captain: Liam Gribbon

Jordan Buck Thompson
Ray LePabie

Rory Butler
Shawn Ouellet

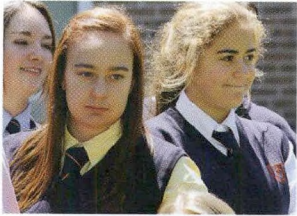


Webster

Vicky Liu
Emily Norris
Moumena Ali
Tiffany Hsu

Olivia McGuigan
Catherine Quirion
Dian Yu

House Director: Ms. Reynolds
Asst. House Director: Mrs. Andres
Captain: Paulina Guerra

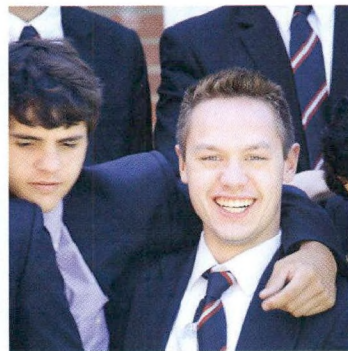
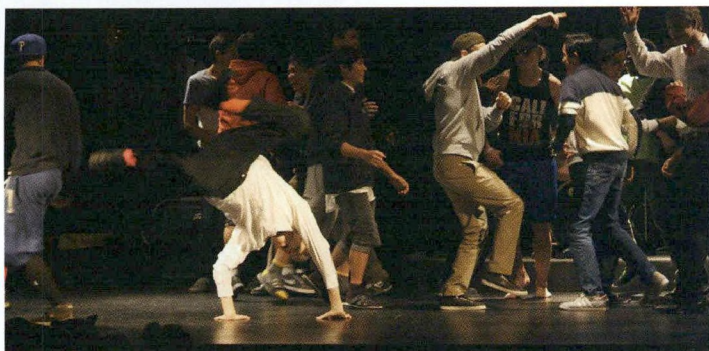
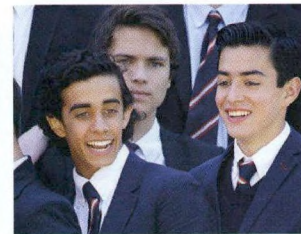


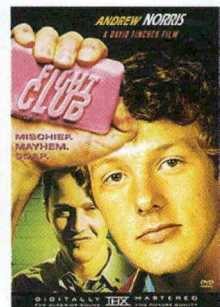
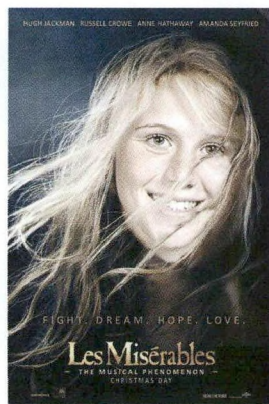
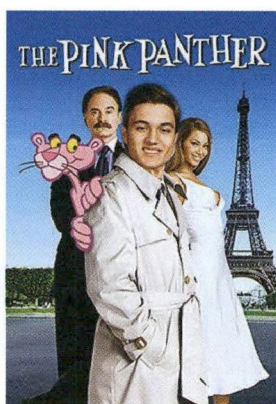
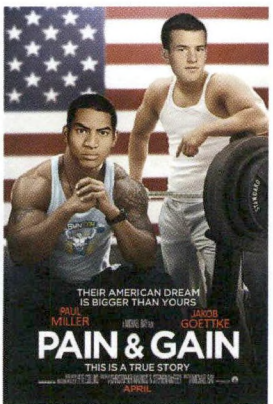
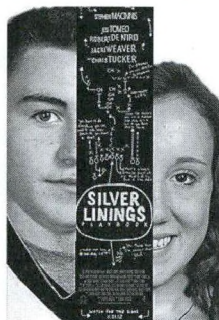
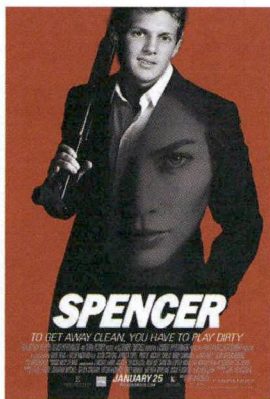
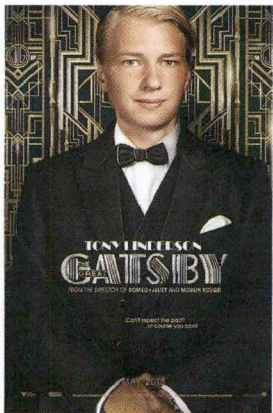
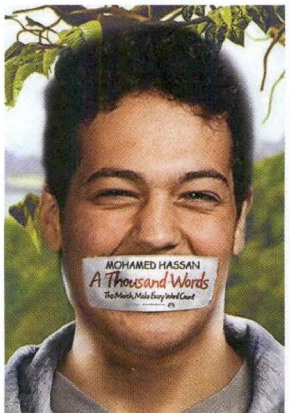
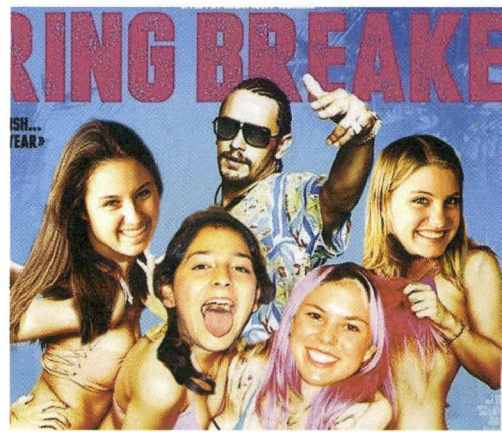
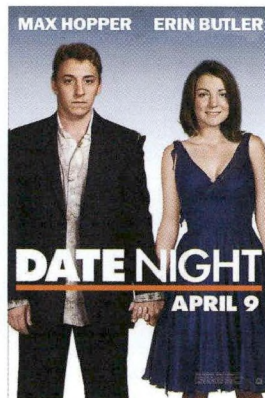
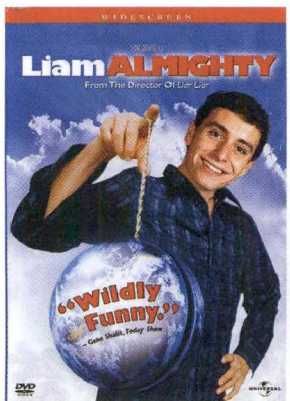
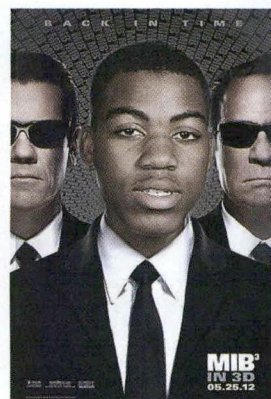
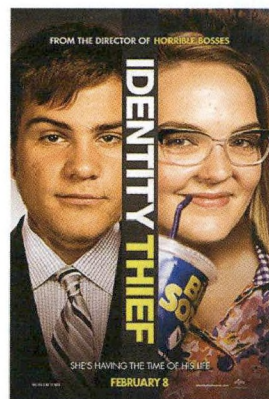
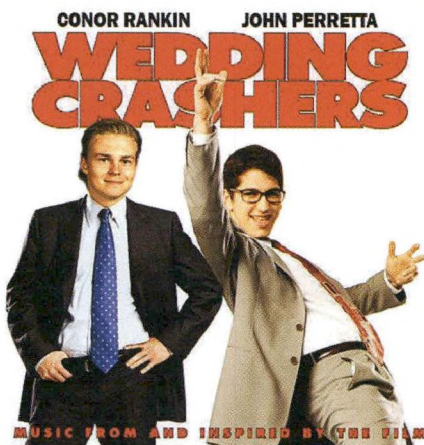
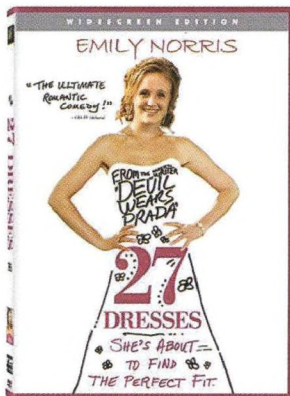
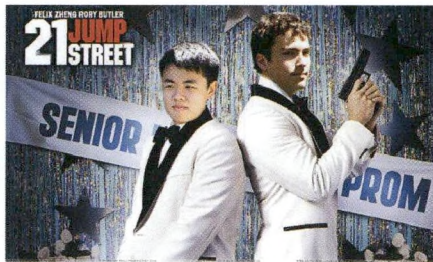
Davis

House Director: Dr. Standage
Asst. House Director: Mr. Thompson
Capitan: Bliss Wetchayanwiwat

Justin Wong
Kyle Hume

Landon Gareau
Malcolm Wood-Downey
Rhys Davies





Clubs



JAZZ BAND

John Anderson, Bob Chen, Ryan Fletcher, Da Fu, Sasha Gapich, Jakob Goettke, Liam Gribbon, Paulina Guerra, Jacob Hochstrasser-Borsari, Xavier Koontz Miller, Vicky Liu, Yuan Liu, Justus Rosa, Marco Siu, Malcolm Wood-Downey, Felix Zheng

Supervisor: Mr. Grenier



Spectrum

Alex Cooper, Da Fu, Natalia Flores, Mimi Girard, Liam Gribbon, Eva Hou, Tiffany Hsu, Ben Smith, Bliss Wetchayanwiwat, Paul Miller, Zi Wang, Susannah Wolfe

Supervisor: Mr. Murray



Card Games

Liam Buck-Thompson, Bob Chen, Alex Cooper, Andrew Donaldson, Derius Gilpin-Mark, Paul Miller, Jean-Baptiste Scraire-Gingras, Marco Siu, Ana Thingphangnga, Felix Zheng, Rhys Davies, Simon Brosseau, Alexandre Coulombe, Landon Gareau, Justine Gelin, Ashley Langevin, Hunter Lively, Spencer Martin, Shawn Ouellet, Mark Price, Anthony Re, Jessica Tomeo, Clara Turcotte, Rebecca Watson

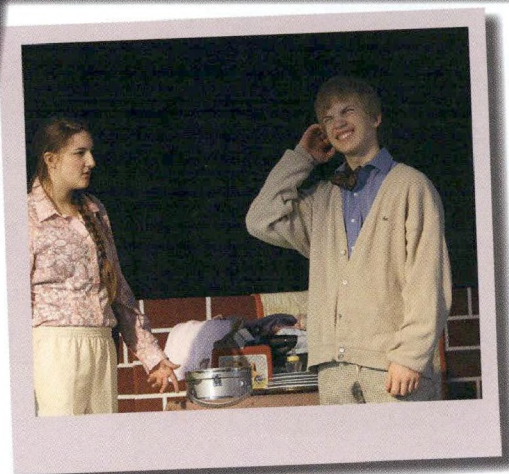
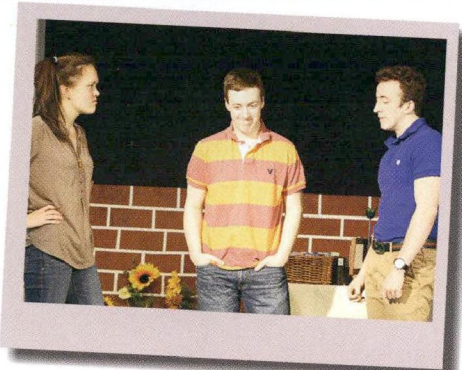
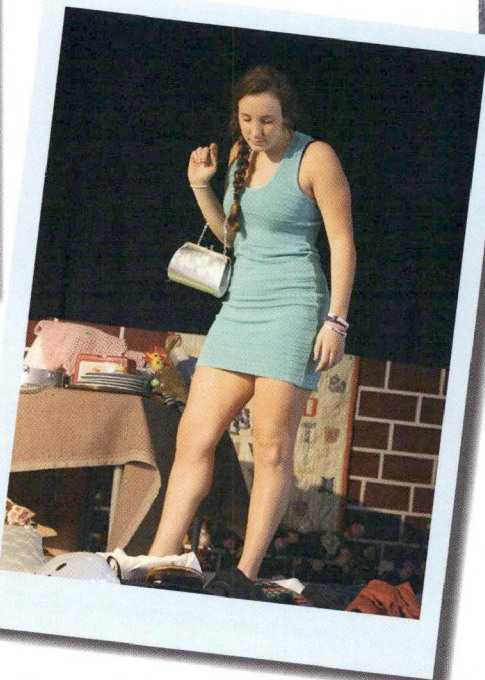
Supervisor: Mr. Bridgeman



Garage Sale
by Michael Paul

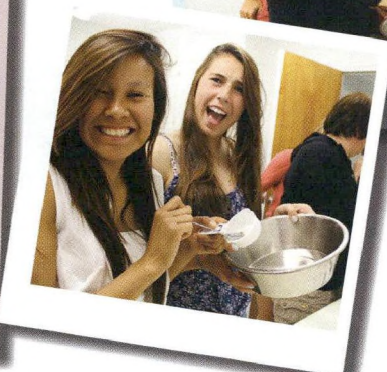
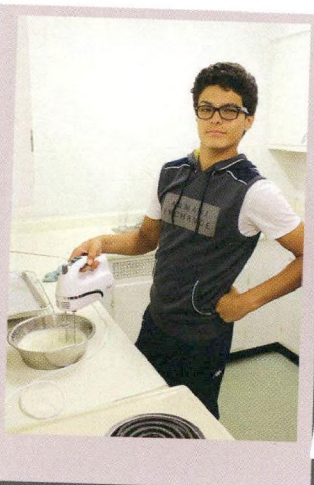
SCHOOL PLAY

Cedric Charbonneau,
Andrew Donaldson, Kyle
Hume, Xavier Koontz Miller,
Sadie Smith, Jessica Tomeo,
Rebecca Watson, Asia Wisco
Supervisors: Mrs. Andres &
Ms. Wilkinson



Cooking

Maria Pilar Bifaretti, Johanna Bosch, Francisco Colas, Emiliano De Las Fuentes Eslave, Chrysanthia Gull, Gonzalo Garrido, Luis Gil, Julia Gilpin, Miko Hao, Eva Hou, Jacky Huang, Daniel Lee, Jack Liu, Vicky Liu, Monica Magdub, Paulina Marquez, Kayla Ouellet, Elizaveta Perevezentseva, Andrew Stevens, Madyson St-Pierre, Andrea Tanguay, Crystal Yin, Jacqueline Zhang, Junwen Zheng
Supervisors: Ms. Reynolds & Mrs. Smith

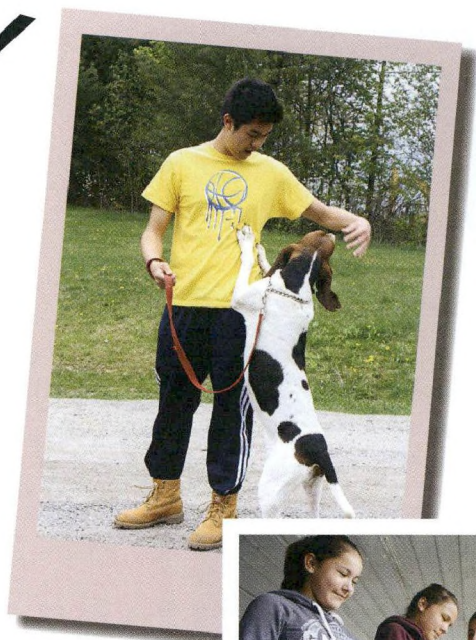


Swahili

Maria Pilar Bifaretti, Julia Gilpin, Thomas Hayden-Lefebvre, Ricardo Lopez, Paulina Marquez, Daniela Ojeda, Valentina Santillan
Supervisor: Ms. Hussein



COMMUNITY SERVICE



- Animal Shelter
- Phelps Helps
- Haskell Library
- Spanish Tutoring

Classic Film

Julien Charest, Mohamed Gamel, Eduardo Lopez, Alexis Routhier, Elena Stickdorn

Supervisor: Mr. Planetta



Antiques

Connor Fletcher, William Lebel, Lou-Henri Scraire-Gingras, David Wood-Downey

Supervisor: Mr. Simard

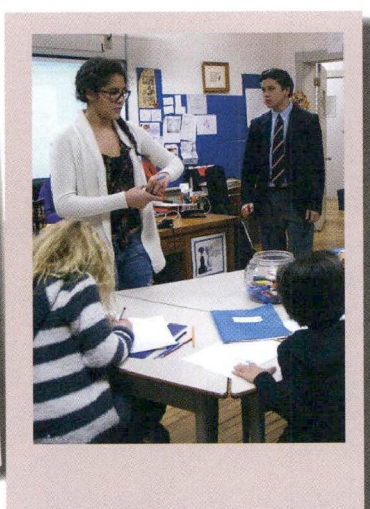


Bridge

Rob Allen, Frederic Aube, Jose Aparicio Casanova, Rory Butler, Alex Clermont, Ben Clermont, and Susannah Wolfe

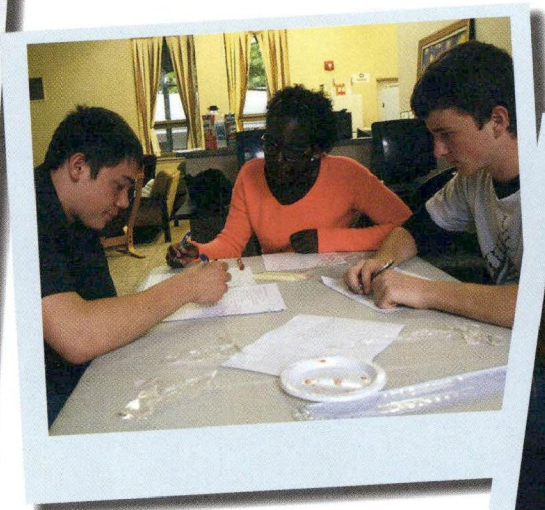
Supervisors: Mrs. May & Mr. Van Dyke





Noemie Abdo, Nayla Al-Ajami, Sandy Bedard-Lothrop, Pilar Bifaretti, Alissa Bissonnette, Max Bourque, Jordan Buck Thompson, Erin Butler, Julien Charest, Mya Daigle, Jacob Ducharme, Natalia Flores, Da Fu, Miko Hao, Mohamed Gamal Hassan, Paulina Guerra, Chrysanthia Gull, Jose Abraham Iza, India Kitchen, Montana Kitchen, Christopher Koo, Marie-Eve Lebeau, Jack Liu, Vicky Liu, Monica Magdub Lopez, Tudor Margarit, Maude Migneault, Andrew Norris, Emily Norris, Kayla Ouellet, Tristan Ovesson, Roger Peng, Elizaveta Perevezentseva, Alexandra Place, Alejandra Quintero, Catherine Quirion, Julia Rathje, Maria Rodriguez, Alexis Routhier, Valetina Santillan, Sina Sarikhani, Sarah Savoie, Lou Scraire, Sagira Segovia, Andrew Stevens, Adolfo Tolentino Enriquez, Kevin Wang, Susannah Wolfe, Aika Yamashita, Dian Yu and Junwen Zheng

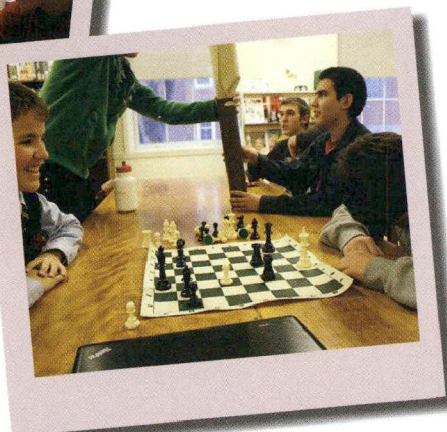
Supervisors: Ms. Campbell, Mr. Prevost, Mr. Philip, Ms. Hennequart, Mrs. Smith, Ms. Diagana, Ms. MacIsaac, Mr. Rioux



Chess

Thomas Abbott, Alex Cooper, Jean-Samuel Couture, Charles Fall, Connor Fletcher, Ryan Fletcher, Sasha Gapich, Jeffrey Liao, Roger Peng, Justas Rosa, Moritz Schaefer

Supervisors: Dr. Standage, Mr. Bembeneck



Reading Club

Chayse Carlson, Julia Gilpin, Derius Gilpin-Mark, Mimi Girard, Jacky Huang, Daniel Lee, Jack Liu, Vicky Liu, Layla Lu, Madyson St-Pierre, Eric Shi, Jacqueline Zhang

Supervisor: Mr. Wolfe



BOOSTER CLUB

Frederic Aubé, Nicolas Beaudin, Johanna Bosch, Jason Brochu, Rory Butler, Lyanne Carruthers, Alexandre Coulombe, Rhys Davies, Andrew Donaldson, Landon Gareau, Elizabeth Gaudreau, Justine Gélinas, Paulina Guerra, Max Hopper, Will Huckins, Ian Kemp, Xavier Koontz-Miller, Jasper Korican, Ashley Langevin, Tony Linderson, Hunter Lively, Jenna MacDonald, Stephen MacInnis, Spencer Martin, Jordan Norris, Emily Norris, Shawn Ouellet, John Perretta, Mark Price, Conor Rankin, Madyson St-Pierre, Andrea Tanguay, Clara Turcotte, Malcolm Wood-Downey, Chloe Van Dyke, James Zanca and Lucas Zwaagstra
Supervisor: Ms. Gallant



Debate

Rob Allan, Rory Butler, Emiliano De Las Fuentes, Jacob Ducharme, Jacob Hochstrasser-Borsari, Ian Kemp, Xavier Koontz Miller, Jean-Baptiste Scraire-Gingras, Malcolm Wood-Downey
Supervisor: Ms. Langlois



Problem Solving

Fred Aubé, Rory Butler, Alex Clermont, Andrew Donaldson, Connor Fletcher, Da Fu, Paulina Guerra, Max Hopper, Tony Linderson, Hunter Lively, Eduardo Lopez, Jenna MacDonald, Stephen MacInnis, Tudor Margarit, Spencer Martin, Shawn Ouellet, Roger Peng, John Perretta, Alex Place, Malcolm Wood-Downey, Aika Yamashita, Lucas Zwaagstra
Supervisor: Ms. Hessian

Ethics

Cody Bean, Cedric Charbonneau, Christian Villeneuve
Supervisor: Ms. Wilkinson

Martial Arts

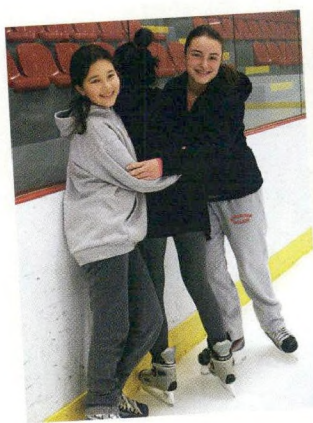
Jakob Goettke, Ray LePabie, Tristan Ovesson, Samantha Rhains, Alexis Routhier
Supervisor: Ms. Lowry

LEARN TO SKATE



Nayla Al-Ajami, Hamad Alsuwailem, Jose Aparicio, Nicolas Beaudin, Abraham Bonilla Vazquez, Nicholas Burleson, Chayse Carlsson, Regina Castilla, Judy Chen, Estefania Colas, Paco Colas, Emilio De Las Fuentes, Natalia Flores, Gonzalo Garrido, Sebastien Gibson, Mimi Girard, Mark Guigauri, Yuuki Hara, Paul Jaumann, Daniel Lee, Jeffrey Liao, Vicky Liu, Yuan Liu, Jack Liu, Layla Lu, Ricardo Lopez, Monica Magdub, Paulina Marquez, Robert Meisner, Jose Mendez, Ursula Mendoza, Daniela Ojeda, Kayla Ouellet, Tristan Ovesson, Arturo Ramirez, Dylan Riley, Maria Rodriguez, Valentina Santillan, Sina Sarikhani, Moritz Schaefer, Sagira Segovia, Martin Siu, Marco Siu, Andrew Stevens, Akimasa Takeda, Odette Tame, Eric Tang, Anna Thinhphang-gna, Jimena Trejo, Christian Villeneuve, Devin Wang, Justin Wong, Tony Wu, Dian Yu, James Zanca, Jackie Zhang, Junwen Zheng and Yilin Zhu

Supervisors: Mr. Thompson & Mr. Robinson

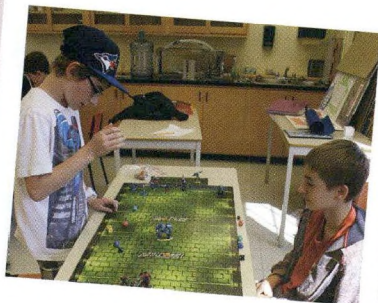


Young Engineers of Stanstead aka Hobbies aka Games



Liam Buck-Thompson, Marco Cavalleri, Mya Daigle, Samuel De Grace, Jacob Ducharme, Daniel Dumont, Elizabeth Gaudreau, Sasha Gapich, Will Huckins, William Lebel, Paul Miller, Auston Plotkin, Ben Smith, Paul Teng, David Wood-Downey, John Wood-Downey, Jamie Zanca

Supervisors: Mr. Beaupre and Mr. Robinson



ARCHERY

Thomas Abbott, Rachelle Bergeron, Sophie Blair, Nicholas Burleson, Paco Colas, Fernanda Cortina, Jean-Samuel Couture, Stuart Dale, Pranav Darshan, Emiliano de las Fuentes, Daniel Dumont, Charles Fall, Frederic Foulem, Gonzalo Garrido, Luis Gil, Christof Goettke, Jakob, Goettke, Nicolas Guerrero, Peng Yi Huang, Kyle Hume, Jose Iza, Paul Jaumann, India Kitchen, William Lebel, Ray LePabie, Ricardo Lopez, Robert Meisner, Arturo Mendez, Ursula Mendoza, Roger Peng, Arturo Aja, Lou-Henri Scraire-Gingras, Eric Shi, Sadie Smith, Odette Tame, Vincent Thomsen, Jimena Trejo, Devin Wang, Patrick Wustrow, Yuhi Yoshikawa

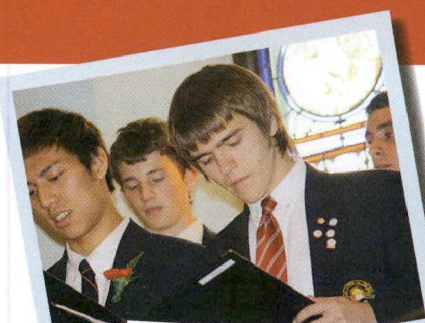
Supervisor: Mr. Bergeron



Choir

Moumena Ali, Sophie Blair, Natalia Flores, Da Fu, Sasha Gapich, Julia Gilpin, Liam Gribbon, Chrysanthia Gull, Jacob Hochstrasser-Borsari, Eva Hou, Tiffany Hsu, Elizaveta Perevenzentseva, Alexandra Place, Marco Siu, Benjamin Smith, Madyson St-Pierre, Tina Wang, Bliss Wetchayanwiwat, John Wood-Downey and Tony Wu

Supervisors: Mrs. Kilkelly & Mr. Blair



ART CLUB

Nayla Al-Ajami, Moumena Ali, Sandy Bedard-Lothrop, Sebastien Bleau, Sophie Blair, Thais Bordarampe, Lyanne Carruthers, Judy Chen, Mya Daigle, Samuel De Grace, Jacob Ducharme, Natalia Flores, Charly Gilpin, Julia Gilpin, Liam Gribbon, Christof Goettke, Chrysanthia Gull, Eva Hou, Tiffany Hsu, Kellyane Lecours, Radu Margarit, Daniela Ojeda, Elizaveta Perevenzentseva, Alexandra Place, Auston Plotkin, Genevieve Quirion, Samantha Rhainds, Elsa Roy, Dinah Sam, Eric Shi, Marco Siu, Benjamin Smith, Madysen St-Pierre, Odette Tame, Ana Thinphang-Nga, Jimena Trejo, Catherine Turcotte, Chloe Van Dyke, Tina Wang, Bliss Wetchayanwiwat, Justin Wong, John Wood-Downey, Tony Wu, Dian Yu, Yilin Zhu

Supervisors: Mr. Williams & Ms. MacIsaac



Fishing

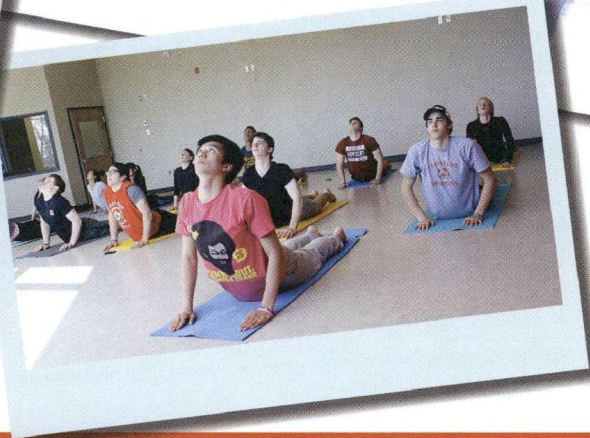
Nic Beaudin,
Maxime Bourque,
Daniel Dumont,
Jordan Norris,
Martin Siu,
Andrew Stevens,
Akimasa Takeda,
Yuhi Yoshikawa
Supervisor:
Mr. Beaupre



Salsa

Nayyla Al-Ajami, John Anderson,
Sophie Blair, Abraham Bonilla,
Johanna Bosch, Lyanne Carruthers,
Regina Castilla, Estefania Colas,
Stuart Dale, Pranav Darshan,
Emiliano de las Fuentes, Daphney
Ducharme-Roy, Mohamed Gamal,
Gonzalo Garrido, Julia Gilpin,
Nicolas Guerrero, Mark Giugauri,
Thomas Hayden-Lefebvre, Jose Iza,
Ashley Langevin, Eduardo Lopez,
Ricardo Lopez, Monica Magdub,
Paulina Marquez, Daniela Ojeda,
Alejandra Quintero, Genevieve
Quirion, Dylon Riley, Maria
Rodriguez, Valentina Santillan,
Sagira Segovia, Madysen St-Pierre,
Andrea Tanguay, Catherine
Turcotte, Christian Villeneuve, Aika
Yashimita, James Zanca
Supervisor: Mr. Jimenez

YOGA



Nicolas Beaudin,
Sophie Blair, Jason
Brochu, Jordan
Buck-Thompson,
Fernanda Cortina,
Daphney Ducharme-
Roy, Fred Foulem,
Miko Hao, Max
Hopper, Eva Hou,
Tony Linderson, Jenna MacDonald,
Roger Peng, John Perretta, Conor
Rankin, Anthony Re, Sagira Segovia,
Asia Wisco, Aika Yamashita, Crystal
Yin, Lucas Zwaagstra
Supervisor: Ms. Delorme

More than just a game

By Hunter Lively

Hockey;
It is a great sport, lots of fun, and good exercise to most,
But in reality, it is a journey, a guide, but most
importantly to me,
It's a lifestyle that you can't half-ass,
You have to go as hard as possible day in and day out,
Hours of proper preparation,
Hours of proper focusing,
The numerous superstitions,
The numerous times putting your gear on,
For that one shift,
For that one moment of glory,
When your team scores, whether you put it in,
Whether you caused it, or whether you were sitting on
the bench,
You cannot help but be happy for your team,
But be happy for your 17 other brothers,
Your 17 other brothers you live with for 6 months,
6 months of the most grueling,
But yet the most fun season of the year,
Hockey season.

Mexican Connection

By Estefania Colas, Maria Rodriguez & Regina Castilla

Stanstead nos unio
el 5 de septiembre todo comenzo
sin saber lo q pasaria
la familia se uniria

Empezando con la abuela
comiendo su avena
Dani siempre le cantaba
a la familia q adoraba

Regis nacio
y en adulto se convirtio
nunca te falla
y siempre te acompaña

Conocio a Lucho
y ahí hubo mucho
La guitarra tocaba
mientras a regis enamoraba

Ricardo nacio
y fut jugo
bromas hacia
a todos los q veia

Despues llego Odette
con su nuevo caset
pintando y cantando
por q es un encanto

El tercero llego
y Gonzalo se llamo
con la lengua de fuera
como el sapo q era

Brincando y saltando
Estefi llego
y como "prim"
se presento

La peque llego
y su sonrisa nos alumbró
con su intensidad
y toda su habilidad

Ursula la nana
cuidaba y barria
a todos los q podia

Los primos se unieron
y se divertieron
Paco bailaba
y tambien imitaba
Rapido corria
Emiliano se lucia

La historia acabo
pero el amor continuo.

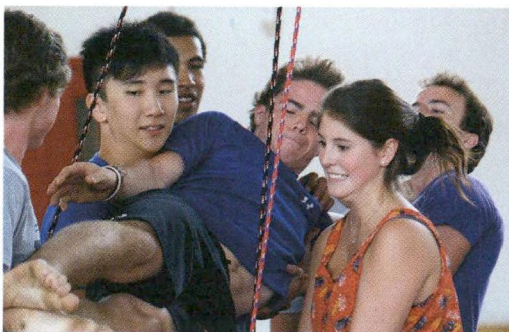
- Stanstead 2012 - 2013

Fall Activities



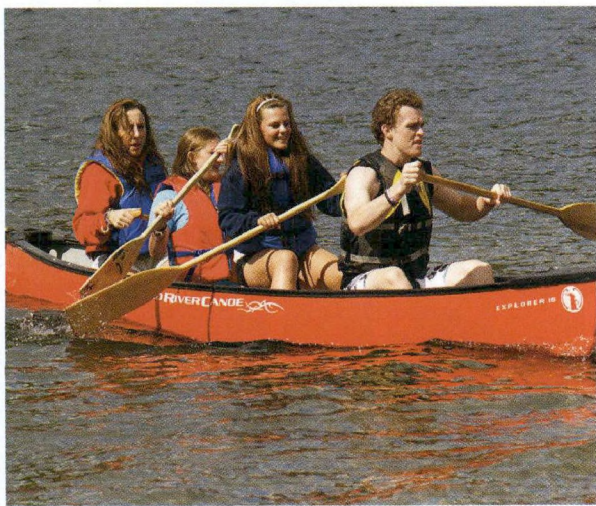
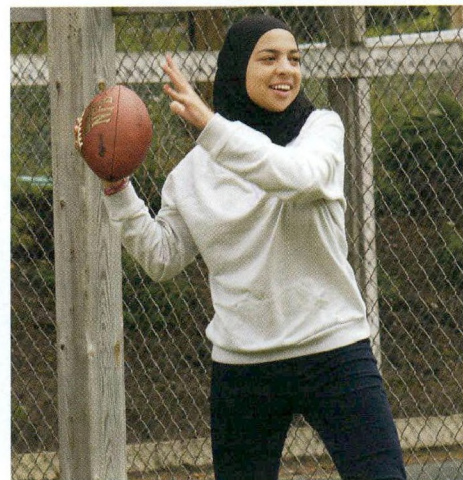
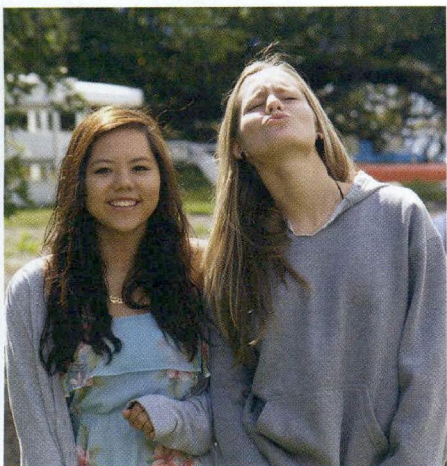
EVA HOU

Opening Week

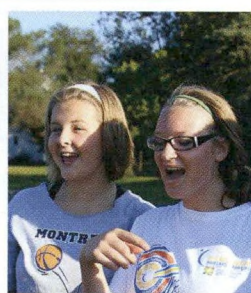
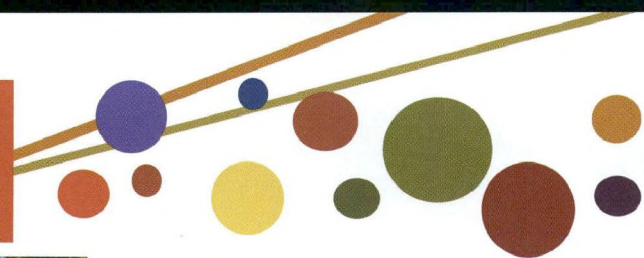




Day at the Lake



Terry Fox Run



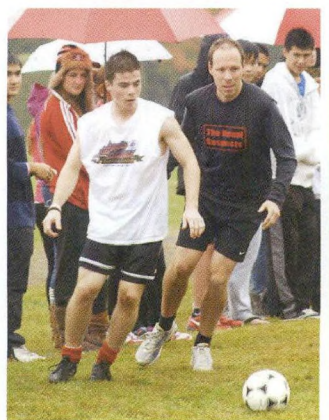
1st Sr Boy: Jakob Goettke
1st Sr Girl: Daphney Ducharme-Roy
1st Jr Boy (and first overall - tie): Jacob Ducharme & Emiliano De Las Fuentes
1st Jr Girl: Alissa Bissonnette



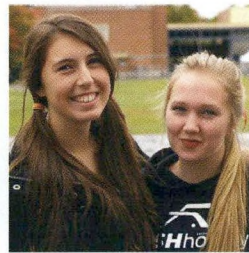
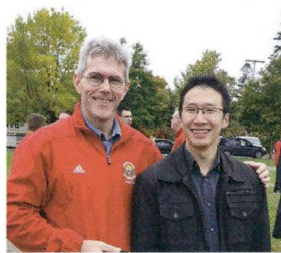
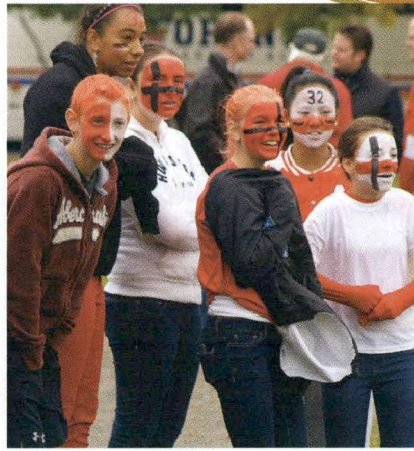
Staff-Prefect Soccer



Staff Win 5-4
@prefects2013 Painful loss today let's
#comeback ready for #staff-prefect
#broomball



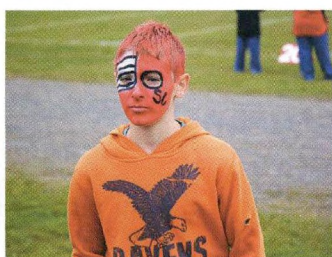
Homecoming



@JohnMackay cutting the ribbon to the new #MackayGymnasium
#soexciting



September 29, 2012
Who could forget @kylehume's
#balloonpopping. Guess what
@stansteadspartans popped lots
of @BCS and @TCS balloons
#spartanpride



Quebec City Trip

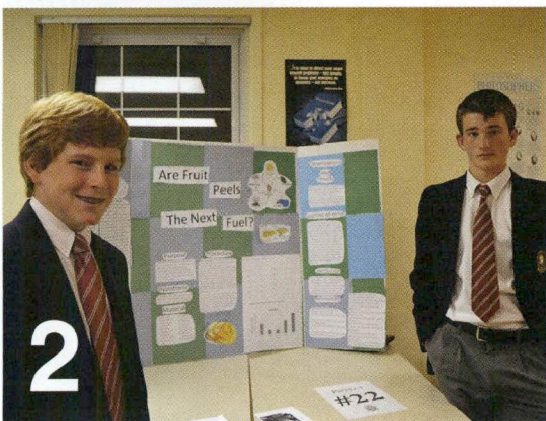
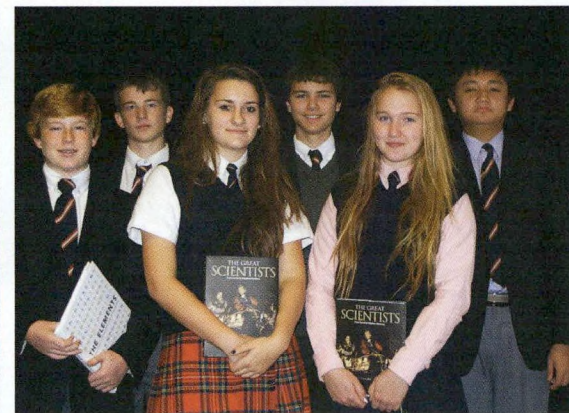
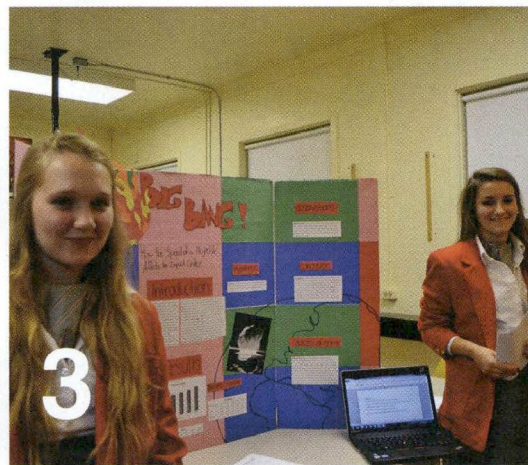
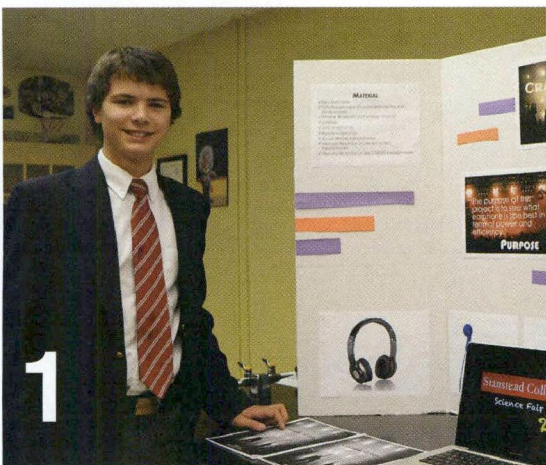


- Citadelle
- National Assembly
- Old Quebec
- Promenades des fantômes

- Château Frontenac
- Musée du fort
- Wendake (Village-des-Hurons)



Senior Science Fair



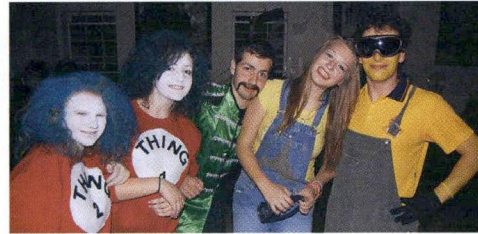
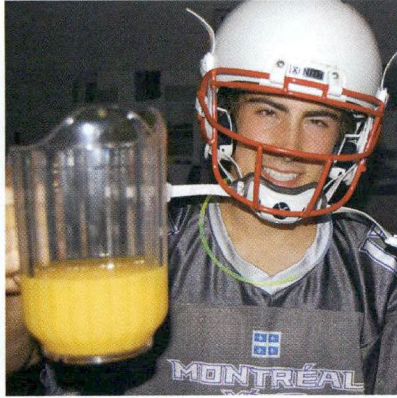
1st: Frederic Foulem - "Which speakers give the greatest volume with the same power?"

2nd: David Wood-Downey & Lou-Henri Scaire Gingras - "Food waste and peelings as alternative energy"

3rd: Genevieve Quirion & Catherine Turcotte - "How the speed of a projectile affects the impact crater"

Honourable Mention: Eric Tang - "Wing area and distance of paper airplanes"

Halloween Dance



Saturday, October 27, 2012
 #halloweendance Amazing
 dance last night. I loved the
 music from @ACSwizzle and
 @BCDrizzle. #nightofmylife





(Front) Kyle Hume, Hunter Lively, Spencer Martin, Coach May, Lucas Zwaagstra, Coach Simard, Andrew Norris, Coach Standage, Shawn Ouellet, Nicolas Beaudin, Jason Brochu, (rear) Max Hopper, Stuart Dale, Stephen MacInnis, Simon Brosseau, Tristan Ovesson, Fred Aubé, Alexandre Coulombe, Cedric Charbonneau, Mark Guigari, Tony Linderson, Paul Jaumann, Jose Aparicio, Abraham Bonilla, Eduardo Lopez, Cody Bean



ETIAC LEAGUE & PLAYOFF

SOCCER

CHAMPIONS SENIOR boys

We started this year as the reigning ETIAC league and playoff champs. Our goal was to repeat as double champs and to improve our CAIS performance. We started the season with a roster of 23 including 18 regulars and 5 practice players. We had lots of returning veteran leadership, and appointed tri-captains Norris, Zwaagstra, and Ouellet before our first game. We knew we had a good new starting goaltender, a good entire defensive unit, and strength in the middle of the mid-field. Our question marks would be on the wings and up front.

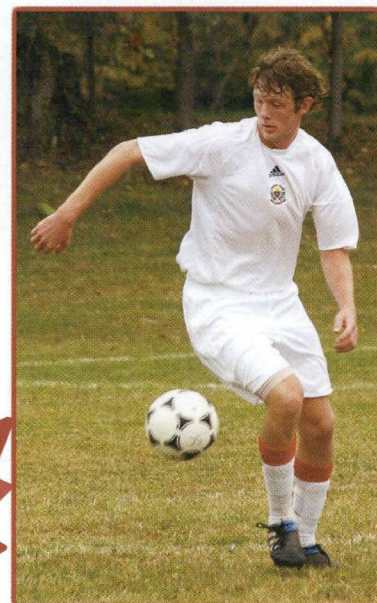
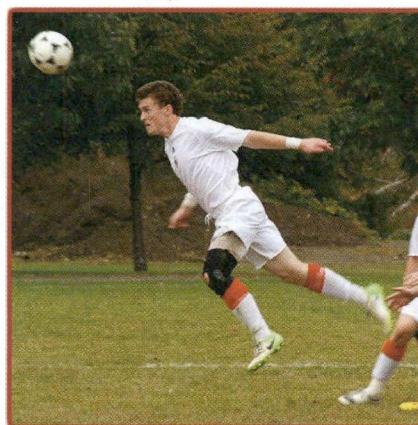
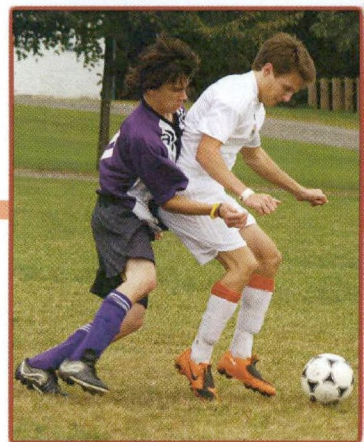
In our traditional first game against Tilton, we managed to hold it to 0-0 at half and lost 3-1 with our untested backup goalie in nets. Not bad for our first game. We then strung 7 wins in a row over the next 30 days, including an exhibition win over Northwood and 6 league games where we beat all of our opponents twice. Next up was the CAIS tournament at Ridley College in St. Catharines, Ontario. We won 2-1 against CS, tied RSGC 0-0, and lost 2-0 to ASH, making middle 8 of the 20 teams. We then met Saltus Grammar from Bermuda in the quarter-final and lost 2-0, and met RSGC again and lost 1-0 in the weirdest game ever... with a red card to a player sitting on the bench! Our problem was offence that weekend, as two goals in five games will not take you far enough.

After that mild setback at CAIS, we needed to do some card management and get other players in games to have everyone eligible for the playoffs. In the three final league games, we beat MV and AG, but lost 3-2 to last-placed BCS in the final regular season game. (We played a reduced line-up in preparation for the playoffs yet still dominated, scored early, had another called back, they tied, we took the lead, but then they got two goals in the last five minutes to win...second half chances:goals ratio SC 14:1, BCS 3:2.) We finished 8-1 in regular season league play and won the league championship banner. In the playoffs, we beat BCS in the semi 4-1 and Galt in the final 3-0 to complete the double and retain the playoff trophy.

Our main issue this year was clearly goal scoring: we out-chanced our opponents all the time but could not buy goals. Our overall stats this year were: 18GP, 12W, 5L, 1T, 39GF, 15GA, 9SO... compared to last year's team, we scored 15 fewer yet allowed 4 fewer goals in 2 more games. We played fine soccer with beautiful build and some great team play. In terms of discipline, we were very also very good. Thanks to the departing players for their effort and leadership. Congratulations to all on a very successful season. Thanks to coaches Standage and May for their help this season.

Memories: Mr. May's flying shoe, Mr. Standage's camo cap, Eduardo's IGA team bag, Maritimes + Derby, and the special ref we had for three consecutive games at CAIS!

- Coach Simard



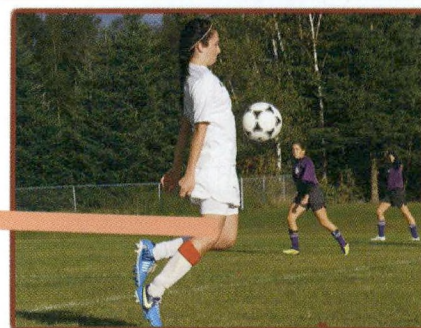


SENIOR girls



(Front) Jessica Tomeo, Tiffany Hsu, Jenna MacDonald, Olivia McGuigan, Johanna Bosch, Catherine Quirion, Noémie Abdo, Moumena Ali, Emily Norris, (rear) Coach Van Dyke, Alejandra Quintero, Paulina Marquez, Valentina Santillan, Julia Gilpin, Asia Wisco, Paulina Guerra, Rebecca Watson, Daphney Ducharme-Roy, Kellyane Lecours, Coach MacIsaac

ETIAC LEAGUE CHAMPIONS



SOCCER



Senior girls soccer won a lot of games in 2012, playing 19 times and losing only twice. Twice! And not only did we win, but we won convincingly, scoring 62 goals while conceding only 16. The best part about all this winning was that Stanstead College captured the coveted ETIAC league banner for the second consecutive year. The bad news is that one of our losses cost us the ETIAC playoff trophy (a 2-1 injury-riddled defeat to Galt), and the other loss kept us out of the CAIS final (a heartbreaking 2-1 semi-final where we allowed two soul-crushing goals in the last four minutes of play).

But years from now when I look back on this season, my first memories won't be of wins and losses. Instead, it will be the style we played, because the 2012 Spartans played truly BEAUTIFUL soccer. In fact, by the time we hit our midseason stride, we were passing and controlling the ball better than any Spartan team I've ever coached AND better than any team we faced all year. Why were we so good at possessing the ball? It would all start with Kellyane and Asia winning the ball in the midfield, and then using their impressive ball skills to beat opponents and create space. From there the ball would either go up to the strikers or out to the wings. The strikers (Olivia, Tiffany and Daphney) became proficient at playing with their backs to their opponents, winning/holding the ball, and laying it back. And our wings? It was almost unfair what Jenna and Catherine could do to their opponents in those one-on-one situations out wide. These six positions, backed by a constantly improving goalkeeper and defence (led by Rebecca), would basically force other teams to chase us around the pitch. And unlike many possession-style teams, everybody could finish – in fact, those 62 goals were scored by no less than 9(!) different players.

Come to think of it, given the fact that we were never outplayed all season, not once, we were actually a little unlucky to not win everything in 2012. Ah well, that's soccer. And given that most of this talented team is returning next year, it gives us a clear goal for 2013 – ETIAC banner, playoff trophy and CAIS championship. All in the same year. High expectations? Yes. But for this impressive group of athletes, if we work hard enough, the sky's the limit.

For those graduating, thank you for everything you've given to the program. For those returning next season, get ready. We're aiming high. - Coach Van Dyke



Our first game of the season was against Tilton, which is usually a powerhouse, but I guess the adrenaline must have been flowing because the Spartans crushed them 6-1. The next big test was the BCS tournament, where we reached the finals against a great LCC team. The game ended 5-2 but the score was not indicative of how we played. We simply crushed them! LCC rarely crossed our half and we came home with the tournament trophy!

Our next big test came in the playoffs. We played Richmond in the semi and easily won 5-1. The final against BCS was intense. As the game progressed we became more and more confident and began to control more and more of the play. Not only that but all of the subs got into that game and contributed to that win.

Not many teams can say that they've never been beaten, but it wasn't all of the wins that I'm going to savour from this season. It was moments like:

- Jordan Norris's throw in
 - Thomas Hayden-Lefebvre's voice
 - Eric Tang's amazing header
 - Charles Fall's goal dance (PSY – Gangnam style)
- There's a saying that goes, "Hard work beats talent when talent doesn't work hard." I'd like to add a little more to that. When talent works hard they are unstoppable! Great season, guys!

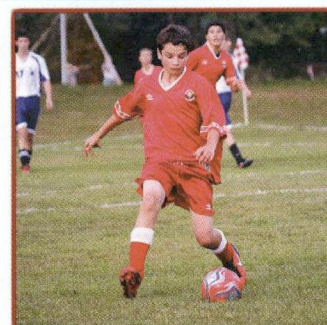
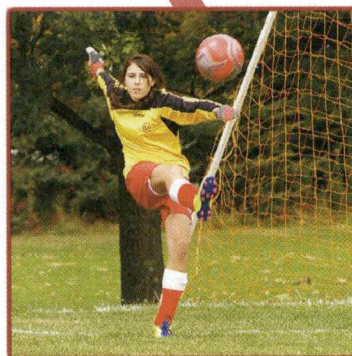
-Coach Bridgeman

UNDEFEATED CHAMPS!



(Front) Thomas Hayden-Lefebvre, Martin Siu, Jose Arturo Iza Pepping, Jordan Norris, Connor Fletcher, Luis Emilio Gil Gonzalez, Ben Smith, (middle) Coach Jimenez Leon, Anthony Re, Frederic Foulem, James Zanca, Patrick Wustrow, Emiliano De Las Fuentes Eslava, Ryan Fletcher, Ricardo Lopez Raupach, Coach Bridgeman, (rear) Mouhamed Charles Fall, William Lebel, Ben Clermont, Gonzalo Gorrido Toledo, Nicolas Guerrero Zacarias, Francisco Javier Colas Baeza

JUNIOR BOYS



JUNIOR girls

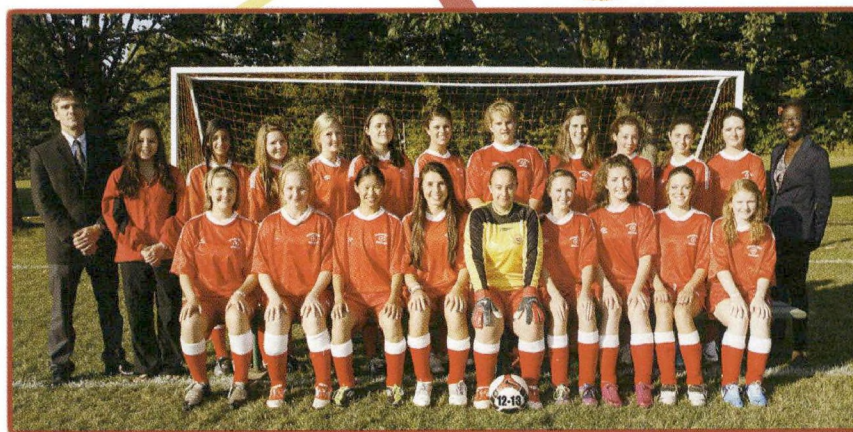
It's rare for me to write a yearbook article so far after the deadline (sorry, Mr. Murray). I am sitting here, the month is February(!) and I have no idea where to begin because sooo much time has passed. OK. Solution. Re-read all my game write-ups....

Just finished. That was awesome. Just gotta say. I should make copies for all of you. So many memories come flooding back from what was one of my favourite coaching seasons. You guys were great to coach. One of the lines from our first games against MVR: "We are starting to believe in each other... the scores don't matter... the believing does." We lost that game 1-0. A week later, we beat them 2-1 on their bantam field (really small), which helped us a lot because we played positionally perfect. We knew the playoffs would be close. Do you remember the semi-final? That was our final. We all knew it. There was no real way we were going to beat Galt after that game. We were done. We gave everything. This was the game that was a little out of our reach, on a huge field (BCS senior boys field). We rose to the occasion. We won in spectacular fashion in overtime. Hey, that makes us the second-best team in the league. I hesitate to say that this was the game that defined us, because games don't define us. What defines us is: our attitude during long practices, bus rides, having each other's back, no drama, sisterhood. You guys did that all season long and you should be proud of how you defined yourselves.

I want to thank Coach D in her rookie season, who will be amazing for years to come, and Captain Mady, who through her actions, like stepping up to play goalkeeper (how good was she?), set a fine example for us to follow.

Remember my speech? "Be like Mike." I want all my future teams to be like you. I will remember this team. Thanks for the pinny :-). You know I love it almost as much as you guys do.

- Coach G.



(Front) Susannah Wolfe, Geneviève Quirion, Sarah Savoie, Madysen St-Pierre, Elsa Roy, Lyanne Carruthers, Erin Butler, Ashley Langevin, Alissa Bissonnette, (rear) Coach Grenier, Andrea Tanguay, Sagira Segovia, Sandy Bedard-Lothrop, Julia Rathje, Natalia Flores Bringas, Jimena Trejo Suero, Sadie Smith, Estefania Colas Baeza, Ursula Mendoza Fernandez, Odette Tarne Jacobo, Fernanda Cortina Escalante, Coach Diagana. Missing: Sophie Blair



(Front) Anna Thinphang-Nga, Elizabeth Gaudreau, Mya Daigle, Maria Rodriguez Díaz, Montana Kitchen, Kayla Ouellet, Mimi Girard, (rear) Coach Smith, Rachelle Bergeron, Chloe Van Dyke, Maude Migneault, India Kitchen, Coach Reynolds

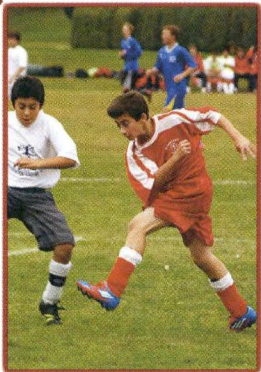
With 11 players, this is the first time in several years we have had a full team. If you were to count the bantam-aged girls in the school, we had them all. Number-wise we were definitely at a disadvantage. But that did not stop us. We are Spartans! Now, just because we had 11 does not mean we always practiced or played with 11. Concussions, shin splints and bad knees meant that many games were played with 10 or even 9 players on the field. And by the way, only once did the opposition put the same number of players on the field. Did this hold us back? No way! Remember: we are Spartans. We were fortunate to have a core group of experienced players who led by example. Our novice players all learned and improved as the season went on, with each one of them becoming skilled soccer players,

all of whom contributed to the team effort. Last year, we got thoroughly thumped in most games and did not even score a goal until the end of the season. This year was different. We scored not one but two goals in the very first game and we actually WON the game! Overall, we had an excellent season with a record of 4 wins, 4 losses and 1 tie. We scored 19 goals and had 23 goals scored against us. Not bad for little old Stanstead. Great season, girls. You played your hearts out and left it all on the field. You supported and encouraged your teammates, picked up the slack when someone struggled and did it without complaining. Yes, you ran a lot, but remember you never once got subbed. You needed to be in shape. We sincerely hope you enjoyed the experience and that you will all be back to play next year.
- Coach Smith and Coach Reynolds

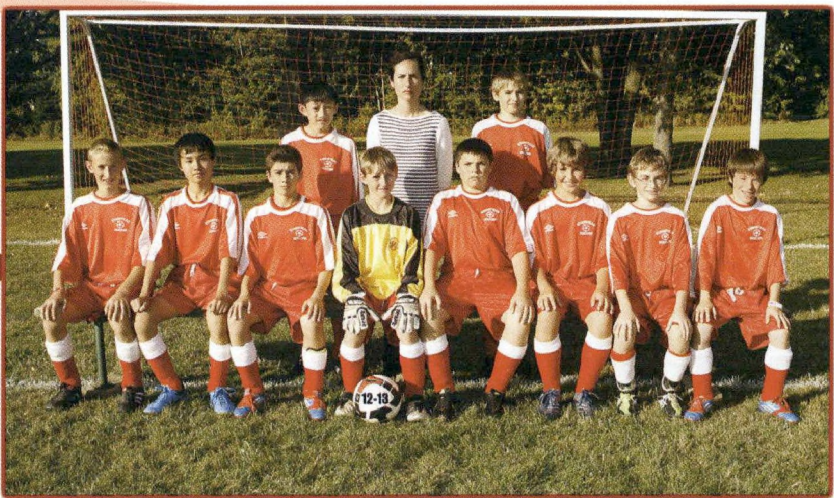
BANTAM girls

BANTAM boys

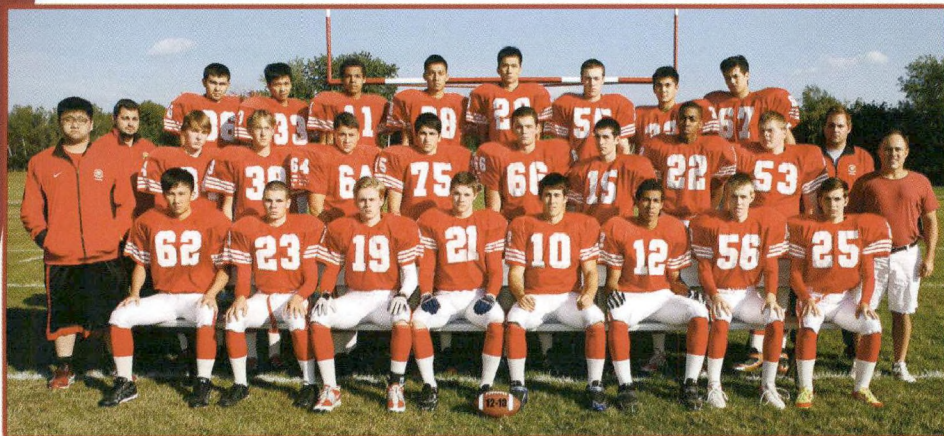
SOCCER



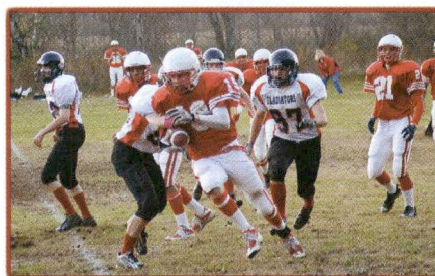
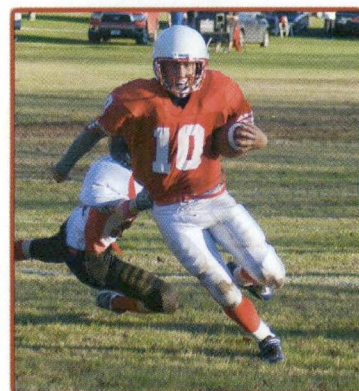
"The strength of the team is each individual member. The strength of each member is the team." - Phil Jackson



(Front) Marco Cavalleri, Yuuki Hara, Andrew Stevens, Will Huckins, Maxime Bourque, Thomas Abbott, Auston Plotkin, Jacob Ducharme, (rear) Paul Teng, Coach Langlois, Daniel Dumont



Back: Alex Cooper, Junwen Zheng, Liam Buck-Thompson, Marco Siu, Roger Peng, Andrew Donaldson, Robert Meisner, Mohamed Gamal Hassan
Middle: Coach Bembenek, Robert Allan, Moritz Schaefer, Nicholas Burleson, John Perretta, Mark Price, Jasper Korican-Barlay, Dylon Riley, Jacob Hochstrasser-Borsari, Coach Thompson, Coach Philip
Front: Eric Shi (manager), Justin Wong, Sebastien Bleau, Conor Rankin, Landon Gareau, Alexis Routhier, Jordan Buck-Thompson, Rhys Davies, Ray LePabie



At the beginning of the season we had 28 young men with a wide range of experience, but most importantly, they were all willing to learn and improve. We were able to insert a wide variety of offensive and defensive sets using our high degree of speed and agility, while choosing to avoid running up the gut of the defensive line. In other words, we did not have enough heavy players on the line, so we used the speed of our fastest players to run outside most of the time.

We were plagued by a series of unfortunate injuries, but a very committed 12 players stayed on the field for the entire game on several occasions this year. Outstanding, to say the least. The team did experience some trying moments, as some players found it difficult to fully commit themselves to the rigour and intensity needed to be a successful football team. At the end of the season, it was very clear that in the game of football, commitment and success do in fact go hand in hand.

Our 4-2 record was impressive given the relatively small number of players this year, and all players should be very proud of themselves.

Memorable points of season:

1. When playing games away from the school, the coaches will not miss Mo's never-ending desire to get back to the student centre as soon as possible, claiming that all of his girlfriends are waiting for him.

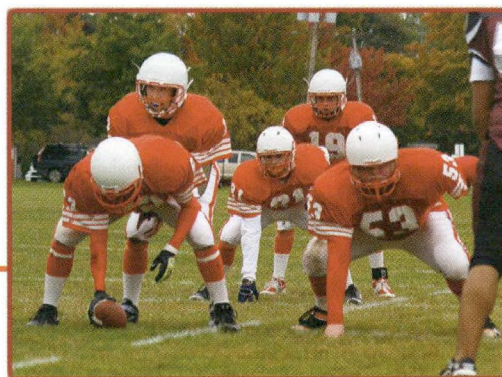
2. While playing at Trinity College School in Port Hope, Ontario, Coach Bembenek whispered the next offensive play to Junwen and told him to go into the huddle and tell Alexis, our quarterback. Junwen was happy to be given the opportunity to go in for a play but unfortunately screamed out the play to Alexis, which resulted in a few laughs on both sides of the line of scrimmage.

3. After a loss to the Berlin Gladiators in September, the Spartans realized that there was a need to increase the level of intensity on the football field. The boys did just that by winning the next two games against Berlin, a team with 37 players.

Unfortunately, the 50th anniversary battle for the Senator Howard Trophy did not materialize this year, since BCS could not muster up enough of a team to match the preparation and tenacity of the Spartans. Unfortunately, this trophy currently sits in the wrong trophy case at the wrong school.

- Coach Philip

FOOTBALL



VARSIITY



Back: Jakob Goettke, Coach Prevost, Christof Goettke, Malcom Wood-Downey, Rory Butler, Samantha Rhainds, Christian Villeneuve, Catherine Turcotte, Lou-Henri Scaire, Chrysantha Gull, Daniel Lee, Jack Liu, Pranav Darshan, Jacky Huang, Da Fu, Felix Zheng, Kevin Wang, Adolfo Tolentino, Liam Gribbon, Yilin Zhu, Elizaveta Perevezentseva, Crystal Yin, Yuan Liu, Coach Ross; Middle: Nayla Al-Ajami, Monica Magdub, Dian Yu, Clara Turcotte, Justine Gelinas, Tony Wu, Alexandr Gapich, Samuel De Grace, John Wood-Downey, Aika Yamashita, Vicky Liu, Daniela Ojeda, Eva Hou, Ian Kemp, Chris Koo, Bob Chen; Front: Jacqueliine Zhang, Pilar Bifaretti, Regina Castilla, Tudor Margarit, Xavier Koontz Miller, David Wood-Downey, Jean Baptiste Scaire, Judy Chen, Miko Hao, Bliss Wetchayanwiwat
Missing: Radu Margarit, Marie-Eve Lebeau.

This year, the team had 51 students, probably one of the biggest cross-country running teams in the history of the College. Many of these 51 runners are now in better shape than they have ever been before. They were able to push their limits and their performance got better as the season progressed.

The people who progressed the most during the season are the ones who showed the most resilience, the people who gave their best not only during the races, but also during the practices. In that respect, I want to recognize the leadership of Malcolm Wood-Downey, who led most of the practices and served as a role model for the rest of the group.

Obviously, the podium is reserved to those athletes with high abilities. In that respect, we have to recognize the performance of Samuel De Grace and Samantha Rhainds, who were among the first three runners in all the races they participated in, and Jakob Goettke, who did very well in three out of four races.

I would very like to thank and commend all the runners. It was great to work with you, and I am honoured to be one of your coaches.

-Coach Prevost



Cross-country RUNNING

outdoor PURSUITS

Participants: Hamad Alsuwaillem, John Anderson, Chayse Carlsson, Radu Margarit, Alexandra Place, Sina Sarikhani

intra MURALS

Participants: Jose Arturo Mendez Conde, Paul Miller, Li-Ming (Devin) Wang, Yi-Ting (Tina) Wang

FALL ATHLETIC ASSEMBLY.

Asia Wisco



Mya Daigle
Kayla Ouellet
Maria Rodriguez Diaz
Elizabeth Gaudreau

Girls Soccer

Bantam S

Catherine Quirion
Rebecca Watson
Kellyane Lecours



Will Huckins
Andrew Stevens

Boys Soccer

Bantam S



Ryan Fletcher
Emiliano De Las Fuentes
Eslava

Boys Soccer

Junior S

Samuel De Grace
Dian Yu
Malcolm Wood-Downey

Running



Alexandre Coulombe
Shawn Ouellet

Junior S

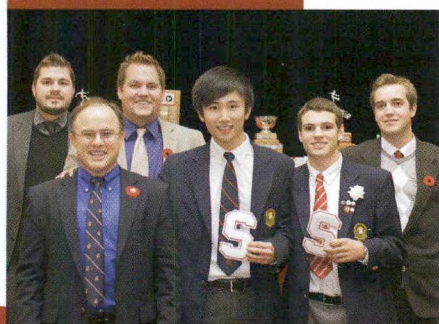
Girls Soccer



Genevieve Quirion
Estefania Colas Baeza
Sandy Bedard-Lothrop
Lyanne Carruthers

Senior S

Football



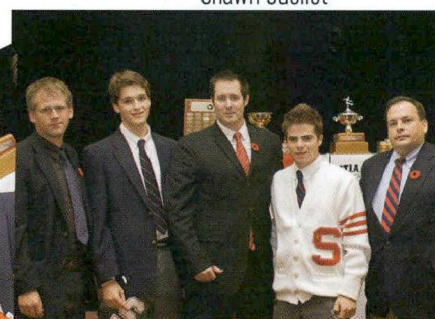
Justin Wong
Sebastian Bleu

Lucas Zwaagstra
Kyle Hume



Boys Soccer

Senior S



major

Alexis Routhier
Jordan Buck-Thompson
Dylon Riley



William Greenshield Trophy for Cross-Country Running: Malcolm Wood-Downey

Bobby Moore Trophy for Senior Boys Soccer & Major S: Stephen MacInnis, Andrew Norris

Merle Griffin Trophy for Senior Girls Soccer & Major S: Jenna MacDonald

W. A. Ketchen Trophy for Football & Major S: Landon Gareau, Conor Rankin

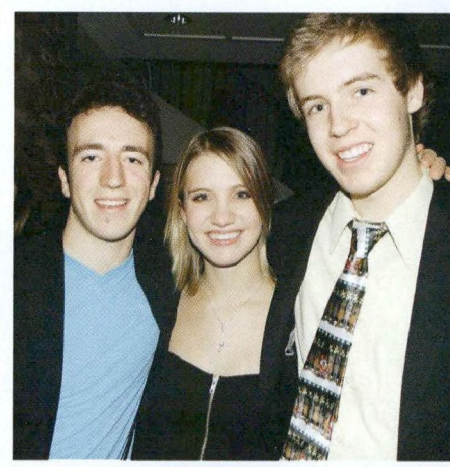
Winter Activities



Kellyane Lecours

Kellyane Lecours

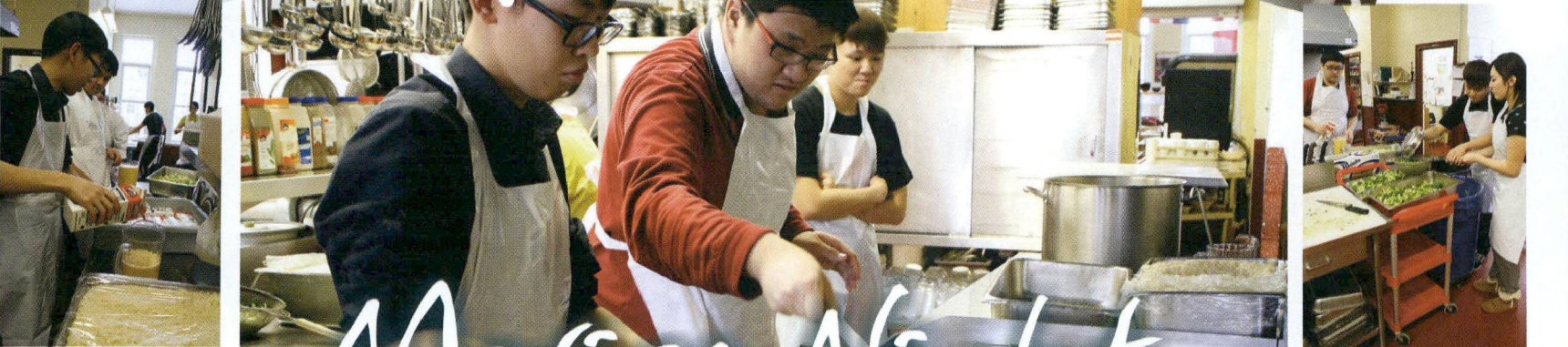
Christmas Dance



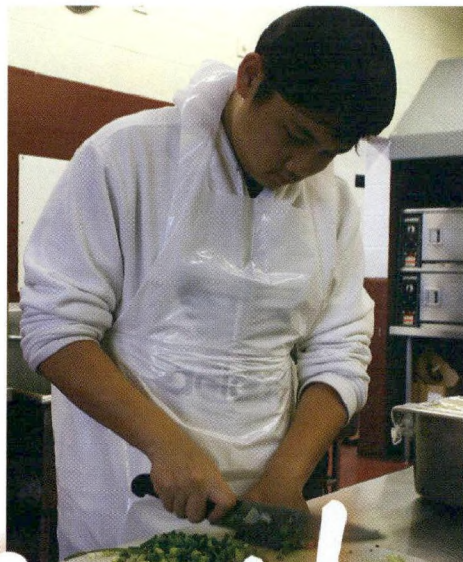
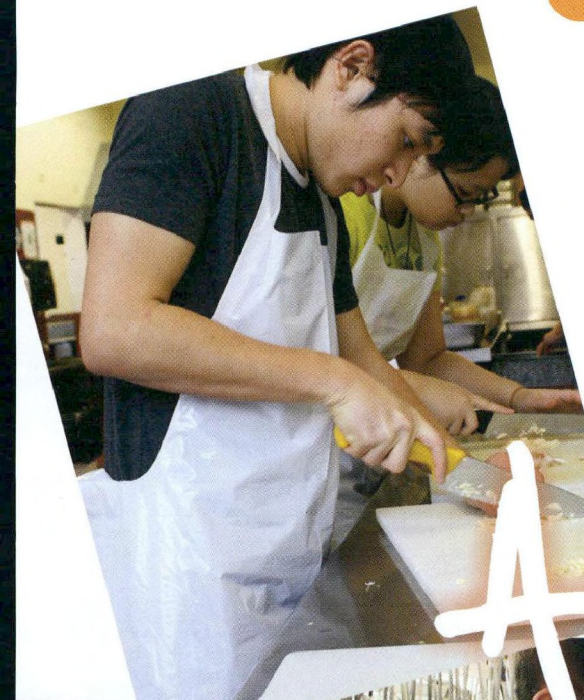
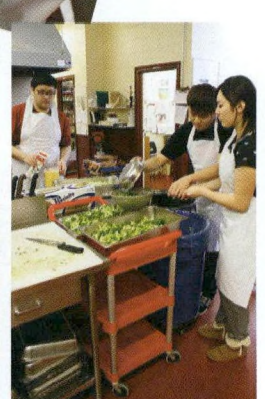
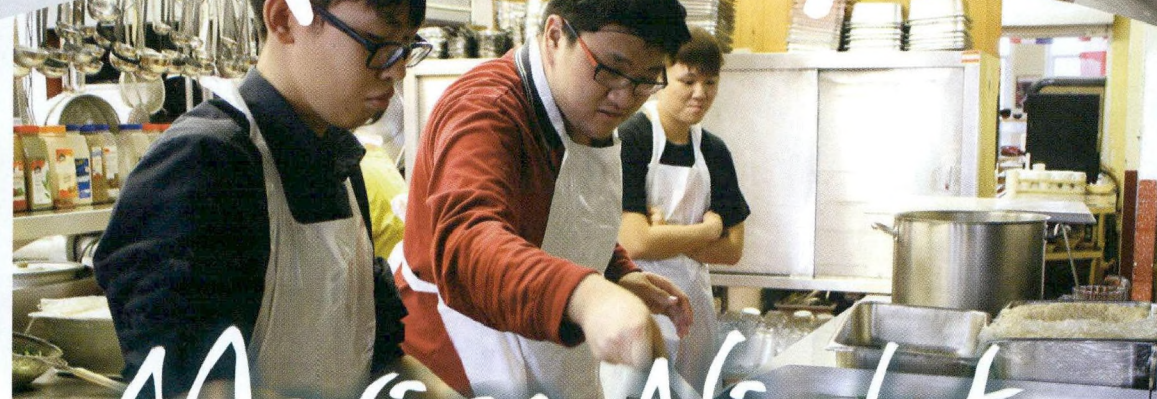
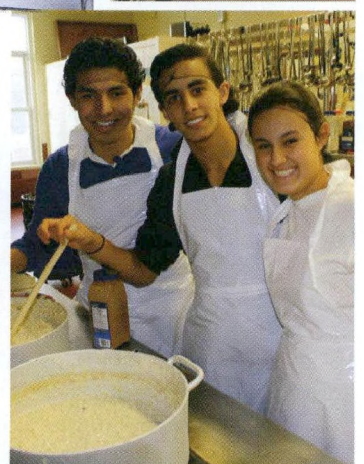
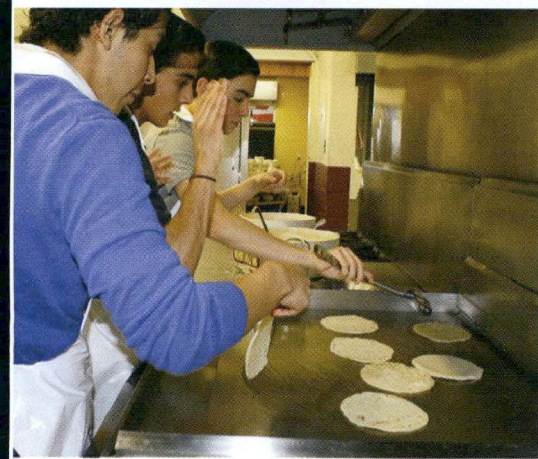
Multicultural Week



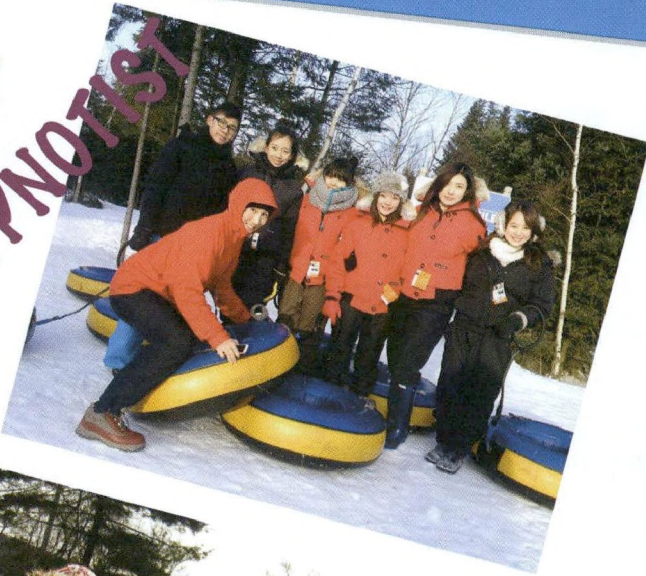
Asia Night



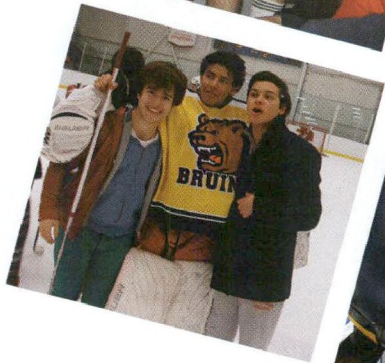
Mexico Night



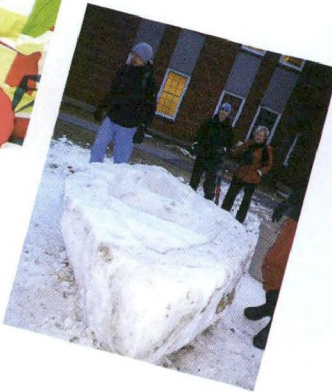
#TUBING! #SKIING! WINTER



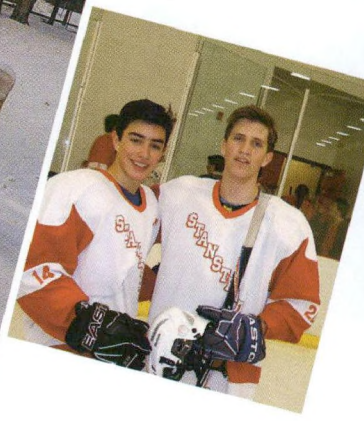
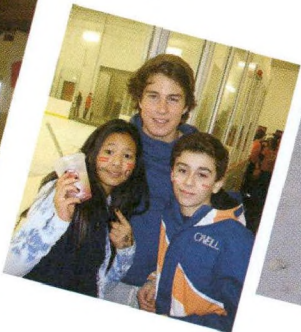
HYPNOTIST



@prefects2013 win #staff-prefect
#broomball 6 to 2 #freedress



#PYJAMA DAY!

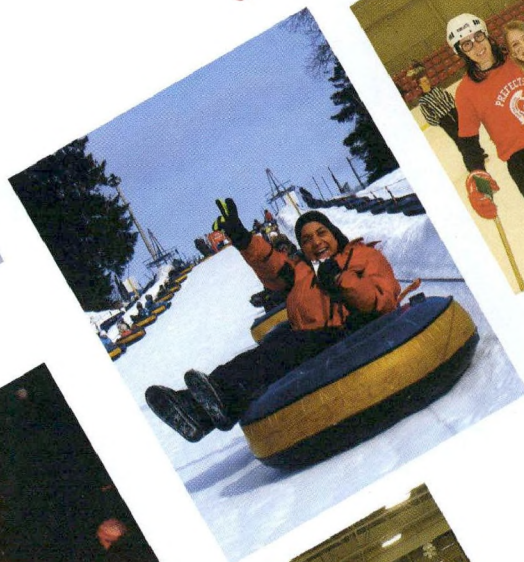


CARNIVAL

#SUPERBOWL PARTY!

#SNOW SCULPTURE!

#BROOMBALL!



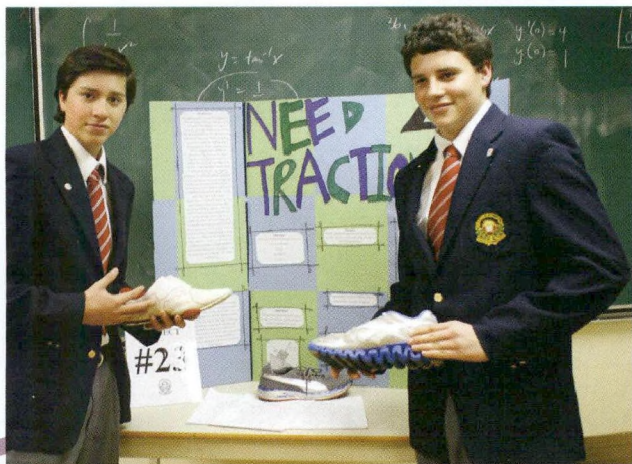
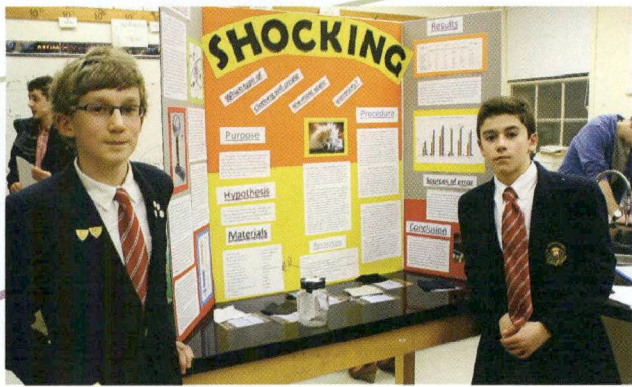
#COOKIES!



#Hot Chocolate



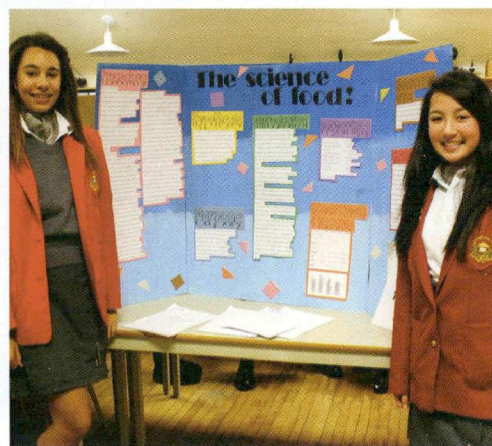
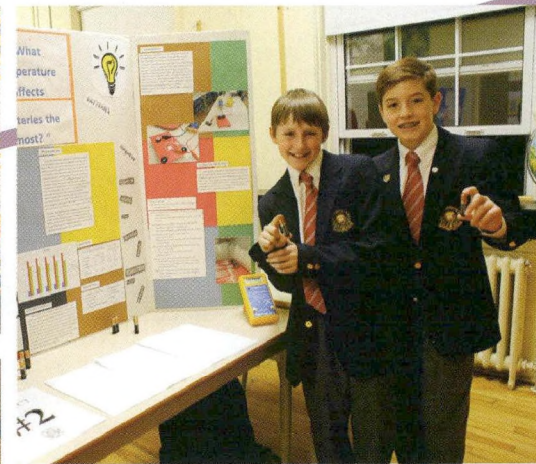
Jr Science Fair

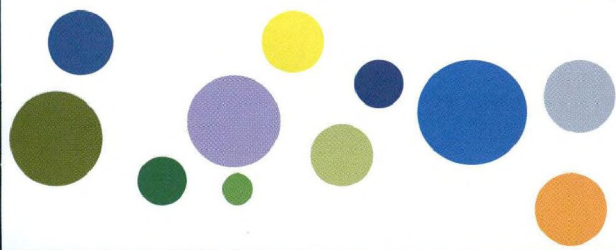


7th Grade: 1st Will Huckins & John Wood-Downey 2nd Chloe Van Dyke & Anna Thinhpang-nga

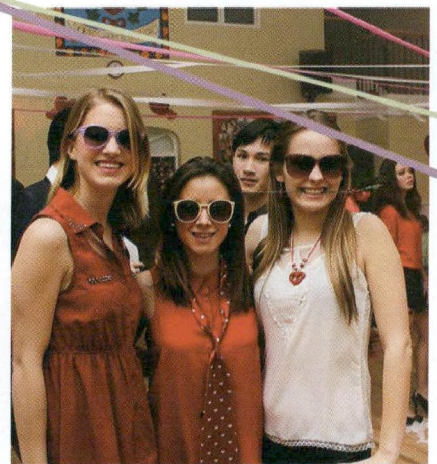
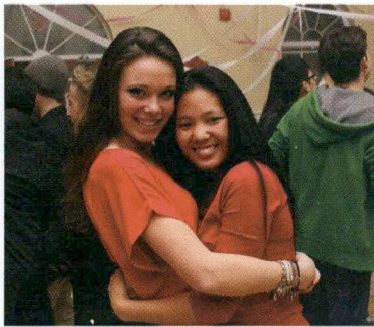
8th Grade: 1st Samuel De Grace & Andrew Stevens 2nd Estefania Colas & Odette Tame 3rd Thomas Abbott

9th Grade: 1st Ben Clermont 2nd Sadie Smith 3rd Liam Buck-Thompson & Will Lebel

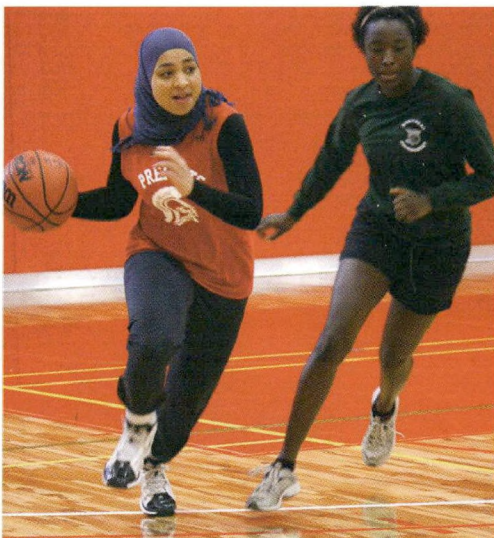
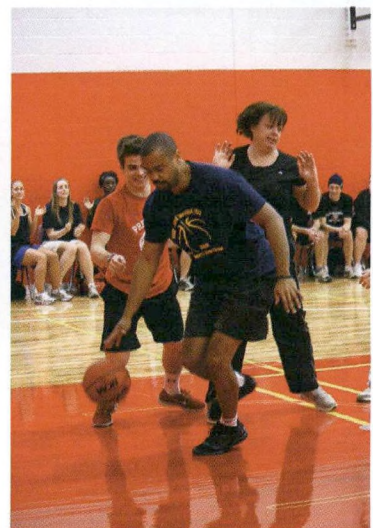




Valentine's Dance



Staff -Prefect B'ball



Teachers win #landslide
@prefects2013 Anyone for
#softball?

Cafe Cappuccino



G & Dyke
The Gambler - Kenny Rogers

Bob, Felix, Malcolm
Dust in the Wind - Kansas

Jake B & Jake G & Xave & G & Aika
Collide - Howie Day

Monica, Dyke, Mendieta
Love Story

Tiff & Dian & Miko & Dyke
6-Song Mashup - Various

Jo B, Genny Q, G, Dyke, Mr. Fraser
Ho Hey - The Lumineers

SC Glee Club
Africa - Toto

Nat & Mr G
Angel

Sophie, Rob, Liam, G, Felix
Yellow - Coldplay

Felix & Malcolm
Wish You Were Here

Xave, Rob, Ms Elle, Jake B, Sophie
Home - Edward Sharpe & The Magnetic Zeros

Robert Meisner
2 songs

Ms G, Jake B, Liam G, Sophie, Mr G
Skyfall - Adele

Nat, Bob, Paul, G, Dyke
If I Die Young - The Band Perry

Jime & Sophie
The Cup Song

Fernanda, Ms Elle, Daphney, Luis, Mr G
Je l'aime à mourir - Francis Cabrel

The Lady Killer Da Fu
Pirates of the Caribbean Theme Song

Ashley, Pau, G
Bad Romance - Lady Gaga

Jake G & Lou & Paul J & Mr. Mendieta
Samba Pa Ti - Santana

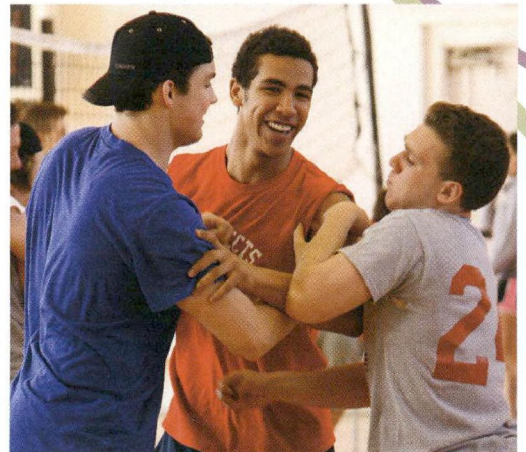
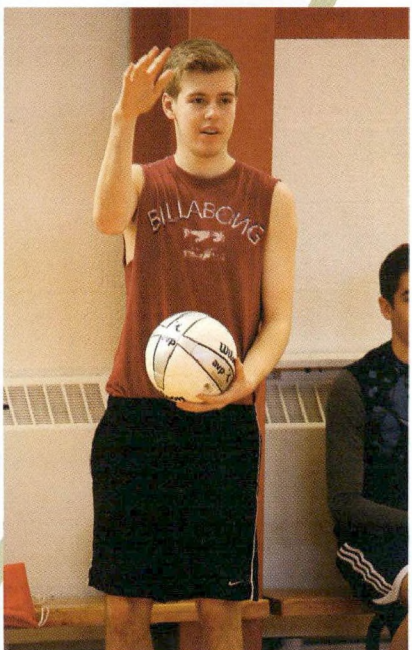
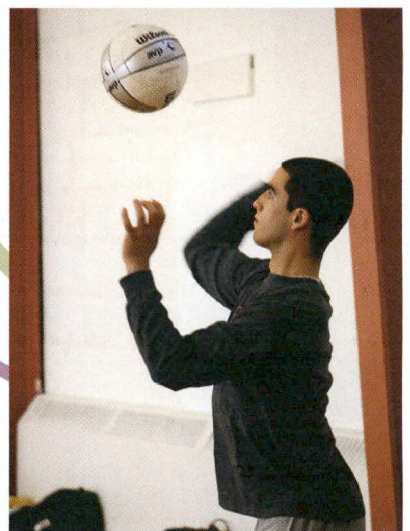
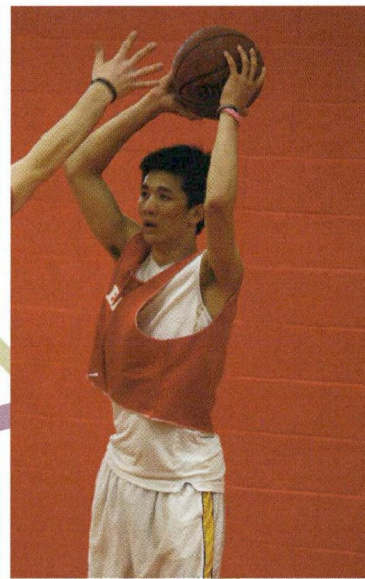
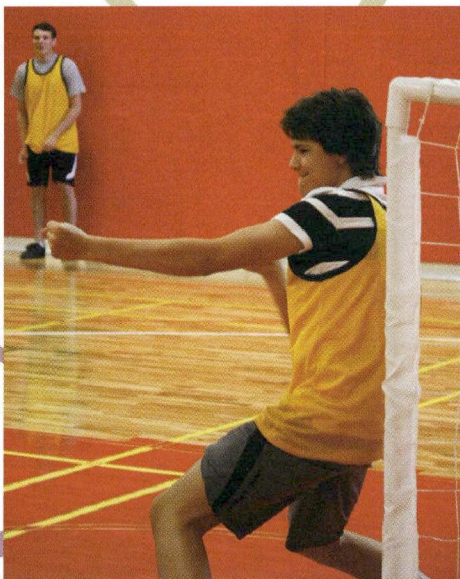
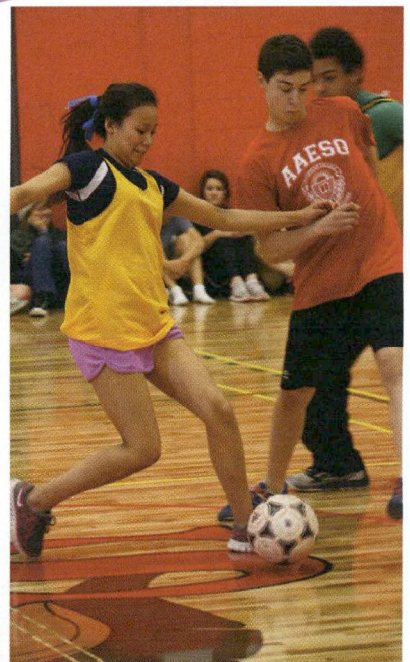
Emily, Becca, Fred, Pau, G, V Swift
Mean - Taylor Swift

G-Dyke ProductionsTM feat: Ashley, Pau Guerra, Paul J
Brighter Than The Sun - Colbie Caillat

Da Fu, Bob, Aki, Pau G, Aika, John A
Croatian Rhapsody - Maksim Mrvica



All Campus #1





(Back l-r) Cody Bean, Anthony Re, Jasper Korican-Barlay, Max Hopper, Andrew Donaldson, (middle) John Perretta, Simon Brosseau, Frederic Aubé, Jordan Buck-Thompson, Cedric Charbonneau, Alexandre Coulombe, Mark Price, Conor Rankin, Tony Linderson, Hunter Lively, Spencer Martin, (front) Frederic Foulem, Coach Thompson, Coach Robinson, Jason Brochu, Nicolas Beaudin, Lucas Zwaagstra, Landon Gareau, Stephen MacInnis, Coach Rioux, Shawn Ouellet, Rhys Davies



The season began with high expectations considering we returned a strong group of veterans and welcomed outstanding new recruits. However, our start to the year was perhaps slower than many would have liked. Despite this, the team rallied after the first MPHL weekend in Burlington and all seemed to change around the Lawrence Academy Jamboree date. In fact, the second half of the season was really remarkable, for the team had an outstanding showing at the Tabor Tourney, made it to the finals at the St. Francis Tourney and Stanstead Invitational, while also playing excellent hockey at the Northwood Tourney and MPHL final divisional weekend in Calgary at the Edge School. The highlight of the season was without a doubt the manner in which we improved and peaked at the appropriate time during the MPHL Playoffs at Gilmour Academy. After winning a play-in game 3-0 vs Rice, we moved on to upset first-place Gilmour Academy 3-2 in the third OT. We then faced an outstanding St. Andrew's team in the semi-finals. After falling behind 1-4 early, the team never quit and came back to bring the game to 3-4 with 10 minutes left, only to run out of time. It was an outstanding effort and the team then capped it off with a 3-2 win the next day over Ridley College in the Consolation Final. All in all, the season record was 32-28-1-2. The team played in numerous Canadian provinces and US states, while also getting to skate and visit first class facilities at Harvard, Brown, St. Lawrence, and Middlebury College, not to mention a wonderful trip to Europe, visiting parts of Germany and the Czech Republic.

I would personally like to thank every single member of the team for giving your all and carrying yourself with the utmost professionalism throughout the season. The rigorous travel, compact schedule, and balancing act of keeping up your academics with your love for hockey, is something you all did exceptionally well. I hope you take away positive memories from all the practices, home game crowds, bus trips, flights, and amazing opportunities you all had to play prep school hockey. You are all fine young men and it was an absolute pleasure to have been your coach.

I wish all the seniors the very best in your future endeavours at university and junior hockey. In particular, I would like to thank the captains for being tremendous leaders and role models. All of you will be missed, but remember that you are Spartans forever and welcome back anytime. To the underclassmen, I thank you for all of your efforts and look forward to welcoming you back next year to carry the red and white torch forward. Lastly, I would like to thank Mr. Robinson and Mr. Thompson for being such great coaches to work with throughout the past year.

-Coach Rioux

"We are what we repeatedly do. Excellence, then, is not an act, but a habit." - Aristotle



VARSITY boys





(Back l-r) Alissa Bissonnette, Kellyane Lecours, Samantha Rhainds, Elizabeth Gaudreau, (middle) Chrysanthia Gull, Catherine Turcotte, Gabriela Zitnanska, Rebecca Watson, Genevieve Quirion, Marie-Eve Lebeau, Alexandra Place (manager), (front) Tiffany Hsu, Coach Ross, Jenna MacDonald, Olivia McGuigan, Catherine Quirion, Justina Gelinas, Daphney Ducharme-Roy, Coach Bridgeman, Elsa Roy



This was a very tough season. We faced a lot of adversity throughout but it pushed us to want to be better. We started the season with three lines of forwards and two sets of defence. However, within the first month and a half we hardly had enough players to put together two lines of forwards and two lines of defence. We played at least half our season with two lines, where every shift of each game the girls played to exhaustion. How is that sustainable? Truthfully and scientifically, it's not. You get tired, you put in less effort, and you look at your teammates to do the work for you. At times that happened but on the whole, the girls gave it their best. Even though they may have been exhausted to the point of dizziness, they kept playing hard, and because of that, along with the memories that were made, we had a great season.

We played against some of the top teams in North America, and not only did we fair well, we beat some of those teams, with half the amount of players they had! Our final record for the year was 25 wins, 3 ties, 3 overtime losses, 21 losses in regulation time.

My message to the players, though, is not only to make sure you put every effort into practice and games that you can but also to remember that you love the game and, even when things don't go your way, to have fun. Enjoyment or positive reinforcement is a much more powerful motivator than any negative reinforcement. When the girls truly had fun we played our best hockey. We played as a team! Everyone was thinking about the player next to them and how to make them have fun which translated into something beautiful to watch. I remember goals where every player on the ice touched the puck! When not one person stood out on the ice because every player did! These are times that I will never forget. I hope the girls will remember winning as a team and being excited to be on the road with one another. It's the small things we take away from a team like this, we became family and we have those moments that make us chuckle. I think we bonded a lot, especially in the last few weeks of the season. I know it was long, exhausting and very demanding on all of us but I was sad to see it end.

- Coach Bridgeman



HOCKEY



GIRLS

We had a great year with the cross-country ski group, the participants ranging in expertise from never having seen snow to racing phenomenon. We began the year with "dry land training," which sometimes means hiking up mountains and other times it means we go for ice cream. After Christmas break we were able to get on our skis and begin some serious work. The students took to skiing as though they'd been born with them on their feet. We skied on frozen rivers, skidoo trails, down gravel pit hills, and around the campus fields.

The participants had lots of snow and good weather for skiing, and two participants were able to join in the Craftsbury Marathon this year, Pisit Wetchayanwiwat and Xavier Koontz-Miller. Congratulations to all on a great season.
- Coach Wilkinson

Pisit Wetchayanwiwat, Yuan Liu, Sina Sarikhani, Robert Meisner, Coach Hennequart, Sarah Savoie, Kevin Wang, Sagira Segovia, Akimasa Takeda, Tina Wang, Sasha Gapich, Peng Yi Huang, Tony Wu, Ian Kemp, Fernanda Cortina, Sophie Blair, Paul Teng, Sam De Grace, Coach Beaupre, Xavier Koontz-Miller, Hamad Alsuwailem, Coach Wilkinson, Chayse Carlsson. Missing: Jose Aparicio, Sandy Bedard-Lothrop, Layla Lu



cross-country SKIING



For the first time in a long time, we placed second in our league and above Galt and Massey-Vanier, due to the hard work of the 14 swimmers who qualified and earned points. While we spent hours at IROC swimming back and forth and back and forth, we also had moments of relaxation and fun. At our IROC meet, the Mexican girls kept on baptising each other in the therapy pool. How many sins they had to absolve each other of I don't know and don't want to know. At that same meet, Malcolm forgot his bathing suit. Paulina, being a resourceful co-captain, found a pair of swim trunks in the Lost and Found. It was either that or the wedding dress hanging in IROC's thrift shop, so I guess Paulina made the right choice.

While swimming is in many ways an individual sport, we worked together to build a team that not only excelled at swimming but also supported one another. This was very evident at our meets. While the swimmers from other teams would leave as soon as their individual races were over, our swimmers stayed and cheered until our very last swimmer was out of the pool. Regardless of where we placed in the rankings, we were there for one another with dedication, focus, and energy.

Despite the hours of traveling, the coldness of the water, and the excessive amounts of pyramids, everyone stuck it out and challenged themselves to do more than what they could do the day before. When I think of how little some of you could do at the start of the season and then what you could do at the end, I am inspired, and I thank you for it.
- Coach Andres



(Front l-r) Mimi Girard, Johanna Bosch, Natalia Flores, Paulina Guerra, Judy Chen, (middle) Adolfo Tolentino, Paulina Marquez, Maria Pilar Bifaretti, Alejandra Quintero, Vicky Liu, Valentina Santillan, Eva Hou, Coach Andres, (rear) Coach Planetta, Da Fu, Bob Chen, Arturo Ramirez, Radu Margrit, Marco Siu. Missing: Tudor Margrit, Maude Mignault, Eric Shi, Malcolm Wood-Downey, Nicolas Guerrero



SWIMMING



HOCKEY

JUNIOR boys

(Back l-r) Maxime Bourque, Luis Gil, Ricardo Lopez, Thomas Hayden-Lefebvre, Yuh Yoshikawa, (middle) Jacob Ducharme, Daniel Dumont, Christian Villeneuve, Derius Gilpin-Mark, Jakob Goettke, Alexis Routhier, Devin Wang, Jamie Zanca, Marco Cavalleri, John Wood-Downey, (front) Will Huckins, Coach Ross, Coach Thompson, Liam Buck-Thompson, Jordan Norris, Kyle Hume, William Lebel, Coach May, Coach Fraser, Emily Norris, Liam Gribbon (manager)



Let's all remember the reason why we play the game; we love it! Whether we play or coach, something about the game drives us to want to offer something bigger than ourselves to the game. This year was an interesting season to take over as head coach for the JV Spartans but it's something I will never forget, and neither should any member of the team. The coaching staff was dedicated to creating a fun yet competitive atmosphere where the boys could thrive and grow as players. Coach Thompson brought the tactics and edge, while coaches Fraser and Ross brought technical skill development. Mix that together and you're sure to have a winning mix with such young players! It was an amazing season and an amazing team of young men who brought forth leadership on and off the ice, through hard work and mental preparation. This is what truly makes a Spartan. These boys responded through the season with heart, pride and determination – we could not have asked for any more than that all season long.

It isn't about who scores the most goals, who skates the fastest, gets the most points or picks up the penalty minutes. A famous athlete once said: "Even when you've played the game of your life, it's the feeling of teamwork that you'll remember. You'll forget the plays, the shots, and the scores, but you'll never forget your teammates." Of course there will always be those heartbreaking losses and underdog wins that will stick with us forever, but the bonds we form will be some of the greatest relationships in your lives. Everyone will remember the impressions you made, the relationships that you built and those great moments that come along with the game.

One piece of advice I can pass on: love the game so much that you will pass it on to another Spartan who has seen your dedication, work ethic, challenges, and your triumphs... and then that Spartan will, because of you, love the game too...
- Coach May



The students this year were an exceptional group of students. They worked diligently to improve their skills. Mr. Prevost and Mr. Williams were proud of their skill development, competitiveness and remarkable determination. There was laughter, cheers and the crackling sound of the ball in the courts. Special congratulations go to Ryan Fletcher for winning the trophy for best player. "NOW LET ME JUST SAY THAT THIS TEAM AS A WHOLE WAS RESPECTFUL AND KNEW HOW TO ROCK... AND TO ROLL THEY DID THEIR BEST TO SUCCEED..... AND KEPT IT UNDER CONTROL AND NOT FOR A MINUTE... WILL I EVER FORGET TO SAY THANK YOU TO ALL ,...YOU'RE AS GOOD AS IT GETS"

- Coach Williams



(Back l-r) Coach Williams, Mohamed Gamal Hassan, Jacky Huang, Jacob Hochstrasser-Borsari, Abraham Bonilla, Moritz Schaefer, Alex Clermont, Daniel Lee, Ryan Fletcher, Eduardo Lopez, Coach Prevost, (front) Christof Goettke, Clara Turcotte, Julia Rathje, Elizaveta Perevezentseva, Crystal Yin, Dian Yu, Yilin Zhu, Jose Iza. Missing: Mark Guigauri

ETIAC League & Playoff Champs



(L-r) Alexander Cooper, Arturo Mendez, Jack Liu, Roger Peng, Justin Wong, Andrew Norris, Mark Guigauri, Dylan Riley, Tristan Ovesson, Rory Butler, John Anderson, Christopher Koo, Jean-Samuel Couture, Ray LePabie, Coach Bembenek, (front) Dylan Riley



This year's team was an interesting mix of players, some with lots of basketball experience, others with little or none. From the beginning, the team set a goal to be the hardest playing team, to outthrust and outwork opponents in order to make up for this lack of experience. The team accomplished this goal by having a very successful start to their season in which many coaches, referees and spectators complemented the team on its intensity and determined style of play.

In the second part of the season, the senior boys had to withstand rematches with a lot of teams determined to beat them. I am proud to say the team withstood these challenges and found ways to keep improving. Congratulations to all of you for staying motivated to overcome these challenges. At the end of the regular season, the senior boys were ETIAC league and playoff champion, Stanstead and BCS Invitational champions, Cegep de Sherbrooke and Anderson finalists, and Visser Provincial Tournament finalists.

On the way to the Visser, the team encountered another flurry of injuries. It was great to see how players were so willing and able to take on different roles. We also welcomed Mr. Blair to the coaching staff at this time, bringing with him great encouragement and positive energy.

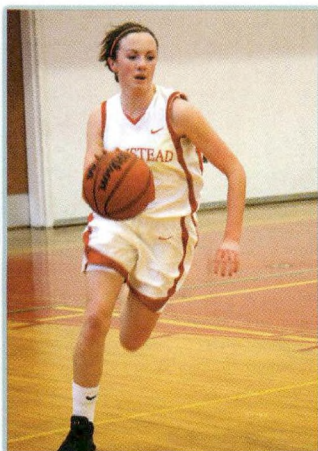
Anybody who watched the final game of the Visser provincial tournament saw a team with seven healthy players take the court against a team that everybody said could not be beaten. For 31 minutes the Stanstead senior boys basketball team won that game playing at a level that far exceeded people's expectations. The talk from coaches, referees and fans after the game was not about the team that won, but about how hard the Stanstead College Spartans played. It was a game I won't forget and I hope the players won't forget either. There is no trophy and no banner that can represent the way you guys played in that game. But these pins will hopefully always help you remember. I was so proud of all of you, and you should be proud of yourselves and your teammates.

- Coach Bembenek



BASKETBALL

Senior boys



(L-r) Coach Van Dyke, Jacqueline Zhang, Aika Yamashita, Noemie Abdo, Erin Butler, Monica Magdub, Asia Wisco, Nayla Al-Ajami, Charly Gilpin, Madysen St-Pierre, Dinah Sam, Julia Gilpin, Lyanne Carruthers, Moumena Ali, Miko Hao, Coach Wolfe, (front) Jessica Tomeo



Before anything else, and on behalf of all Spartans present and future, I want to once again thank Mr. John Mackay for generously providing Stanstead College with a brand new gym. Not only did the addition of the W. John Mackay Gymnasium significantly increase the practice time for all six of our basketball teams but it greatly improved the quality of the practices as well (no more 45-minute half-gym practices EVER AGAIN). Thank you, Mr. Mackay!

And boy, did we ever make use of the extra practice time this season. We had only four players returning from last year, one lone starter among them, and after opening tryouts it was clear we weren't yet ready for senior basketball. But we did have one essential commodity – youth. Out of 14 players (the biggest team I've ever kept), only two were graduating from Grade 12, with a whopping seven (7!) still in Grade 10. This meant that, with so many returning players, we could take the long view this season. We could have a 2- or even 3-year plan. We could truly build towards long-term success.

So that is what we did. We focused on fundamentals and on learning the flow of the game. We pushed early on offence, took pride in our defence, and most importantly learned how incredibly hard you have to work, all the time, to compete at the senior level (kudos to captain and MVP Jessica Tomeo for teaching everyone that lesson every single time she laced up her shoes). This approach worked. First 12 games – 1 win vs 11 losses. Last 22 games – 12 wins vs 10 losses. HUGE improvement. But it gets better, because in the midst of this rebuilding year, the Spartans enjoyed not one, not two, but THREE unforgettable "Disney" moments!

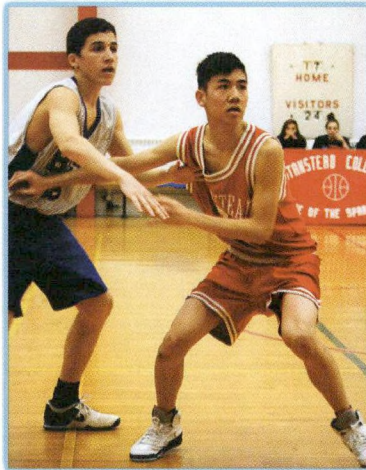
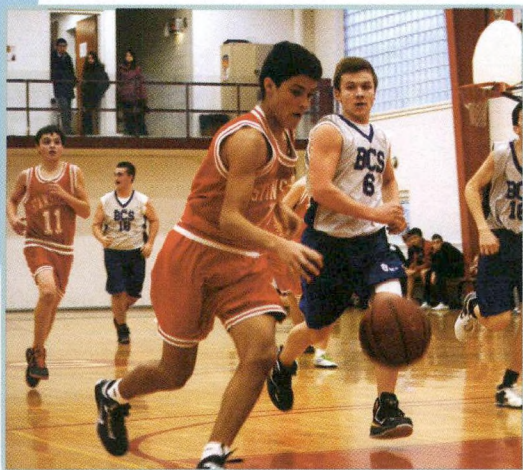
#1 – Julia Gilpin scoring with 0.3 seconds left for a come-from-behind 20-19 win in the finals of the BCS Tournament - unbelievable!

#2 – Madysen St-Pierre hitting the game-winning free throw with 3 seconds left to beat BCS 35-34 in the Baily Semis - crazy!

#3 – And finally, with 8 seconds left, at our own Senior Nite, Lyanne Carruthers draining a 35-footer to upset BCS one more time, 28-26 - ridiculous! (This will henceforth be referred to as The Shot™.) Looking back, I could not have asked for a better season. The girls became better players and teammates, made incredible memories, and best of all we return nine players in 2013-14.

The rebuilding phase is done, ladies. The foundation is set. I can't wait for next year.
- Coach Van Dyke





BASKETBALL

JUNIOR boys



(Back l-r) Eric Tang, Martin Siu, Felix Zheng, Francisco Colas, Emiliano De Las Fuentes, Paul Jaumann, Junwen Zheng, Gonzalo Garrido, Benjamin Clermont, Lou-Henri Scraire, Benjamin Smith, Coach Blair, (front) Patrick Wustrow, Patrice Cialdella

Overall, we had an excellent season, not because of the numbers wins but because we improved so much in every area of the game throughout the year... except one.

In the beginning, we were very weak. We had few who had played organized basketball, and several players who did not know the simplest of rules like three seconds in the key, travel, double-dribble and how many fouls you got before you were tossed out of the game.

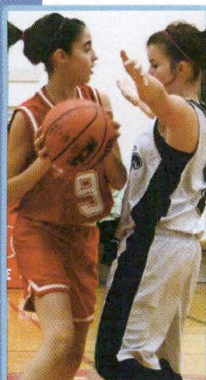
We learned the importance of tough, energetic, tenacious defence. We learned about fast break, transition basketball. We learned to create turnovers that would lead to open, uncontested, fast-break lay-ups. But we could not make baskets. In fact, on one occasion, at a tournament in Montreal, because of our amazing defence, we created 40 open lay-up opportunities, a feat unprecedented in my coaching career... and made 2.

One explanation for this lack of productivity is the yips! Recent research suggests that the yips can be beat simply by clenching your left fist before putting or bowling – or running an open, uncontested, fast break lay-up – can make a significant difference. And yes, it must be the left fist, as the left-hand side of the body is wired to the right hemisphere of the brain – the side that controls automated, repeated processes. Will it work? Who knows? But rest assured, from now on, every practice, game and time-out will begin AND END with good, firm, left-handed fist pump.

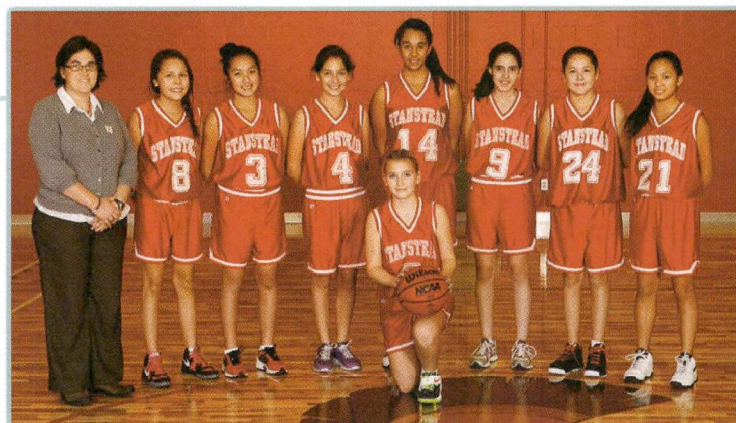
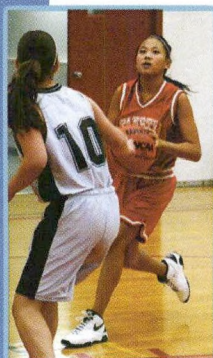
I would like to congratulate all the boys for their hard work this season. - Coach Blair



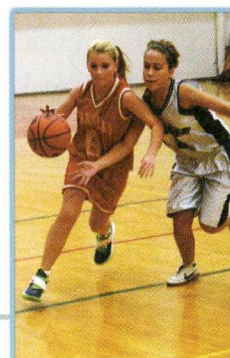
BANTAM girls

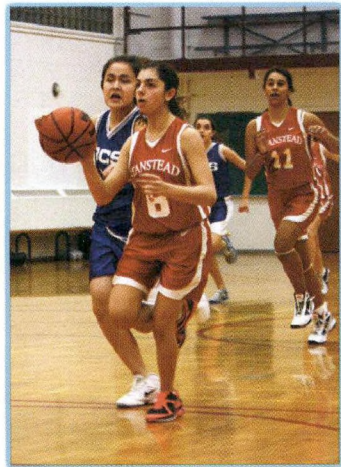


"Miss, are we the best bantam girls team you've ever had?" This was the chorus of our season, and of course there is no answer, but the answer isn't important – what is important is that both you and I felt all season long like this was the best team ever. In fact, I have a number of 'self-ey photobombs' on my cell phone to remember it by. No matter where we went, for games or tournaments, we all had an absolute blast! You will remember important moments like the Montreal Independent Schools Tournament and your new friends, learning new Stanstead cheers, beating the BCS junior team, learning plays, endless games of 21 (did I win them all?) and countless other fundamentals of basketball. You will remember being on time for practice, or else, and the pony-tail whip. And what none of us will soon forget were endless days of playing against and with the bantam boys. I certainly don't remember having a team of girls who loved playing ball so much – and we were so lucky to have the boys to play nearly every single day. Add in a few Tim Horton's days and you have a serious recipe for success. You were competitive to the core – and wouldn't back down from a challenge. As much as I loved watching you improve and show off your skills, I loved watching you play defence even more – as you never stopped going until the final buzzer. When all is said and done, I don't think you will remember the wins (lots!) or the losses (some...) but what you will remember are the laughter and the tears, the scrimmages, the competitions and the road trips. I'll remember that too. Thank you for being wonderful athletes to coach. I hope you will continue just like this. - Coach Hessian



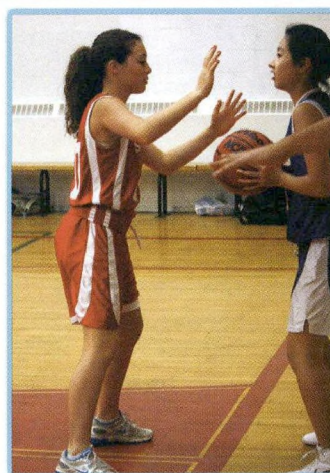
(Back l-r) Coach Hessian, Montana Kitchen, Anna Thinphang-Nga, Maria Rodriguez, Chloe Van Dyke, Rachelle Bergeron, India Kitchen, Kayla Ouellet, (front) Mya Daigle



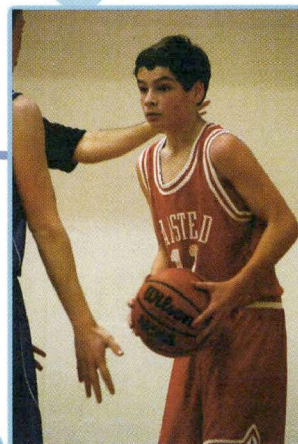
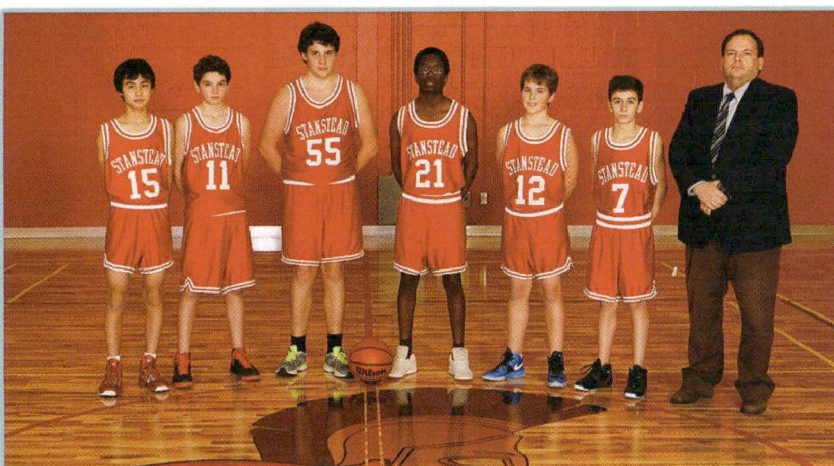


(L- r) Coach Diagana, Odette Tame, Ashley Langevin, Estefania Colas, Sadie Smith, Susannah Wolfe, Jimena Trejo, Regina Castilla, Daniela Ojeda, Ursula Mendoza, Coach Gallant

JUNIOR girls



BANTAM boys



After 25 years of coaching basketball, the last 22 at the senior level, this year would be very different for me coaching the bantam boys team. While the commitment level would be lower in terms of weekends and expectations, it would also prove to be a lot of fun with a bunch of boys who were keen, young and without attitude. The difference was immediately apparent at our first away game at Galt, where I showed the boys the locker room and turned to leave when a player looked at me and said "You're not going to leave us alone in here, are you?" We had Yuuki who liked to shoot and sacrificed his body into the wall to save balls; Nick who dominated smaller players with his size; Thomas with his sense of humour, good shot and excellent screen; Andrew with his cross-over dribbles and good skills; Connor who showed great leadership and skill; Charles who improved the most over the course of the season; JBSG who was a keener until Christmas; and finally Jeffrey who joined us late and whose pivots and screens were memorable. As we were officially over-age, we played exhibition games all season for a grand total of 10 games. Our record was 2-8, but we learned a lot, concentrating on concepts like getting back on D and playing help D. Special thanks to Miss Hessian and the bantam girls. They provided great and positive company on the road, and good competition during practices. I wish all teams treated each other with the respect and camaraderie which these two teams had for and with each other. Thanks to all of the players for their commitment to learn and improve this past season. I look forward to seeing you all continue to grow and mature and become better basketball players each year.

-Coach Simard

(L-r) Yuuki Hara, Connor Fletcher, Nicholas Burseson, Charles Fall, Thomas Abbott, Andrew Stevens, Coach Simard. Missing: Jeffrey Liao, Jean-Baptiste Scraire-Gingras

Winter Athletic Assembly

Trustees' Cup for Swimming & Major S: Judy Chen
E.C. Amaron Trophy for Basketball & Major S: Dylan Riley
Bess Ferguson Trophy for Basketball & Senior S: Jessica Torneo
Girls Hockey MVP Trophy & Major S: Catherine Quirion
Dawes Trophy for Hockey & Major S: Nicolas Beaudin (below)



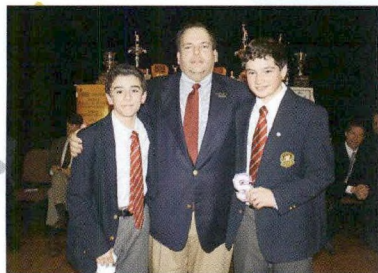
TP

Andrew Norris



bt

Andrew Stevens Connor Fletcher



bb

sr

Justin Wong Roger Peng



Mya Daigle Chloe Van Dyke



bt

jr



Emiliano De Las Fuentes



Estefania Colas

ski



Xavier Koontz Miller Pisit Wetchayanwiwat

jr

bt

sr

Malcolm Wood-Downey



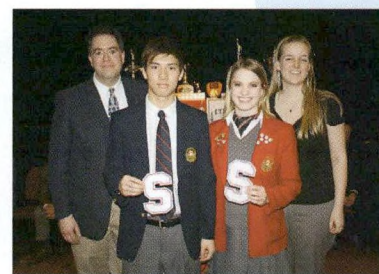
Ryan Fletcher

sq

swn



Natalia Flores Adolfo Tolentino Maude Mignault



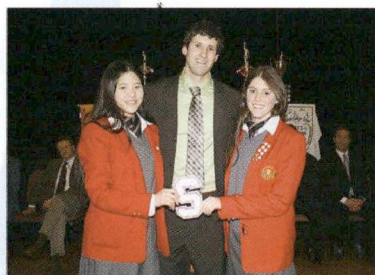
Marco Siu Paulina Guerra

ms

sr



Jason Brochu, Conor Rankin,
Landon Gareau, Tony Linderson



Tiffany Hsu Justine Gelinas



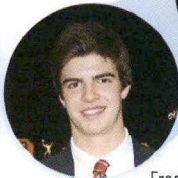
Kyle Hume William Lebel Marco Cavalleri
(Senior S) (Junior S) (Bantam S)

jr

hky



Simon Brosseau



Frederic Aube



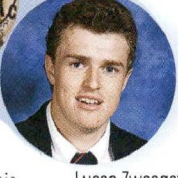
Alex Coulombe



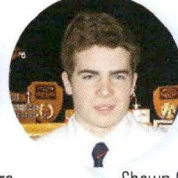
Stephen MacInnis



Jenna MacDonald

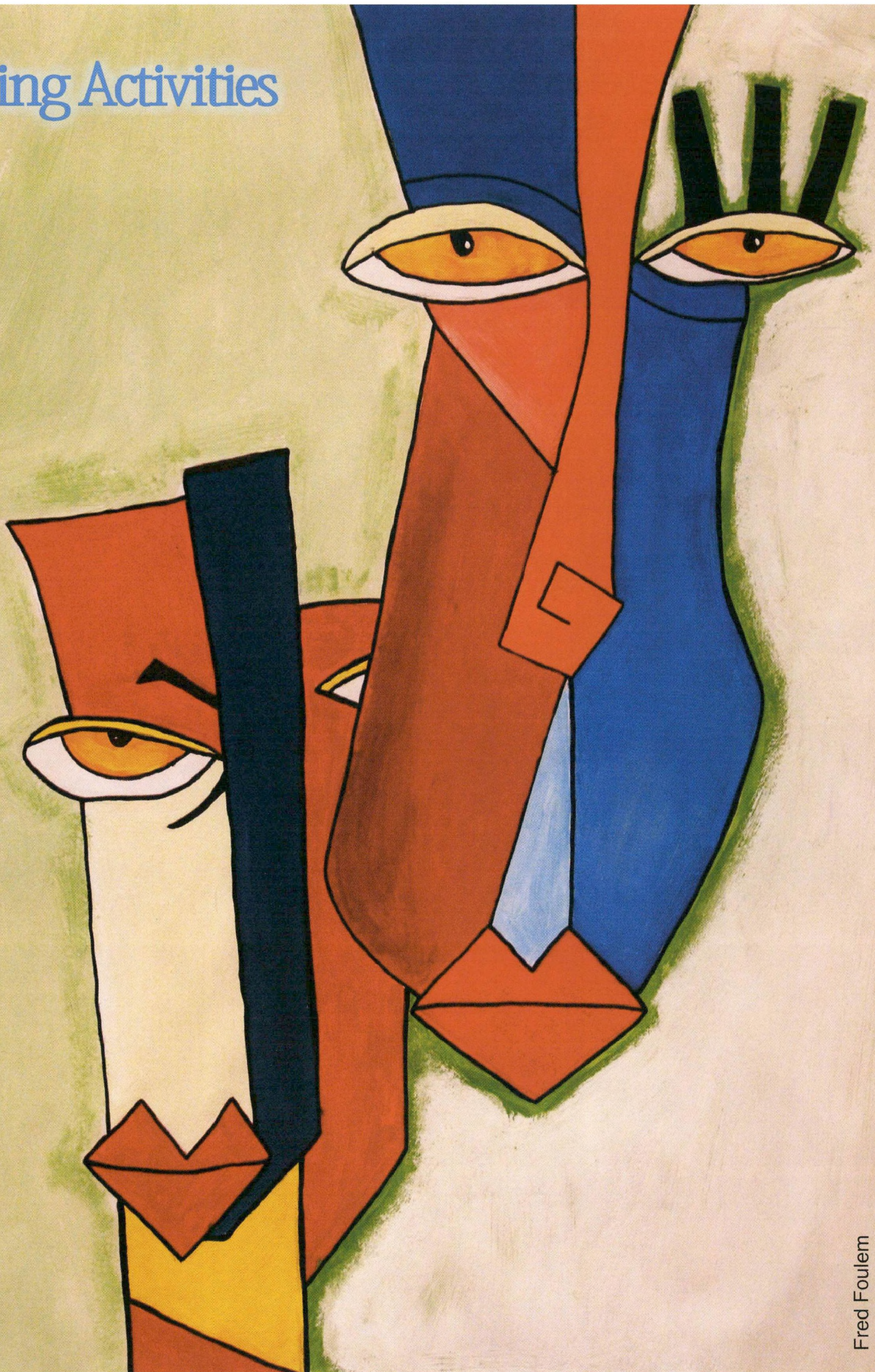


Lucas Zwaagstra



Shawn Ouellet

Spring Activities



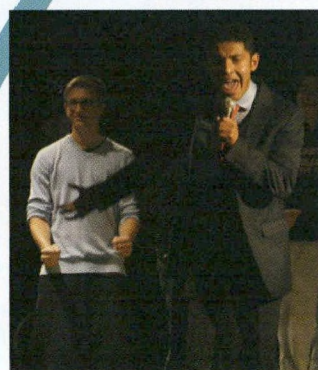
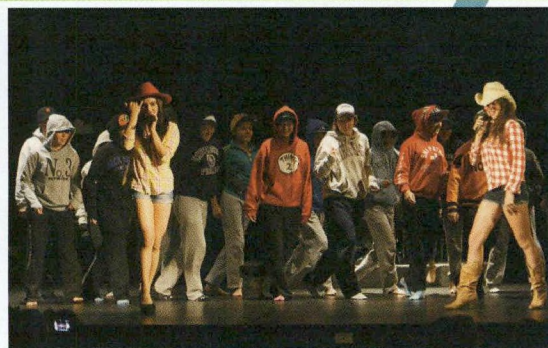
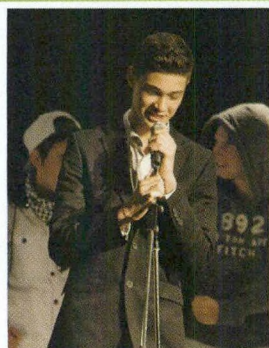
Grade 11 Ottawa



Canadian War Museum
Tomb of the Unknown Soldier
Byward Market
Parliament Buildings
National Gallery of Canada

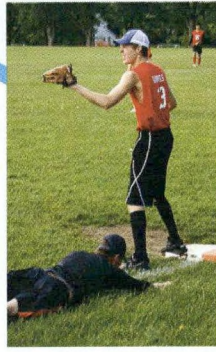
Lip Sync

In tough competition, @Webster wins, but prefects are #PitchPerfect, and teachers bring down the house with #ThriftShop.



Staff-Prefect Softball

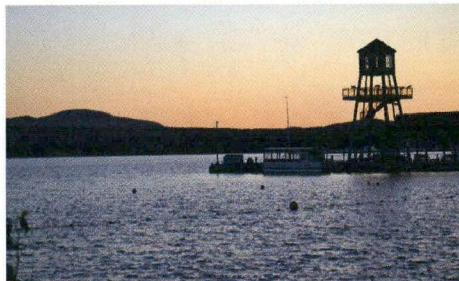
June 3, 2013
 @prefects win
 #staffprefect
 #softball making
 them 2 for 4



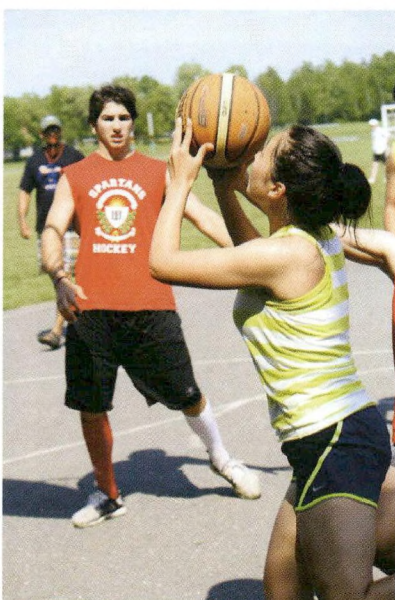
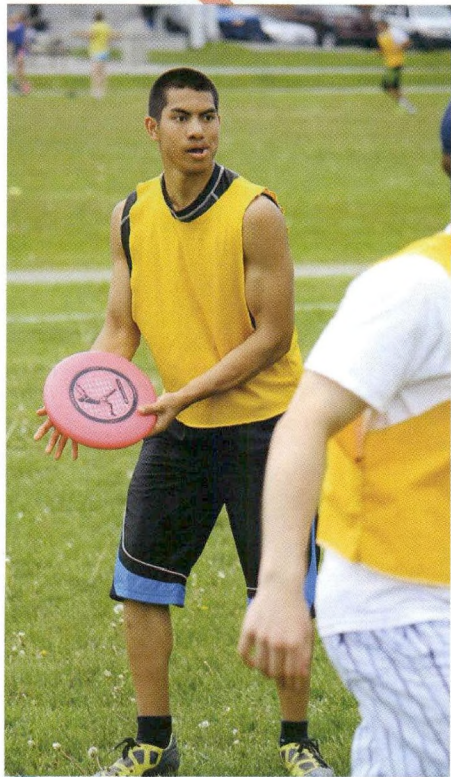
Relay For Life

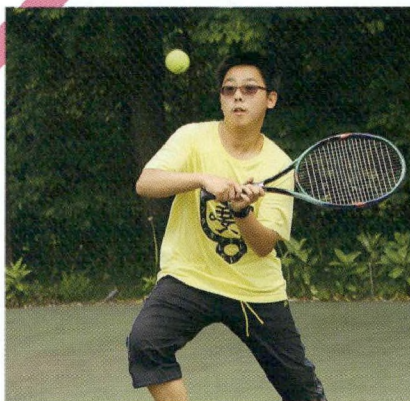


We donated approximately \$1,100 to the Canadian Cancer Society to help find a cure for cancer. Thanks for the super participation and great support for this worthy event. #walkers #helpers #silentauction #freedress

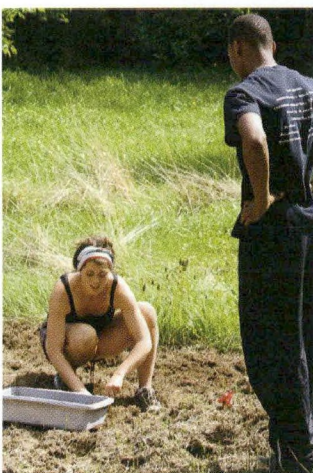
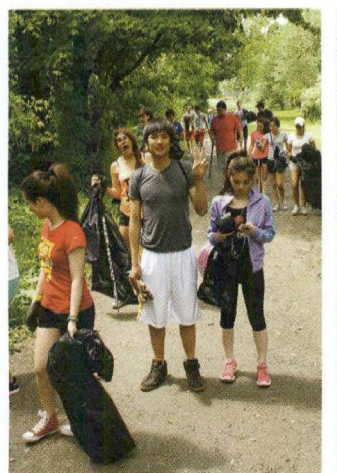
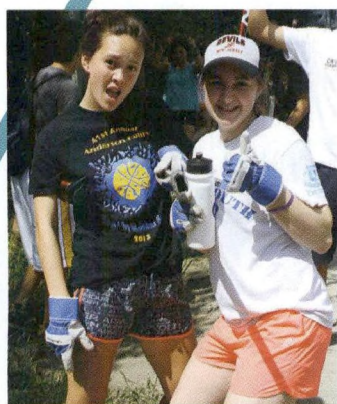


All Campus Day



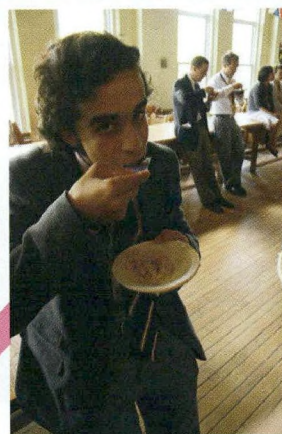
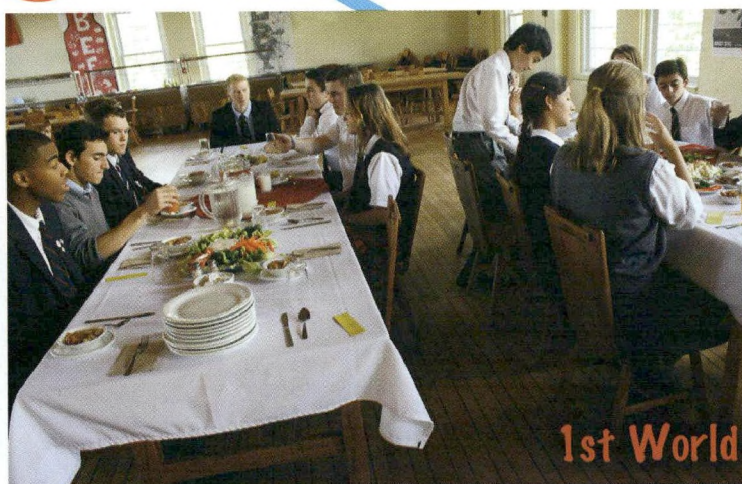


Community Cleanup

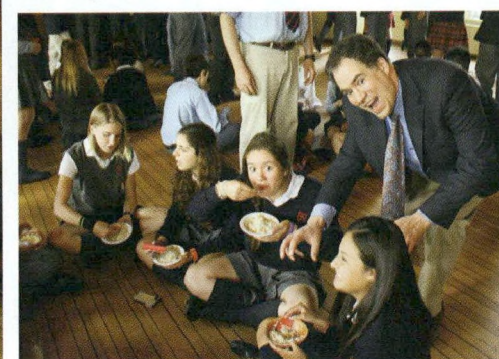


Community Garden @ Manoir Stanstead
Beebe-Rock Island bike trail
Stone Circle
Sunnyside Elementary
Haskell Free Library
#cleanmachine

World at Lunch



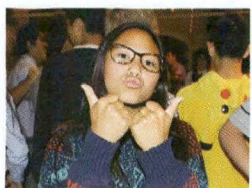
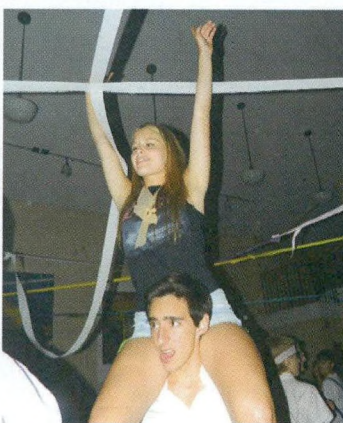
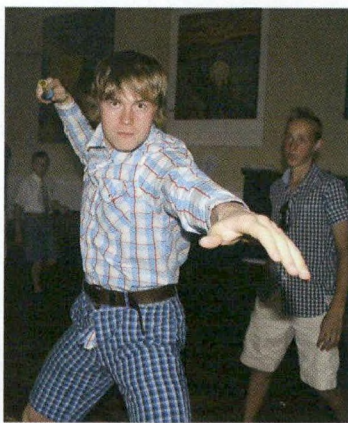
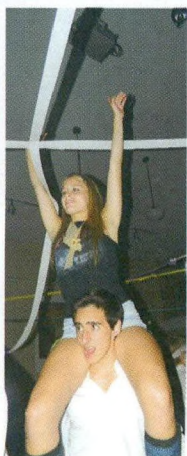
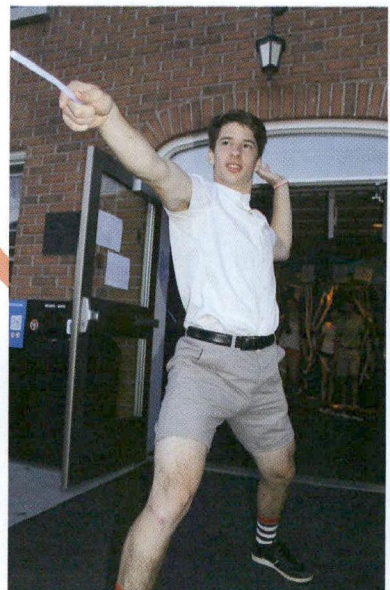
By random draw, students and teachers were divided into a very large group (the **third world** with rice and water), a much smaller group (the **second world** with rice, juice and fruit/vegetables) and the smallest group of all (the **first world** with a full-course meal). #noutensils #realitycheck



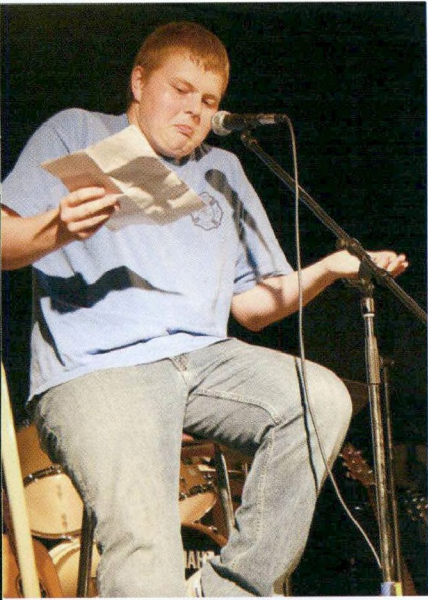
Jr. Camping Trip



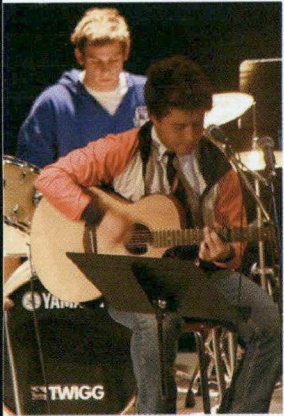
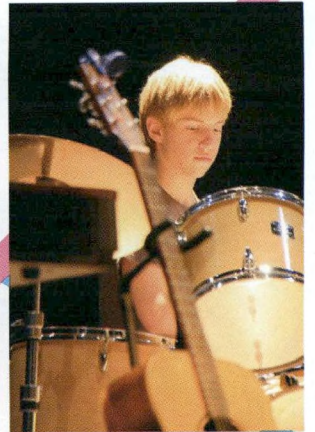
Geek Dance



Variety Show



Mrs. May,
8 months
pregnant.
(Mr. May on
drums; not
pregnant.)



(Front l-r) Paulina Marquez, Jacqueline Zhang, Julia Gilpin, Jessica Tomeo, Emily Norris, Catherine Quirion, Noemie Abdo, Alejandra Quintero, Sophie Blair, Sarah Savoie, (middle) Coach Hessian, Moumena Hussein Ali, Elena Stickdorn, Erin Butler, Yuan Liu, Crystal Yin, Nayla Al-Ajami, Madyson St-Pierre, Monica Magdub, Lyanne Carruthers, Daphney Ducharme-Roy, Coach Gallant, (rear) Aika Yamashita, Valentina Santillan, Andrea Tanguay, Johanna Bosch, Maria Pilar Bifaretti, Sandy Bedard-Lothrop, Miko Hao. Missing: Genevieve Quirion

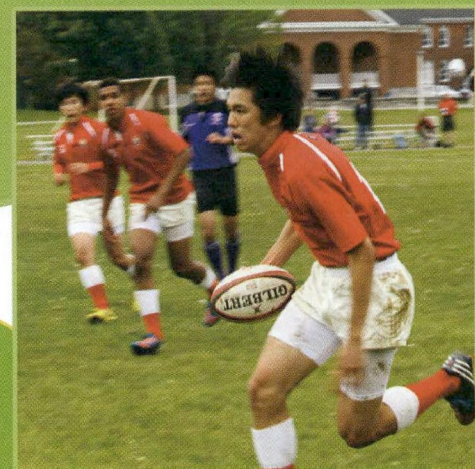
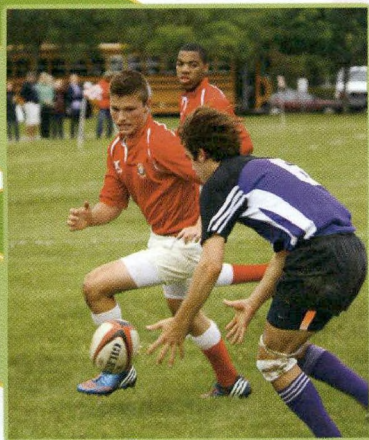


SENIOR girls



In the short (too short) 10 weeks we were together, we covered just about everything. We travelled all the way across the country, covered all four seasons' worth of weather and just about every possible emotion known to humanity. From the agony of defeat, the frustrations of inexperience, the pressure of making the play and the fear of failure to the glory of winning, the exhilaration of a tackle, anticipation of the engage and the revelation that comes with knowing you have actually gone beyond what you thought you were capable of. You made us laugh, cry and everything else. We set goals for ourselves, and you were able to achieve every important one. You looked beyond each other's faults, learned from your mistakes, worked hard when we demanded it and most importantly learned the value of positive thinking. You did not put your heads down in the face of a challenge and came to realize that belief in one's self and one's team actually can make a difference. This is the most important thing I can teach you. Twenty years from now, when your children are reading your yearbook, you won't remember the outcome – but you will remember the game. If you are coming back, be ready, because there is a lot still to do. If you are moving on, don't look back – you are ready, tackle it face on. I would like to leave you with two final things to focus on: "What lies behind you, and what lies in front of you are NOTHING compared to what lies within you". And finally, what I am sure you already know – I am proud to be your coach.

-Coach Hessian



(Front l-r) Liam Gribbon, Roger Peng, John Anderson, Hamad Alsuwailem, Jordan Buck-Thompson, Kyle Hume, Justin Wong, Malcolm Wood-Downey, Ray LePablic, Jose Aparicio, (rear) Coach Grenier, Emiliano De Las Fuentes, Sina Sarikhani, Marco Siu, Jacob Hochstrasser-Borsari, Paul Jaumann, Dylan Riley, Jordan Norris, Christian Villeneuve, Mark Guigauri, Arturo Mendez, Abraham Bonilla, Coach James. Missing: Coach Robinson, Chayse Carlsson, Andrew Norris, Tristan Ovesson



RUGBY

SENIOR boys

Did you know that fully half of our school plays rugby every year? For some reason, and without too much advertising or "pumping the game up," the message gets out that this is a pretty awesome game to be part of. This is pretty remarkable in and of itself. It already takes a lot of courage to try out for a sport you have never heard of, especially one where contact with the other team is an essential function of the game. It's not like you can hide out there. You have to make your tackles, you have to ruck and you have to fiercely attack your opponents' line and even more fiercely defend your line.

It's a thing of beauty, really. Every day you are asked to make some sort of personal sacrifice for someone else on your team. I love watching a team, made up of equal parts rookie and veteran, come together. I can tell in the first few practices whether or not the season will be successful. And by successful, I mean "band of brothers" style. Guys who look forward to a hard practice, who love playing together in practice and in games, and who all share a common purpose. They have learned to keep a positive attitude throughout, to keep pumping each other up regardless of skill or size or ability level, and who support one another on and off the field. This will inevitably lead to success on the field on game day. There will always be teams who are better than you and worse than you, but when you are matched up against a team of about the same calibre, can you do what it takes to win that one? If you have practiced the way this team has all year then, yes you can!

Here's what we won and were capable of winning: we won the RSEQ 7s tourney against equally matched teams. We won our league

banner (yes, the one that will hang for ALL TIME in our gym) and the league championship against equally matched teams.

Here's what we lost and were not really capable of winning: we travelled to BC (how beautiful was that?) and lost against some ridiculously good teams in the CAIS National Tourney. We lost an exhibition game against Essex who were much stronger physically than us, but not better rugby players, so we didn't lose by too much. Am I proud of these accomplishments? Damn right. We lived up to our expectations. Not every team does. The ones that lose equally matched games are the ones the coach is disappointed by. You did not disappoint all year. That's not easy. You are allowed to have an off day but you guys didn't. You dug in every time you needed to. For each other. That's why practice matters. That's why the "unsung heroes" matter. I loved coaching this team, especially in practice. I loved the high fives and fist bumps, the jokes, the discipline, the hard work ethic that pervaded this team. As always, I call on the veterans to keep that mentality going. Remember, it goes beyond rugby: keep that positive, team-building fire burning throughout your lives and let it infiltrate every part of your life – the rugby mentality is a lifestyle. Band together, make those around you stronger, take a hit for your friend and be there when he has taken a hit for you.

Special word to Captains Kyle and Andrew: you did make those around you band together and get stronger. For that, I thank you. Thanks also to Coach Robinson and that crazy Aussie Cal James. I'll really miss you guys next year.

- Coach G.

(Front l-r) Felix Zheng, Ricardo Lopez, Luis Gil, Martin Siu, Liam Buck-Thompson, Thomas Hayden-Lefebvre, Maxime Bourque, Charles Fall, Will Huckins, (rear) Coach Standage, Devin Wang, Alex Cooper, Robert Meisner, Gonzalo Garrido, Nicholas Burleson, William Lebel, Francisco Colas, Arturo Ramirez, Coach Wells



This year's crop of junior and bantam boy rugby players came with the usual abundance of enthusiasm and willingness to learn and also lack of experience. However, despite the steep learning curve and a disappointing opening 7's tournament, the team quickly recovered to show its true abilities with dominating wins over Richmond and Massey-Vanier. The final game of the season saw a trip to BCS end in frustrating disappointment as the team came up just inches short of tying a tough BCS team in the dying seconds. Despite this, the boys can be proud of their accomplishments in a season to be remembered for its extreme and rapidly changing weather conditions. The goals set in April, namely to form a winning rugby team and have fun, were comfortably achieved. Congratulations are in order for Liam Buck-Thompson and Will Huckins, who were this year's Junior S winners.

- Coach Standage



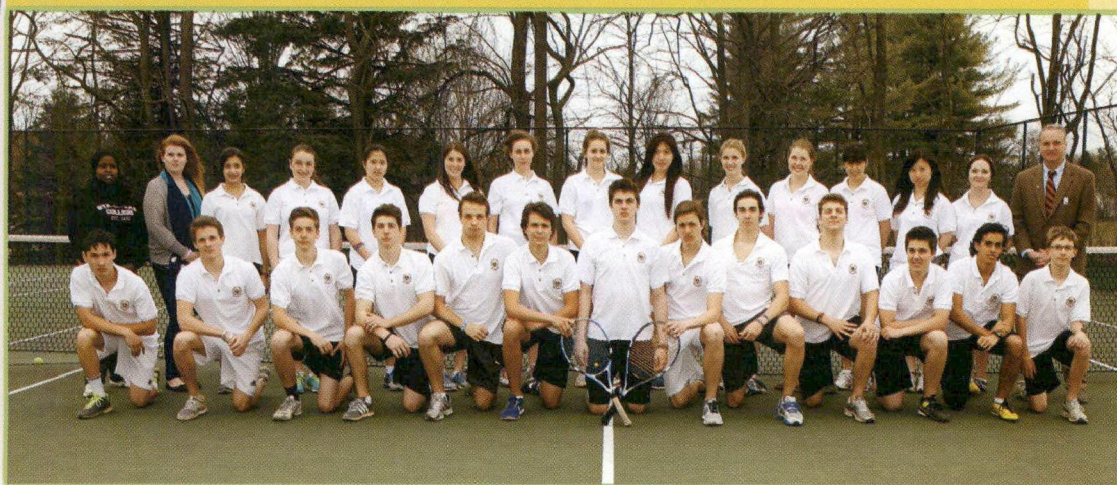
RUGBY

JUNIOR boys



TENNIS

(Front l-r) Ben Smith, Spencer Martin, Justus Rosa, Jason Brochu, Simon Brosseau, Frederic Foulem, Cedric Charbonneau, Radu Margarit, Nicolas Beaudin, Anthony Re, Tudor Margarit, Jose Iza Pepping, Samuel De Grace, (rear) Coach Hussein, Coach Hennequart, Sagira Segovia, Maude Migneault, Tiffany Hsu, Justine Gelinas, Elizaveta Perevezentseva, Catherine Turcotte, Eva Hou, Paulina Guerra, Clara Turcotte, Chrysantha Gull, Yilin Zhu, Fernanda Cortina, Coach Williams



This year in Tennis was full of excitement, energy and hard work. Thanks go to Alison Hennequart for running the reserve team on the far courts, as well as Zainab Hussein, our cheerful and helpful gap student. We came in second as a school at the ETIAC finals at Bishop's University. Paulina won gold in the individual singles girls category. Our two shield winners were Tiffany Hsu in the girls' category and Justus Rosa in the boys' category. Major S winners were Tiffany Hsu, Paulina Guerra and Justus Rosa. Senior S winners were Jason Brochu and Radu Margarit. Congratulations, players!

Here is an excerpt from this year's poem to wrap up the season.

FINALLY, AS I TRAVEL DOWN CLOWN ALLEY
-- TO GET THE CIRCUS REPORT
PASS THE RING TOSS, CANDY FLOSS,
BUMPER POOL, FOOD COURT
MEET AT THE NEW GYM -- SAY HI TO THE TEAM

I REALIZE JUST HOW MUCH IT ALL MEANS
THIS ONE MOMENT WE HAD, THIS WAS OUR ONE TIME
TO SHOW OUR TRUE COLOURS, OUR MOMENT SUBLIME
SO AGAIN I WOULD THANK YOU -- I WOULD BE TRUE

FOR THERE ARE THOSE I TRUST -- WILL NEVER BE QUITE LIKE YOU.
AND I WISH YOU EACH, EVERY ONE AND ALL

- Coach Williams

We would not have been the team we were had it not been for countless hours of practice and a lot of perseverance. With only three returning players, there was lots of learning to be done and we were met with much success. I like to say we had an undefeated season, winning all our games at 7's and not losing a single game within our season. Each player brought a unique set of skills that made our team well rounded.

- 1-Natalia with awesome kicking and for some reason was everywhere we wanted her to be
 - 2-Mya who played both back and forward but was a great for conversions and in the scrums
 - 3-Regina, quiet but drove the scrums
 - 4-Anna who is a beast when it came to tackling
 - 5-Rachelle with crazy upper body strength when it came to lifting
 - 6-Susannah who would consistently steal defensive lineouts
 - 7-Ursula whose season may have been short but was absolutely fearless
 - 8-Chloe using her basketball skills with great hands and the craziest show-and-go moves
 - 9-Sadie, a hard worker with great focus
 - 10-Alissa who was first at the breakdowns and her next career should be in rugby not hockey
 - 11-Kayla who was cool under pressure and the ultimate play maker
 - 12-Estefi who ran at 10 different speeds all of which would result in scoring, even when she lost a cleat mid-run
 - 13-Maria, tougher than you think and I believe learned not to scream every time she was tackled
 - 14-Elizabeth who despite being matched up against the largest player from the other team, never let go of a tackle and as a side note played with a broken finger for most of the season
 - 15-Ashley, great team spirit and communication skills
 - 16-Odette, fierce and could turn on the speed at any minute
 - 17-Montana, great enthusiasm and played with heart
 - 18-India, our most improved player this season working her way to being a better player
- From price tags to ice cream, from one lone wolf in the wolf pack to becoming a pack of wolves taking over the field, it was a pleasure and honour to coach these girls. - Coach May

(Front l-r) Odette Tame, Ursula Mendoza, Elizabeth Gaudreau, Alissa Bissonnette, Mya Daigle, Ashley Langevin, Susannah Wolfe, Montana Kitchen, Anna Thinphang-Nga, Rachelle Bergeron, Kayla Ouellet, Maria Rodriguez, (rear) Coach May, Natalia Flores, Regina Castilla, Sadie Smith, Chloe Van Dyke, Estefania Colas, India Kitchen, Coach MacIsaac, Coach James



JUNIOR girls

GOLF

There was a good turnout for the team this season with many talented golfers trying out, and a number of golfers who simply wanted to learn the game. I had a lot of younger golfers join this year, which bodes well for the future of the team.

Overall in league competition, we led from the start, and had a 34-stroke lead going into the finals. Unfortunately, Milby Golf Club seemed to be our nemesis this year as the two tournaments we did not win were held there. We finished overall with a 22-stroke victory over our closest opponents, AGRHS.

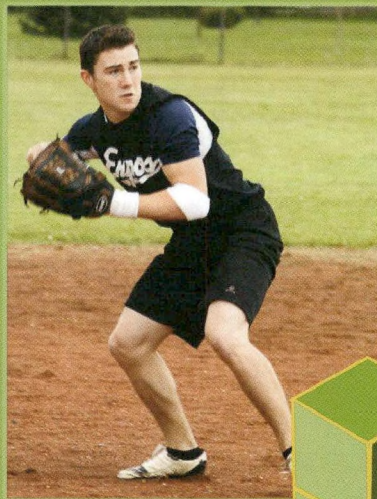
In addition to the league competition, we also have an internal golf tournament based on overall totals for the season. Lucas Zwaagstra, the winner of the Shield, was also awarded a Major S for his contribution to the program not only this year, but over the course of the past four years. This year, he won two of the four tournaments, and over his golf career at Stanstead, he won five tournaments. In addition, he has won the Shield in three of his four years on the team.

Congratulations to all on a super season!
-Coach Smith

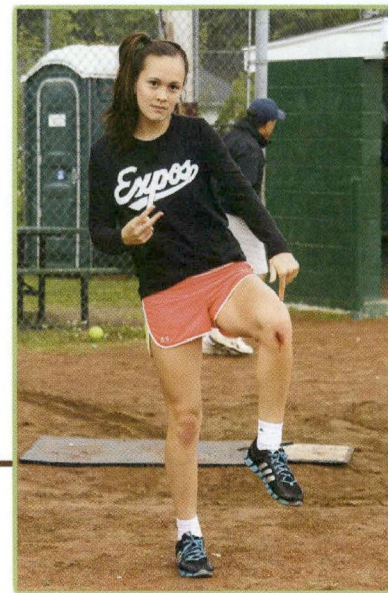
(Front l-r) John Wood-Downey, Marco Cavalerri, David Wood-Downey, Connor Fletcher, Rebecca Watson, (rear) Coach Bridgeman, Vincent Thomsen, Lucas Zwaagstra, Eric Tang, James Zanca, Shawn Ouellet, Coach Smith



Expos: Asia Wisco, Ben Clermont, Bliss Wetchayanwiwat, Sasha Gapich, Rhys Davies, Layla Lu, Stephen MacInnis; Athletics: Andrew Donaldson, Hunter Lively, Jimena Trejo, Landon Gareau, Kellyane Lecours, Jacob Ducharme, Ian Kemp, Mimi Girard, Alex Clermont, Da Fu; Cardinals: Auston Plotkin, Jeffrey Liao, Andrew Stevens, Paul Teng, Daniela Ojeda, Ryan Fletcher, Moritz Schaefer, Alexis Routhier; Tigers: Judy Chen, Jack Liu, Vicky Liu, Tina Wang, Mark Price, John Perretta, Junwen Zheng, Yuhí Yoshikowa; Blue Jays: Samantha Rhainds, Dian Yu, Jean-Samuel Couture, Madyson St-Pierre, Thomas Abbott, Daniel Dumont, Bob Chen, Daniel Lee, Lou-Henri Scraire, Max Hopper; Royals: Akimasa Takeda, Christopher Koo, Jacky Huang, Rory Butler, Tony Linderson, Xavier Koontz-Miller, Kevin Wang, Paul Miller



SOFTBALL



Dylon Riley, Kyle Hume, Jacob Hochstrasser-Borsari, Roger Peng, Jordan Buck-Thompson, Malcolm Wood-Downey



Julia Gilpin, Emily Norris, Jessica Tomeo, Noemie Abdo



Spring Athletic Assembly

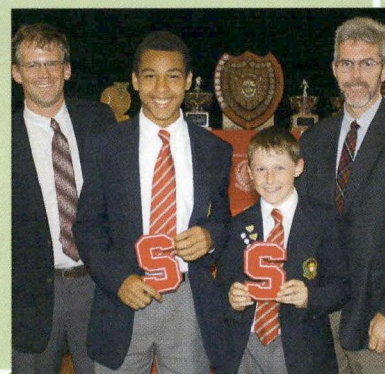
Donald Ross Trophy & Major S:
Andrew Norris
Roger Marino Cup & Major S:
Catherine Quirion



& Philip Shield:
Lucas Zwaagstra

Alissa Bissonnette, Susannah Wolfe

Liam Buck-Thompson, Will Huckins



& Tennis Shield: Justas Rosa, Tiffany Hsu



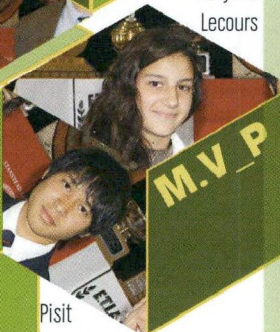
Radu Margarit



Kellyane Lecours



Paulina Guerra



Pisit Wetchayanwiwat

M.V.P



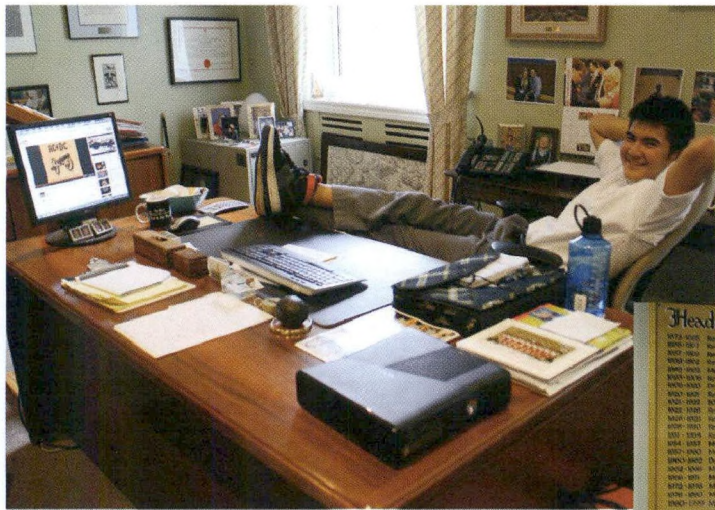
sof tball champion

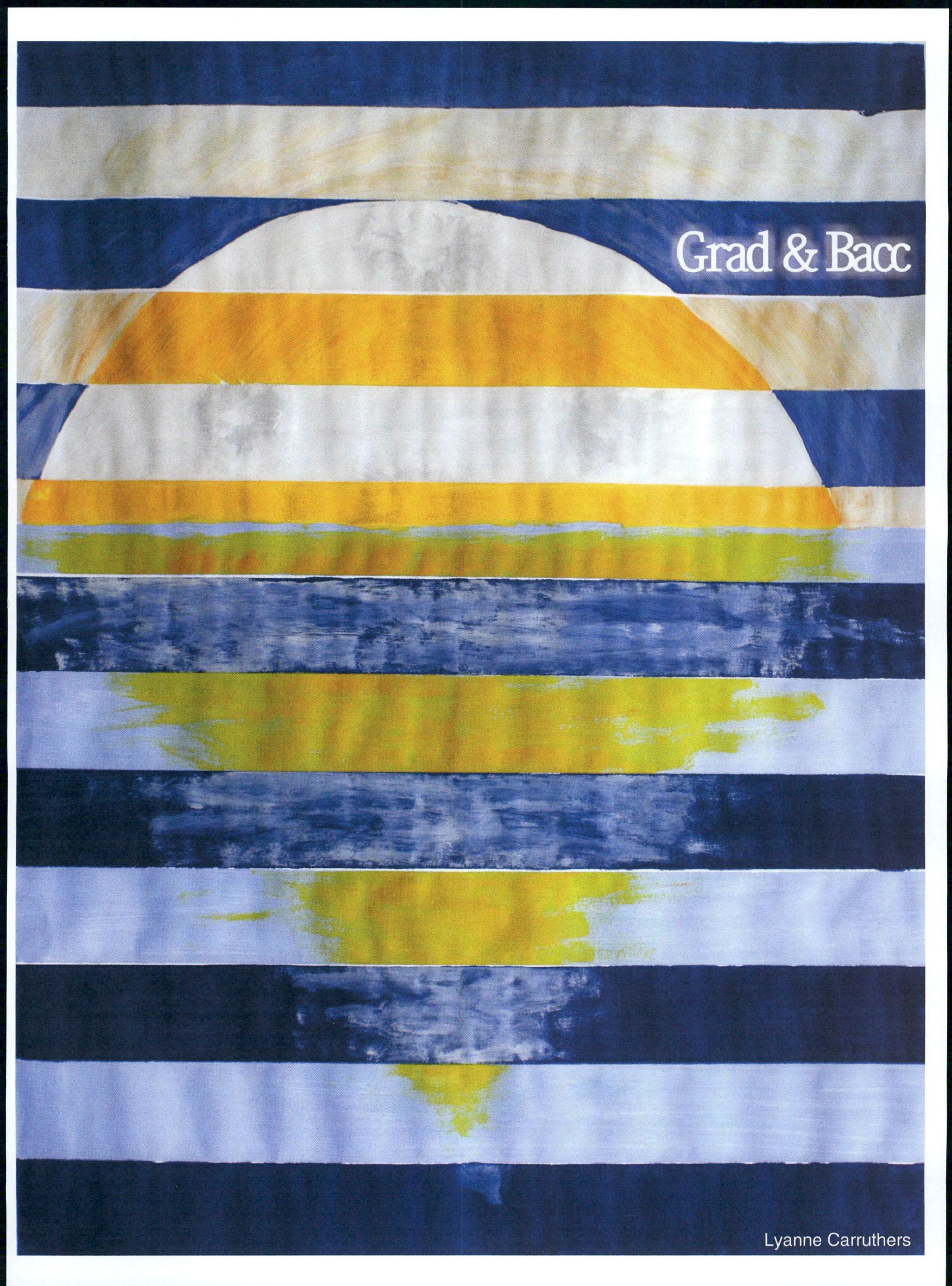
South captains: Jean-Samuel Couture, Catherine Quirion, Jordan Buck-Thompson, Montana Kitchen, Andrea Tanguay

Expos captains: Asia Wisco (Most Enthusiastic Player), Ben Clermont.
Homerun champ: Stephen MacInnis



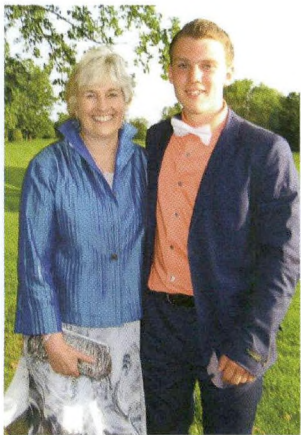
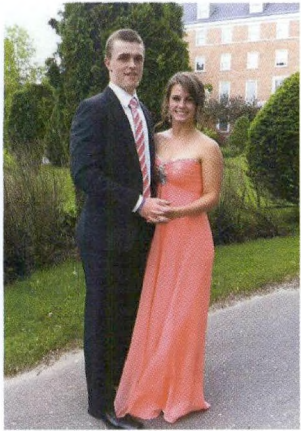
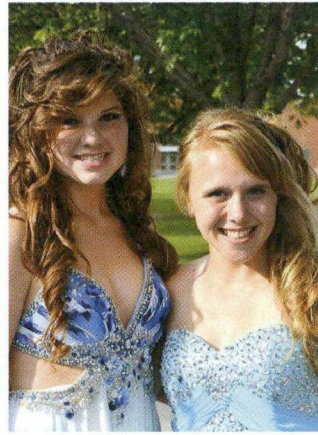
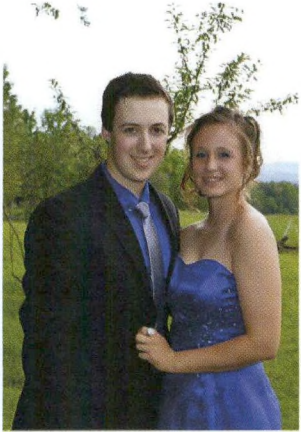
All camp_us

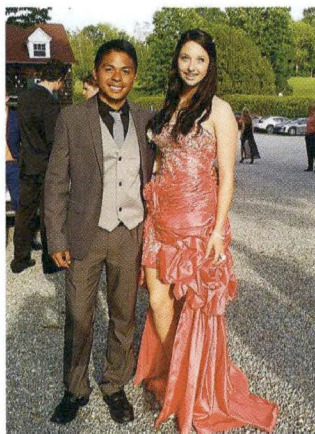
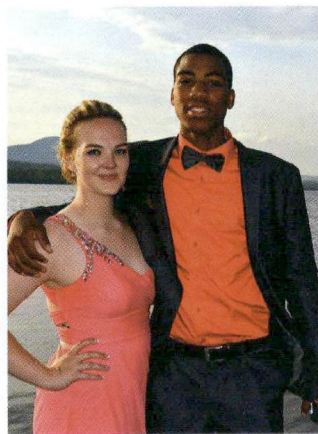
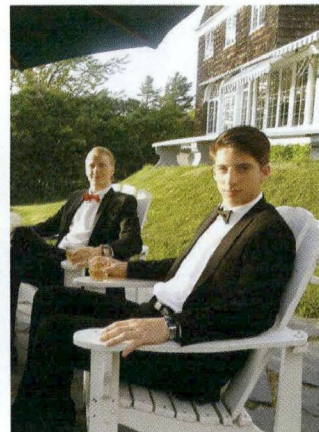
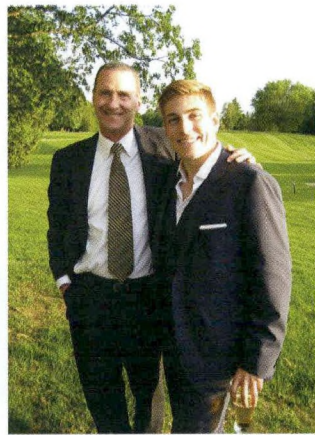
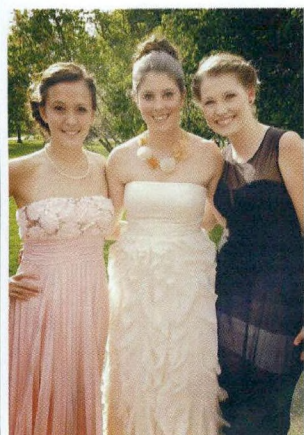
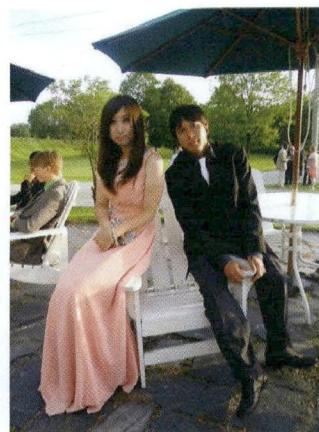
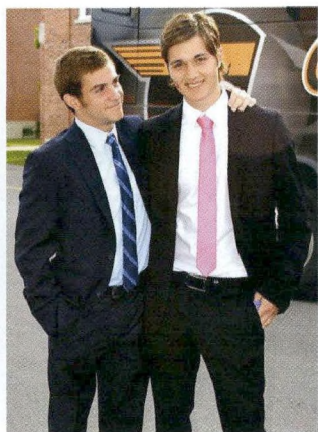


An abstract artwork featuring a series of horizontal stripes in dark blue, white, and yellow. A large, semi-circular shape is cut out from the center, revealing a white background. The stripes are layered, with some appearing more prominent than others. The overall effect is a sense of depth and movement.

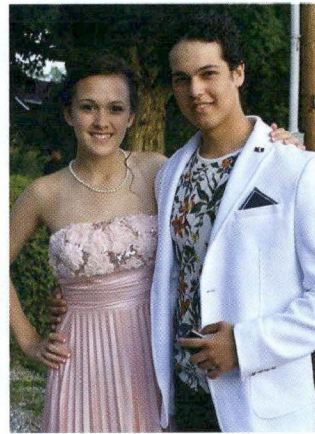
Grad & Bacc

Lyanne Carruthers

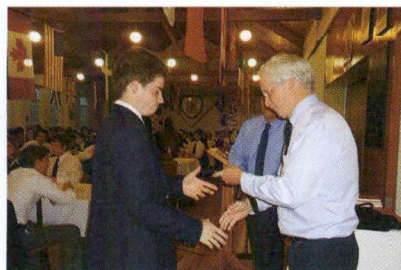
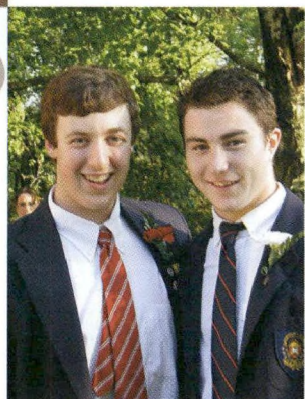
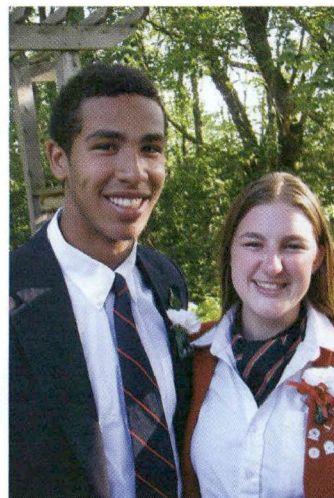


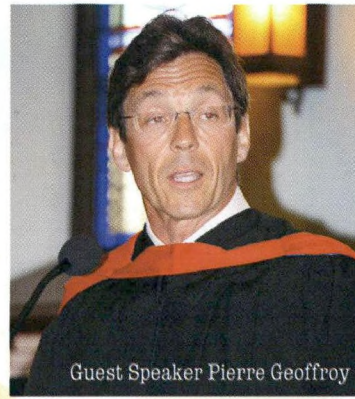


Graduation Dinner

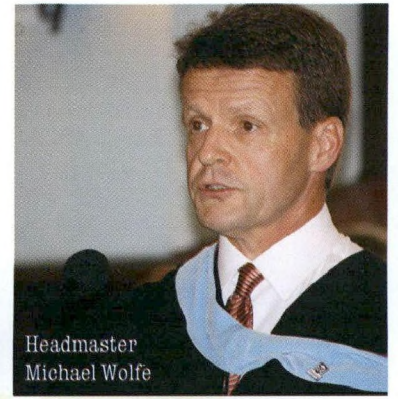


Baccalaureate Dinner

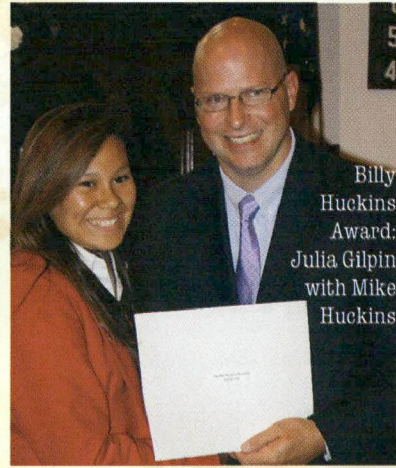




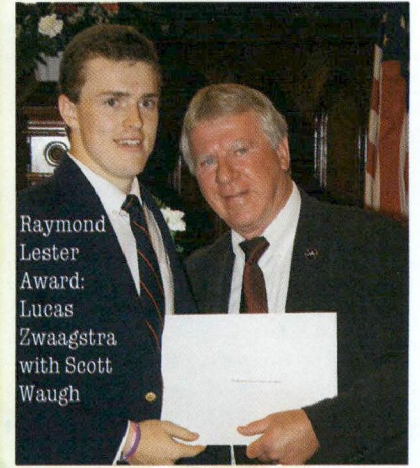
Guest Speaker Pierre Geoffroy



Headmaster
Michael Wolfe



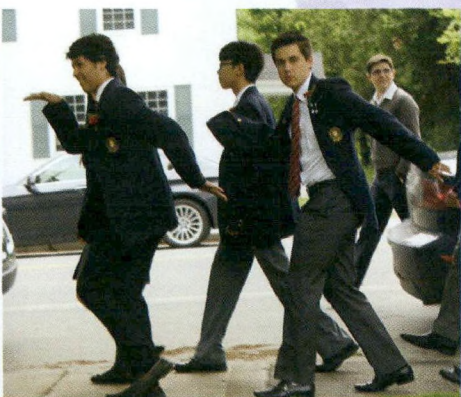
Billy
Huckins
Award:
Julia Gilpin
with Mike
Huckins



Raymond
Lester
Award:
Lucas
Zwaagstra
with Scott
Waugh



June 22, 2013 Centenary United Church



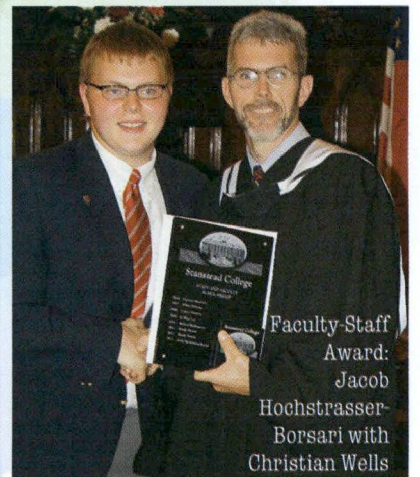
Wilder Shield:
Natalia Flores
with Pierre
Geoffroy



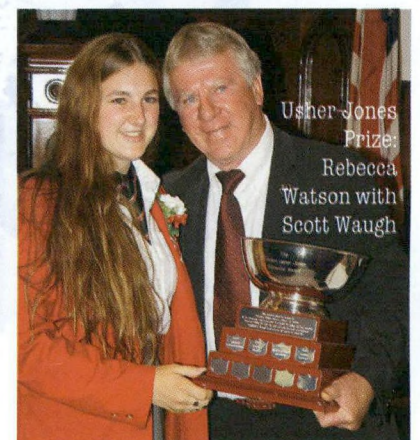
Pitcher Prize:
Liam Gribbon
with Pierre
Geoffroy



Headmaster's
Award:
Kyle Hume
& Dian Yu



Faculty-Staff
Award:
Jacob
Hochstrasser-
Borsari with
Christian Wells



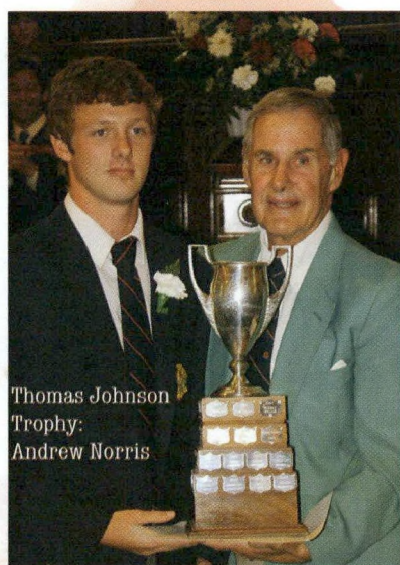
Usher Jones
Prize:
Rebecca
Watson with
Scott Waugh

The Donald McG Hackett Prize for Creativity: Miaokang (Tony) Wu
 The Thespian Shield for Acting: Asia Wisco
 The Director's Award in Theatre Arts: Andrew Donaldson
 The Music Prize (for contribution to music in the school): Zhi Yuan (Vicky) Liu
 The Choir Award: Pisit (Bliss) Wetchayanwiwat
 The Jazz Band Award: Jacob Hochstrasser-Borsari
 The Yearbook Award: Yushan (Eva) Hou
 The Technology Prize: Liam Gribbon
 The Lee Audet Trophy for Senior Public Speaking: Andrew Donaldson
 The Junior Debating Award: Susannah Wolfe
 The John T Hackett Trophy for Senior Debating: Rory Butler
 The Rotary Club Service Award (for service above self in the school community): Pisit (Bliss) Wetchayanwiwat
 The King Constantine Medal (for commitment to Round Square ideals):
 Pisit (Bliss) Wetchayanwiwat
 The Alumni Bursary Award (to a deserving Grade 11 student going into Grade 12):
 Andrew Donaldson
 The Trustees Scholarship: Cody Bean
 The Gordon Usher-Jones Memorial Prize (to the Grade 12 student who has attended Stanstead College for one year and who has made an exceptional contribution through involvement in all aspects of school life): Rebecca Watson
 The Everest Award (Awarded to a Grade 12 student who has overcome challenges and shown significant improvement): John Anderson
 The Billy Huckins Memorial Scholarship (for dedication, hard work, achievement and above all courage): Julia Gilpin
 The Raymond Lester Memorial Award (to the student who has most benefited from being at the school): Lucas Zwaagstra
 The Banting Award (to a returning local student for academic achievement): Benjamin Clermont
 The Kenneth Reed Memorial Award (to a local junior student returning to school): Will Huckins
 The Leonard McGilton Memorial Award (to a local senior student returning to school): Jacob Hochstrasser-Borsari
 The Eric T Webster Award (to a deserving returning student): Kayla Ouellet
 The A P Gordon Prize for Science: Alexandre Clermont
 The McGill Science Medal Award: Alexandre Clermont
 The Spofforth Trophy for Excellence in Science and Mathematics:
 Tzu-Ting (Tiffany) Hsu
 The Arthur E Curtis Jr Award (to the top student entering an Engineering program):
 Tzu-Ting (Tiffany) Hsu

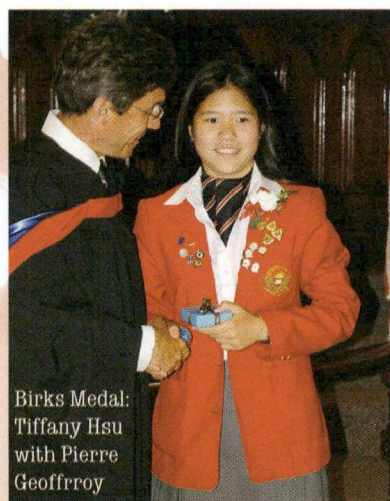
The Ralph V Merry Award (to the top student entering a Humanities program):
 Malcolm Wood-Downey
 House Director's Award
 Bugbee House: LiMing (Devin) Wang
 Colby House: Natalia Flores Bringas
 Davis House: Pisit (Bliss) Wetchayanwiwat
 Webster House: Paulina Guerra
 The Sheila Ferguson Shield (to the allround junior girl athlete of the year):
 Estefania Colas Baeza
 The S F Abbott Memorial Shield (to the allround junior boy athlete of the year):
 Emiliano de la Fuentes Eslava
 The Shirley Wolter Trophy (to the allround senior girl athlete of the year):
 Catherine Quirion
 The Thomas Johnson Memorial Trophy (to the allround senior boy athlete of the year):
 Andrew Norris
 The TruemanMcFadyen Award (Awarded to the three varsity sport graduating girl Major 8 recipient with the highest overall academic average): Tzu-Ting (Tiffany) Hsu
 The Bowman Hall Award (Awarded to the three varsity sport graduating boy Major 8 recipient with the highest overall academic average): Conor Rankin & Nicolas Beaudin
 The FacultyStaff Award (to a returning student who is deemed most likely to benefit from returning to Stanstead College and who exemplifies the qualities of health, wisdom and integrity): Jacob Hochstrasser-Borsari
 The Headmaster's Award (to an active and positive citizen in the Stanstead College community): Dian Yu & Kyle Hume
 The John H E Colby Scholarship (for dedication to school, mission, programs):
 Jacob Hochstrasser-Borsari
 The Grade 7 Academic Award (the highest overall average in Grade 7):
 John Wood-Downey
 The Grade 8 Academic Award (the highest overall average in Grade 8): Samuel De Grace
 The Grade 9 Academic Award (the highest overall average in Grade 9):
 Benjamin Clermont
 The Birks Bronze Medal (the highest overall average in Grade 10): Genevieve Quirion
 The Governor General's Medal (the highest overall average in Grade 11): Asia Wisco
 The Birks Silver Medal (the highest overall average in Grade 12): Tzu-Ting (Tiffany) Hsu
 The Wilder Shield (to the junior student with the most positive influence):
 Natalia Flores Bringas
 The Pitcher Memorial Prize, the school's highest award (to the student who has exerted the greatest influence for good): Liam Gribbon



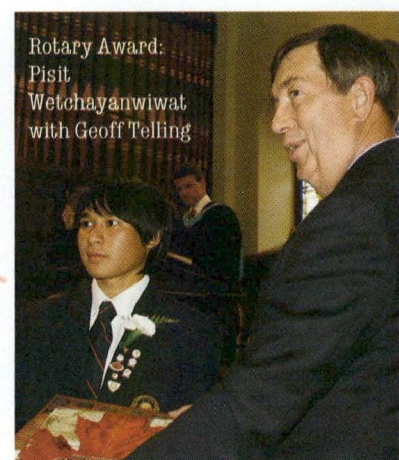
Sheila Ferguson
Shield:
Estefania Colas
Baeza with
Alex Philip



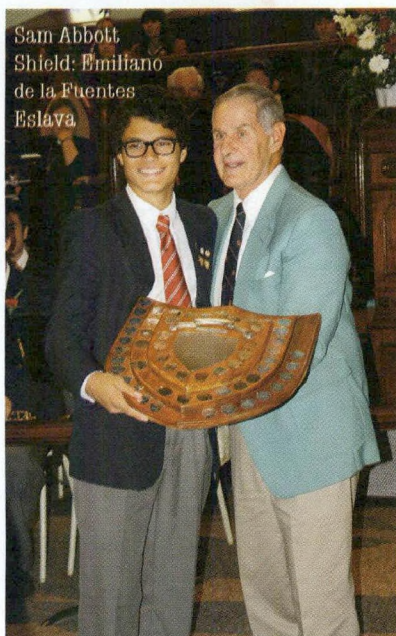
Thomas Johnson
Trophy:
Andrew Norris



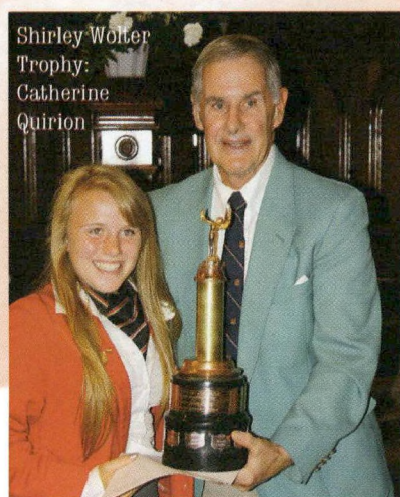
Birks Medal:
Tiffany Hsu
with Pierre
Geoffroy



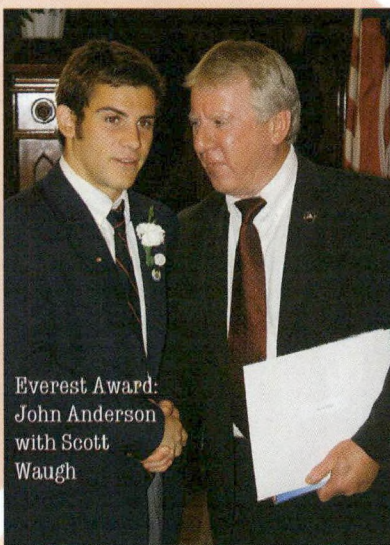
Rotary Award:
Pisit
Wetchayanwiwat
with Geoff Telling



Sam Abbott
Shield: Emiliano
de la Fuentes
Eslava



Shirley Wolter
Trophy:
Catherine
Quirion



Everest Award:
John Anderson
with Scott
Vaugh



Director's
Award: Andrew
Donaldson with
Marilee Andres

Grade 7 Prizes

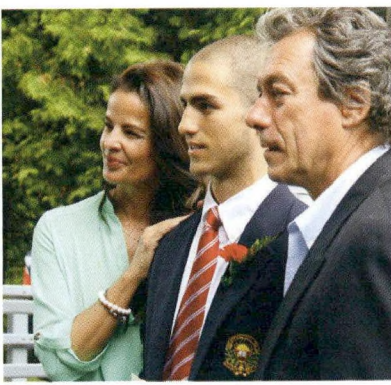
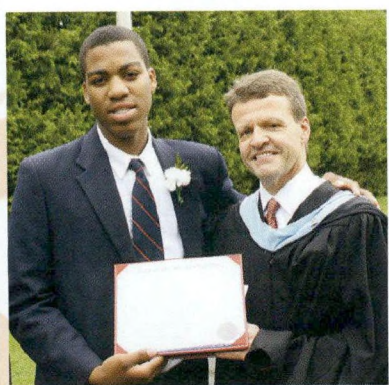
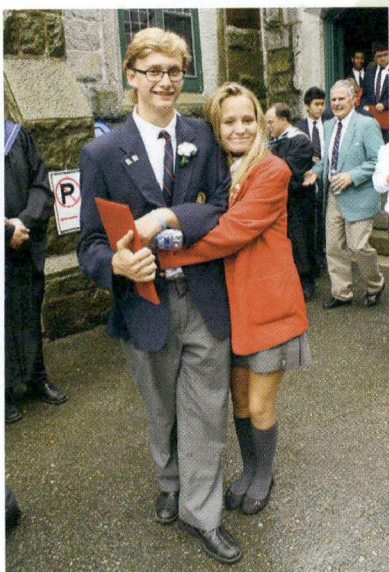
Amaron Prize for French: Anna Thinphang-Nga
Art: John Wood-Downey
English: John Wood-Downey
Geography: John Wood-Downey
History: Yuan-Po (Paul) Teng
Mathematics: Yuan-Po (Paul) Teng
Music: Yuan-Po (Paul) Teng
Science & Technology: John Wood-Downey
Sybil Galambos Prize for Français: John Wood-Downey

Grade 8 Prizes

Amaron Prize for French: Regina Castilla Galan
Art: Mimi Lilianne Etsuko Soya Girard
English: Mimi Lilianne Etsuko Soya Girard
Geography: Samuel De Grace
History: Samuel De Grace
Mathematics: Mimi Lilianne Etsuko Soya Girard
Music: Samuel De Grace
Science & Technology: Samuel De Grace
Sybil Galambos Prize for Français: Samuel De Grace

Grade 9 Prizes

Amaron Prize for French: Susannah Wolfe
Art: Jimena Trejo Suero
English: Susannah Wolfe
History: Benjamin Clermont
Mathematics: Benjamin Clermont
Music: Benjamin Smith
Science: Benjamin Clermont
Sybil Galambos Prize for Français: Benjamin Clermont
Technology: Benjamin Clermont

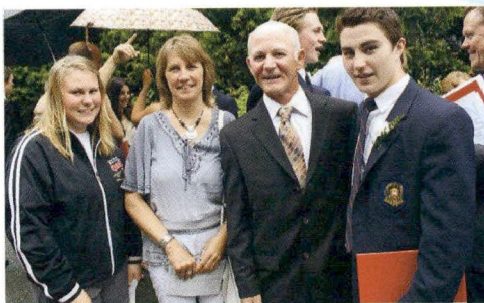


Grade 10 Prizes

A Mackenzie Prize for English: Genevieve Quirion
Amaron Prize for French: Ryan Alexander Fletcher & Jacob Hochstrasser-Borsari
Art: Lyanne Carruthers
EcoChem: Jacob Hochstrasser-Borsari
Historical Society Prize: Genevieve Quirion
Mathematics: Felix Zheng
Music: Jacob Hochstrasser-Borsari
Physics: Yuan Liu
Physics and Chemistry: David Wood-Downey
Science & Technology: Samantha Rhinds
Sybil Galambos Prize for Français: Genevieve Quirion

Grade 11 Prizes

A Mackenzie Prize for English: Asia Wisco
Amaron Prize for French: Asia Wisco & Da Fu
Art: Yushan (Eva) Hou
Biology: Alexandre Clermont
Chemistry: Alexandre Clermont
Drama: Julien Charest
J. Brian Clarke Economics Prize: Asia Wisco
J.D. Fergusson History Prize: Rory Butler
Mathematics: Zi (Kevin) Wang
Music: Da Fu
Physics: Asia Wisco
Sybil Galambos Prize for Français: Malcolm Wood-Downey



Grade 12 Prizes

Art: Miaokang (Tony) Wu
Biology: TzuTing (Tiffany) Hsu
Chemistry: TzuTing (Tiffany) Hsu
Comparative Politics: Catherine Quirion
Economics: Spencer Martin
English: Catherine Quirion
Environmental Studies: Liam Gribbon
Human Geography: Rebecca Watson
Mathematics: TzuTing (Tiffany) Hsu
Physics: TzuTing (Tiffany) Hsu
Psychology: Conor Rankin
Sociology: Alexandra Place

Junior School Prize

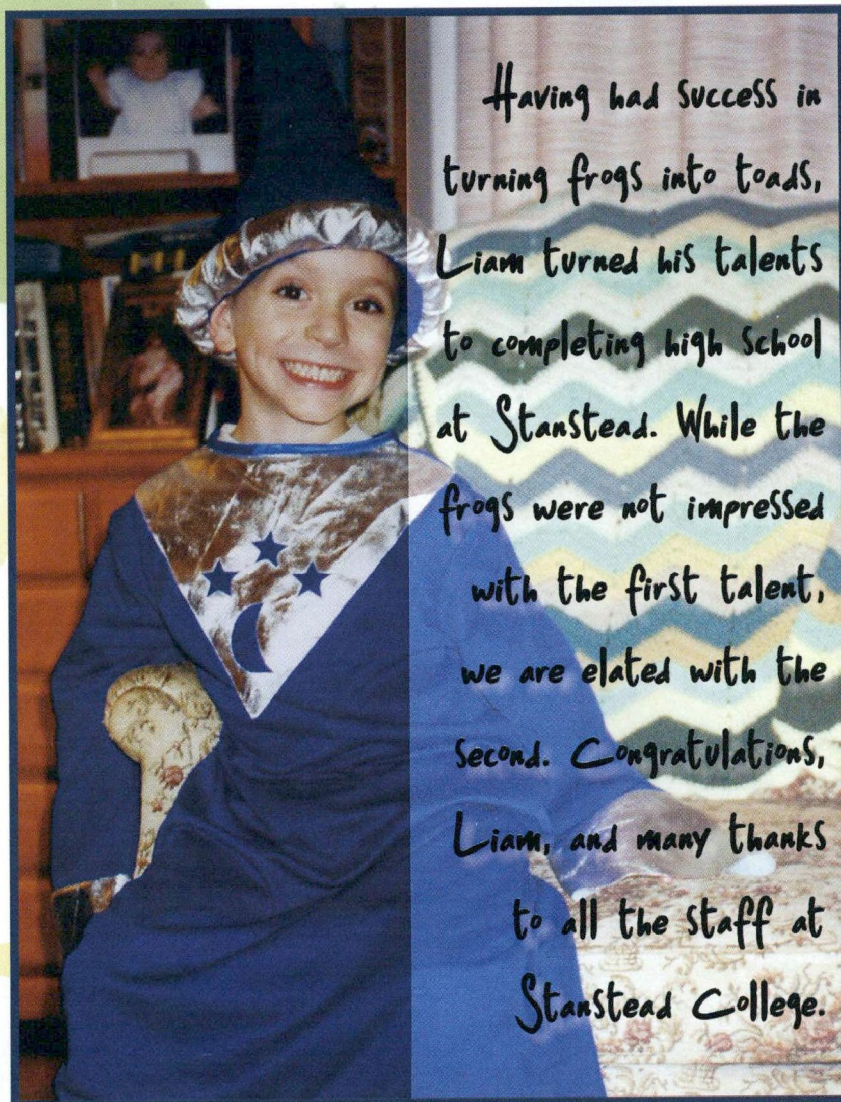
Improvement in French Second Language: Maria Rodriguez Diaz

Senior School Prize

John Wells Improvement
In French Second Language: Fernanda Cortina Escalante

ESL Prizes

Most Outstanding Student: ChaoTe (Bob) Chen
Most Improvement: Akimasa Takeda



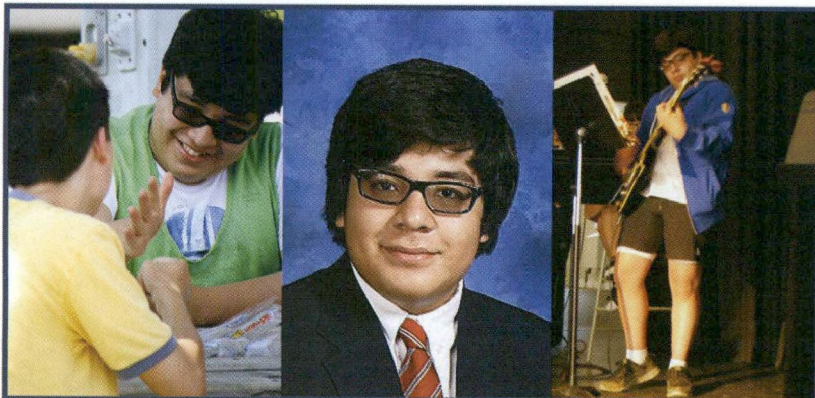
Having had success in turning frogs into toads, Liam turned his talents to completing high school at Stanstead. While the frogs were not impressed with the first talent, we are elated with the second. Congratulations, Liam, and many thanks to all the staff at Stanstead College.



Ashley,
Félicitation pour tes
efforts! Nous sommes
très fier de toi.
Papa & maman xxx



Great year, **Jimena!**
We are so proud of you!
Keep it up!!
We Love You!



Adolfo:

En la familia Tolentino Enríquez estamos muy orgullosos de ti, eres un excelente hijo, te felicitamos por tus logros; sabemos que el cambio ha sido difícil, pero tú eres un joven acostumbrado a enfrentar los retos y con muchos deseos de sobresalir.

Te extrañamos muchos, pero nos conforta el saber que estas disfrutando mucho tu estadía en Stanstead y compartimos contigo esa felicidad.

Sigue adelante hijo

Te amamos
Mommy, Sami y Daddy

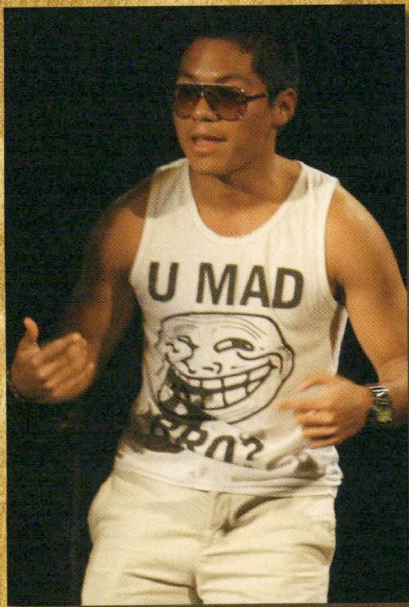
Congratulations, James, on working through the adversities that you where challenged with during your first year at Stanstead College! Your mom, sister and I are proud of your accomplishments and wish for you great health, great relationships and success going forward!

- Dad



Everything you want is on the other side of fear

- Jack Canfield



The Aparicio Family -- Rosy (Mom), Sebastian (Bro) & Mike (Dad) -- would like to congratulate Jose Miguel for having performed like a young responsible gentleman during the two years he spent at Stanstead College. We are very proud of him.



Staff, friends and schoolmates, thank you

for having our son during these two years and making him feel part of the Stanstead College family.





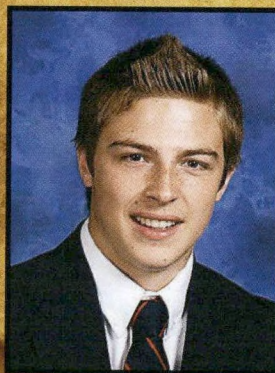
Mark and Hamad
 Classmates.
Roommates.
 Friends!



From Primary

...

To Grade 12



Hunter,
 Congratulations
 on all your hard
 work.

You have finally
 made it.
 We are very
 proud of you!

Love,
 Mom, Dad and
 Matthew



Your four years
 at Stanstead College
 have helped
 you become
 a better student,
 a better athlete,
 and a better person.
 Congratulations on all
 your accomplishments.
 We wish you success at
 Colgate University.



Pretty princess,
Congratulations for the
wonderful School year
you have had!
Keep going, Sweetheart!
- Mom & Dad



If

By Rudyard Kipling

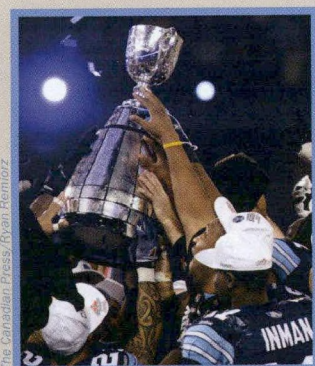
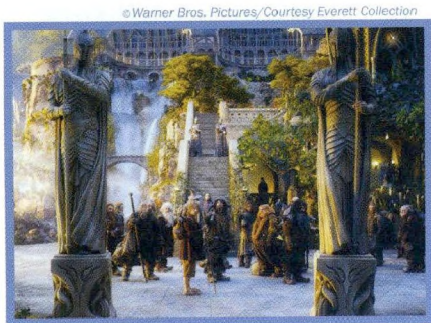
If you can keep your head when all about you
Are losing theirs and blaming it on you,
If you can trust yourself when all men doubt you,
But make allowance for their doubting too;
If you can wait and not be tired by waiting,
Or being lied about, don't deal in lies,
Or being hated, don't give way to hating,
And yet don't look too good, nor talk too wise:

If you can dream - and not make dreams your master;
If you can think - and not make thoughts your aim;
If you can meet with Triumph and Disaster
And treat those two impostors just the same;
If you can bear to hear the truth you've spoken
Twisted by knaves to make a trap for fools,
Or watch the things you gave your life to, broken,
And stoop and build 'em up with worn-out tools:

If you can make one heap of all your winnings
And risk it on one turn of pitch-and-toss,
And lose, and start again at your beginnings
And never breathe a word about your loss;
If you can force your heart and nerve and sinew
To serve your turn long after they are gone,
And so hold on when there is nothing in you
Except the Will which says to them: 'Hold on!'

If you can talk with crowds and keep your virtue,
'Or walk with Kings - nor lose the common touch,
If neither foes nor loving friends can hurt you,
If all men count with you, but none too much;
If you can fill the unforgiving minute
With sixty seconds' worth of distance run,
Yours is the Earth and everything that's in it,
And - which is more - you'll be a Man, my son!

World Beat® 2012-2013



News

North Korea Launches Rocket ▶

The world is uneasy as North Korea launches a rocket that may have put a satellite into orbit around the Earth.



KNS/AFP/Getty Images

▲ Following in his Father's Footsteps

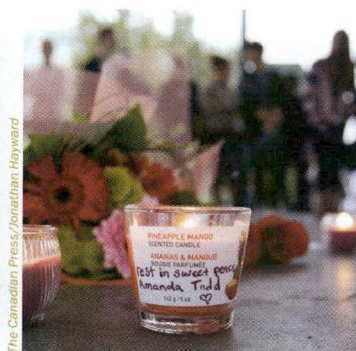
Liberal MP Justin Trudeau launches his bid for Liberal Party Leader on October 2, 2012.



The Canadian Press/Chris Young

▲ Amanda Todd

Port Coquitlam teen, Amanda Todd, commits suicide after posting a video on YouTube telling of her experiences of being bullied.



The Canadian Press/Jonathan Hayward

▲ BP Agrees to Settlement

Shortly before the second anniversary of the 2010 oil spill in the Gulf of Mexico, BP reaches a settlement with thousands of businesses and individuals hurt by the spill.



Julie Dermansky/Bloomberg via Getty Images

▲ Terrified Theatregoers

In Aurora, CO, actor Christian Bale and his wife Sandra Blazic visit the memorial that was created for the victims of the mass shooting that occurred during a midnight screening of *The Dark Knight Rises*.



Joshua Lott/Getty Images

▲ Chris Hadfield

Astronaut Chris Hadfield becomes the first Canadian to command the International Space Station.



Markeswire Photo/Canadian Space Agency

▲ Felix Baumgartner Takes a Leap

Skydiver Felix Baumgartner breaks a world record by jumping from a space capsule almost 24 miles above ground.



Red Bull Stratos/Content Pool via Getty Images

▲ Obama Claims Victory

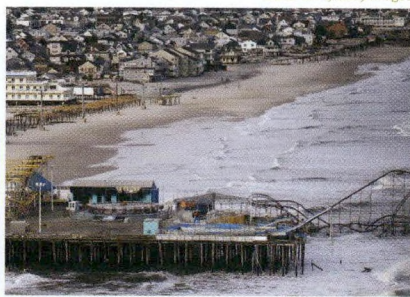
Despite high unemployment and a slow economic recovery, President Barack Obama wins a second term in the White House.



Jewel Samad/AFP/Getty Images

▲ New Jersey Battles Hurricane Sandy

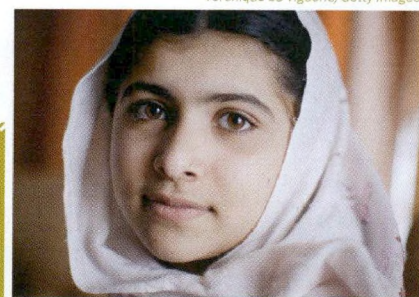
The Jersey Shore copes with widespread flooding, power outages and property damage resulting from Hurricane Sandy.



Mario Tama/Getty Images

▲ Malala Is Teenager of the Year

Malala Yousafzai, the 15-year-old Pakistani schoolgirl shot by the Taliban because she campaigned for the education of girls, is named Teenager of the Year by *The Muslim Times*.



Veronique de Viguier/Getty Images



The Canadian Press/Sheila Boardman

▲ Flaherty Reduces Amortization

Federal Minister of Finance, Jim Flaherty reduces the maximum mortgage amortization period to 25 years from 30 years aiming to reduce Canadian's soaring household debt.



The Canadian Press/Chris Young

▲ Toronto's Rob Ford

Toronto Mayor Rob Ford is removed from office after being found guilty of breaking provincial conflict of interest rules. In January 2013, however, the Divisional Court reversed the decision.



The Canadian Press/Jonathan Hayward

▲ Idle No More

People across the country take part in Idle No More protests demanding recognition for aboriginal rights.

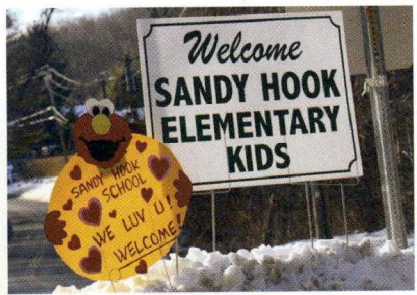


The Canadian Press Images/Graham Hughes

▲ Penny Retired

The penny is declared officially redundant. However, the Government announced the coin would retain its value indefinitely and that consumers will still be allowed to use them.

Timothy A. Clary/AFP/Getty Images



▲ Sandy Hook Elementary Students Return to Class

Three weeks after the Sandy Hook tragedy, classes are relocated to the former Chalk Hill Middle School in nearby Monroe, CT. "Our collective strength and resilience will serve as an example to the rest of the world," tweeted the principal from Newtown High School.



The Canadian Press/Stephen C. Host

▲ Tough Year for RIM

Research in Motion experiences a major outage in Europe, the Company's CEOs step down and shares plummet after announcing the BlackBerry 10 is delayed.



AFP/Getty Images

▲ Morsi Becomes Egypt's President

Egypt holds a democratic presidential election, and conservative Muslim candidate Mohamed Morsi is declared the winner.



The Canadian Press Images/Graham Hughes

▲ Tuition Fee Hikes

Protesters opposing the rise in tuition fee hikes in Quebec forced the government to pass an emergency law cracking down on demonstrations.

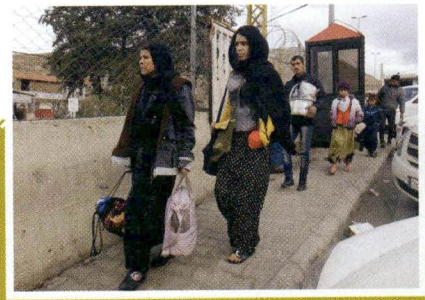
Scott Olson/Getty Images



▲ Junk Food Junkies Mourn Twinkies

The troubled Hostess Brands, Inc. shuts down operations, signaling a probable end for the once-popular Twinkies snack cake.

Joseph Eid/AFP/Getty Images



▲ UN Aid for Syrian Refugees

The United Nations launches a \$1.5 billion aid effort to bring food, clothing, shelter and medical supplies to Syrians fleeing more than two years of war.

Olympics

Rosie MacLennan,
Women's Trampoline
- Gold ▶



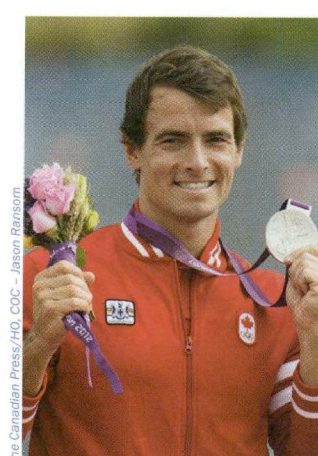
▲ Women's Eight Rowing Team - Silver



▲ Ryan Cochrane,
1500-metre Freestyle
Swimming - Silver



▲ Men's Eight Rowing Team - Silver



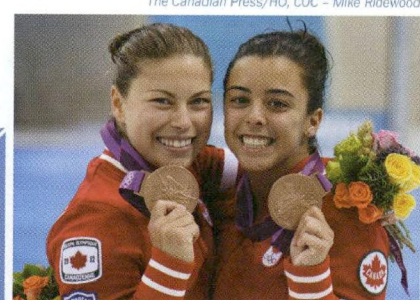
▲ Adam Van Koeverden,
1000-metre Kayaking
- Silver



▲ Tonya Verbeek, 55kg Freestyle
Wrestling - Silver



▲ Emilie Heymans and Jennifer
Abel, 3-metre Synchronized
Springboard Diving - Bronze



▲ Roseline Filion and Meaghan
Benfeito, 10-metre Platform
Synchronized Diving - Bronze

Tara Whitten,
Gillian Carleton and
Jasmin Glaesser,
Women's Team
Pursuit Cycling –
Bronze ▶



AP Photo/Chrisophe Ena

Derek Drouin,
Men's High Jump –
Bronze ▶



The Canadian Press/Sean Kilpatrick
The Canadian Press/Nathalie Martore

Clara Hughes

Clara Hughes, Canadian Olympic
Cyclist and Speed Skater,
announces her retirement from
competing in future Olympic
Games.



The Canadian Press/HO, COC – Jason Ransom



▲ Mark Oldershaw,
1000-metre Canoeing
– Bronze



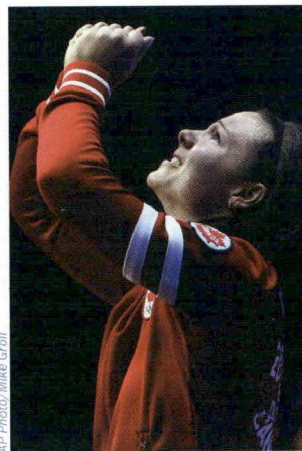
The Canadian Press/HO, COC – Jason Ransom

▲ Antoine Valois-Fortier,
Judo – Bronze



ITAR-TASS/Stanislav Krasimirov

▲ Brent Hayden,
100m Freestyle
Swimming – Bronze



AP Photo/Mike Groll

▲ Christine Girard,
63kg Weightlifting –
Bronze



The Canadian Press/Sean Kilpatrick

▲ Mark de Jonge,
200-metre Kayaking –
Bronze



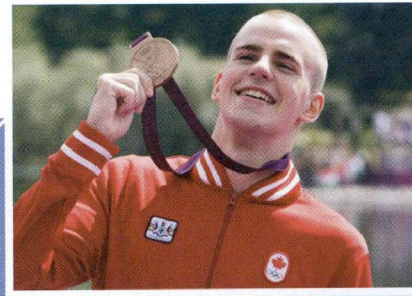
The Canadian Press/HO, COC – Mike Ridewood

▲ Carol Huynh, 48kg Freestyle
Wrestling – Bronze



The Canadian Press/Darryl Dyck

▲ Women's National Soccer
Team – Bronze



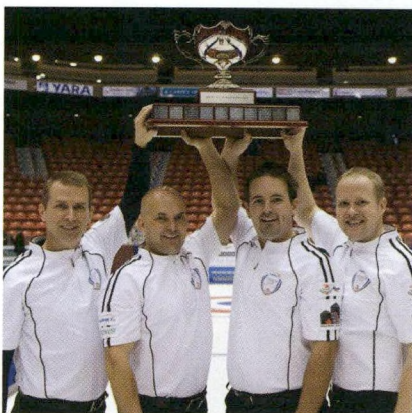
The Canadian Press/Frank Gunn

▲ Richard Weinberger,
10k Marathon Swimming –
Bronze

Sports

Canada Cup for Team Stoughton ▼

Team Stoughton wins their first Canada Cup with a 4-3 victory over Glenn Howard in Moose Jaw, SK.



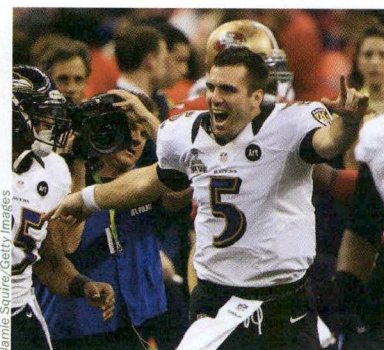
The Canadian Press/Michael Burns



Jeff Vinnick/NHLI via Getty Images

▲ NHL Lockout Shortens Season

After a 113-day lockout, the National Hockey League reaches an agreement with the Player's Association, resulting in a compressed season.



Jamie Squire/Getty Images

▲ Baltimore Ravens Win Super Bowl XLVII

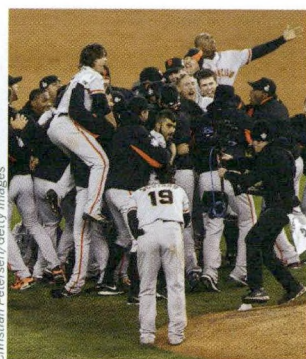
In a dramatic game interrupted by a power outage at the Superdome in New Orleans, the Ravens defeat the San Francisco 49ers 34-31.



The Canadian Press/Bryan Remiorz

▲ 100th Grey Cup

The Toronto Argonauts defeated the Calgary Stampeders to win the 100th Grey Cup in Toronto.



Christian Petersen/Getty Images

▲ World Series

The San Francisco Giants defeat the Detroit Tigers 4-3 in the 10th inning of game four to win the World Series in a sweep.



Jeff Gross/Getty Images

▲ Paul Rodriguez Beats the Street

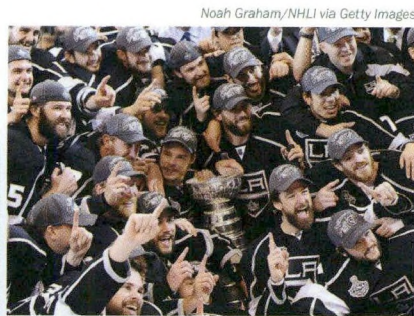
Paul Rodriguez (aka P-Rod) captures the gold in the Men's Skateboard Street final at X Games 18 in Los Angeles.



Scott Halleran/Getty Images

▲ Golfer Rory McIlroy Wins World Title

Northern Ireland's Rory McIlroy is the world's No. 1 golfer after winning the Deutsche Bank Championship and the BMW Championship.



Noah Graham/NHLI via Getty Images

▲ L.A. Kings Play It Cool

In game six of the 2012 Stanley Cup Finals, the Los Angeles Kings skate to victory, defeating the New Jersey Devils 6-1.



Simon Bruty /Sports Illustrated/Getty Images

▲ Oscar Pistorius Wins on Artificial Legs

South African sprinter Oscar Pistorius is the first double-leg amputee to compete in the Olympics. He took home two gold medals and a silver.



Issac Baldizon/NBAE via Getty Images

▲ The Miami Heat Burn Up the Court

In game five of the 2012 NBA Finals, LeBron James and the Miami Heat defeat the Oklahoma City Thunder 121-106.

Canadian Pop Culture

Trending Searches

1. Pinterest
2. Hurricane Sandy
3. Olympics
4. Diablo 3
5. Gangnam Style
6. Hunger Games
7. SOPA
8. Star Académie
9. KONY
10. Zerg Rush

Most Searched Retail

1. eBay
2. craigslist
3. Canadian Tire
4. Walmart
5. Future Shop
6. Home Depot
7. LesPAC
8. Costco
9. Ikea
10. Sears

Most Searched Career/Job

1. Teacher
2. Nurse
3. Designer
4. Accountant
5. Mechanic
6. Electrician
7. Therapist
8. Lawyer
9. Chef
10. Retail/Sales Associate

Trending Celebrities

1. Whitney Houston
2. Jeremy Lin
3. Michael Clarke Duncan
4. Morgan Freeman
5. Felix Baumgartner
6. Kate Middleton
7. Neil Armstrong
8. Carly Rae Jepsen
9. Lance Armstrong
10. Katie Holmes

Most Searched Canadian Sports Teams

1. Toronto Blue Jays
2. Toronto Maple Leafs
3. Vancouver Canucks
4. Montreal Canadiens
5. Winnipeg Jets
6. Edmonton Oilers
7. Calgary Flames
8. Ottawa Senators
9. Toronto Raptors
10. Montreal Impact

Trending Career/Job

1. Civil Engineer
2. Pharmacist
3. Truck Driver
4. Veterinarian
5. Paralegal
6. Retail/Sales Associate
7. Electrical Engineer
8. Dancer
9. Software Developer
10. Financial Analyst

Most Searched Musicians

1. One Direction
2. Justin Bieber
3. Drake
4. Whitney Houston
5. Rihanna
6. Adele
7. Taylor Swift
8. Nicki Minaj
9. Katy Perry
10. Madonna

Most Searched Canadian Food

1. Bacon
2. Poutine
3. Maple Syrup
4. Yorkshire Pudding
5. Bannock
6. Smoked Meat
7. Kraft Dinner
8. Butter Tarts
9. Sucre a la crème
10. Sugar Pie

SOURCE: Google Zeitgeist 2012

Trending: Search queries with the highest amount of traffic over a sustained period in 2012 as opposed to 2011.

Most Searched: Search queries with the largest volume of searches.

Music

Two for Marianas Trench ►

Marianas Trench wins two golden statuettes at the 23rd Annual MuchMusic Video Awards in June.



The Canadian Press/Jorge Roso/PhotoLine.com

Blake Shelton and Miranda Lambert Win Awards ►

At the 46th annual CMA awards, married couple Blake Shelton and Miranda Lambert take home the year's highest honours in country music.



Sara Kaus/ABC via Getty Images



fun. Releases Second Single

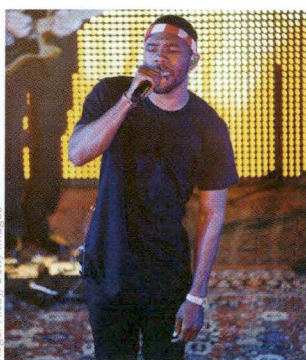
After the success of last year's "We Are Young," fun. has high hopes for its latest single, "Some Nights."



Jostens

AMA Calls Carly

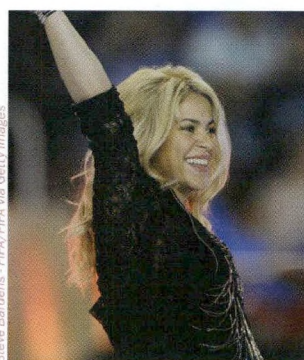
Canadian performer, Carly Rae Jepsen, is named New Artist of the Year by the American Music Awards.



Boyer Kirby/Getty Images

Ocean Considers Fiction

Breakout music star Frank Ocean tells an interviewer that he might write a novel because he enjoys the storytelling aspect of music.



Steve Bardens - FIFA/FIFA via Getty Images

Shakira Wins AMA Award

Colombia's global pop star Shakira wins her fourth AMA statuette, bringing home the award for Favourite Latin Artist.



George Pimentel/WireImage

PSY Is Most Watched

With more than 854 million hits, the viral video of "Gangnam Style" by Korean pop star PSY becomes the most-watched YouTube video of all time.



Rick Diamond/WireImage

Two Grammy Nominations Go to Newcomers

The Lumineers, a folk-rock band from Denver, receive Grammy nominations for Best New Artist and Best Americana Album.



FOX via Getty Images

Pop Fans Love One Direction

After appearing at the Summer Olympics, the popular English-Irish boy band One Direction releases its second album, *Take Me Home*.



Jason Kempin/Getty Images

Bryan Emerges as Rising Country Star

Singer-songwriter Luke Bryan's singles, like "Kiss Tomorrow Goodbye," are climbing the pop and country charts.



▲ It's Nicki Versus Mariah in "Idol" Feud

Dueling American Idol judges Nicki Minaj and Mariah Carey swap insults and threats on camera and via Twitter.



◀ Great Year For Rush

Legendary trio, Rush received the Governor General's Performing Arts Award, were inducted into the RockWalk at Guitar Center and officially announced as inductee's for 2013 into the Rock and Roll Hall of Fame.



◀ Taylor Swift Achieves a Record

With the release of *Red*, her fourth studio album, Taylor Swift is the first female artist to release two albums with sales of \$1 million.



▲ TobyMac Inspires AMA

The American Music Awards choose TobyMac as the year's Favourite Contemporary/Inspirational Artist.



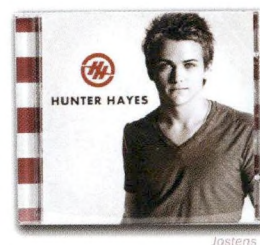
▲ Pink Enjoys a Career First

After 12 years in the music business, Pink finally achieves a No. 1 album with the success of her newest release, *The Truth About Love*.



▲ Rapper Supports Veterans

Flo Rida contributes his talents to the "Got Your Six" campaign, which helps combat veterans return to civilian life.



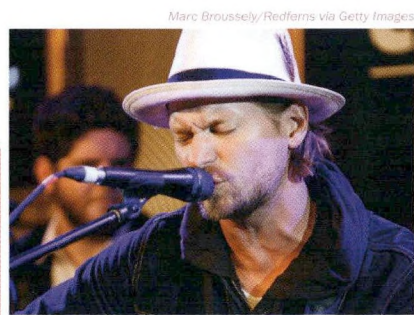
▲ CMA Celebrates Hayes

At age 21, Louisiana native and multi-instrumentalist country star Hunter Hayes is named Best New Artist at the CMA Awards.



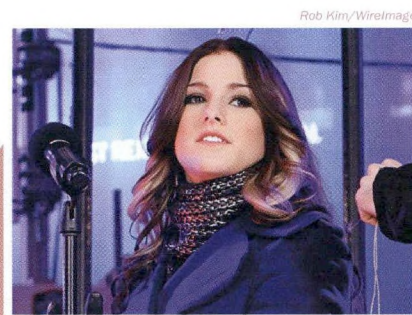
▲ Bieber Makes Headlines at AMA

Justin Bieber duets with Nicki Minaj, brings his mom up on stage and gets a kiss from Jenny McCarthy at the American Music Awards.



▲ NEEDTOBREATHE Wins Dove Award

The South Carolina Christian music band NEEDTOBREATHE wins the Dove Award for Group of the Year.



▲ Viewers Sing Cassadee's Praises

Los Angeles-based solo artist Cassadee Pope garners the most viewer votes and becomes the first female winner of *The Voice*.

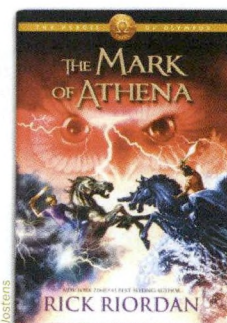
Entertainment



Jean-Sebastien Evrard/AFP/Getty Images

▲ iPad Mini™ Debuts ►

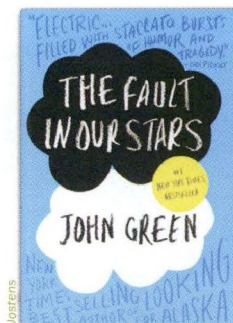
Shortly before the holiday shopping season begins, Apple® launches the iPad Mini™, a small tablet computer.



Jostens

▲ Readers Hail Return of Teen Demigods

Novelist Rick Riordan publishes *The Mark of Athena*, the third book in his popular series, *The Heroes of Olympus*.



Jostens

▲ Teen with Cancer Narrates Novel

The Fault in Our Stars is a fiction bestseller about a romance between teens who meet in a cancer support group.



Jostens

▲ Electronic Gamers Cheer FIFA Soccer 13

The latest version of the popular game allows players to analyze plays and create new offensive opportunities.



Jostens

▲ Nintendo Opens Virtual Theme Park

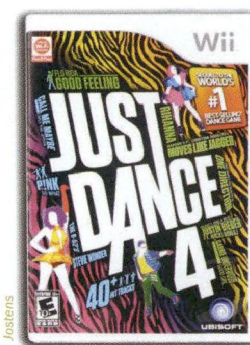
Gamers and their Mii™ characters explore NintendoLand, a virtual theme park featuring attractions based on Nintendo game worlds.



Jostens

▲ Boom Cube Turns Up the Volume

The powerful, miniature Boom Cube™ speaker hangs from a keychain and sets your MP3 tunes free from your earbuds.



Jostens

▲ Jump Up and Just Dance® 4

Just Dance® 4 is the latest version of the chart-topping dance game, featuring new songs, new workouts and six rounds of dance-off battles.



Michael Buckner/Getty Images for Nintendo

▲ Gamers Welcome Wii U™

Nintendo releases its new Wii U™ game console, which features high-definition graphics, an embedded touchscreen and up to 32 GB of Flash storage.



Miguel Medina/AFP/Getty Images

▲ Consumers Consider New High-Resolution MacBook®

Apple's 13-inch MacBook Pro® with Retina display features a stunning, high-resolution screen and an equally stunning \$1,700 price tag.



Getty Images/Hasbro Inc. via Bloomberg

▲ Furby™ Talks Back

The fuzzy Furby toy returns, with sophisticated technology that allows this chatty, lovable toy to learn to tell jokes and play games.

Television



Kelsey McCreary/ABC Family via Getty Images

Teens Discover Their True Identities

Switched at Birth is a popular television drama on ABC Family about two girls, one rich and one poor, who learn they were switched as infants.



Mr. D is a Hit

CBC television renews a second season of the hit Canadian sitcom *Mr. D*. The series is based on stand-up comedian Gerry Dee and his experiences as a former private school teacher.



New Girl Comes Back for More

Jess (Zooey Deschanel), Nick, Schmidt, Winston and Cece return for a second season of *New Girl* on FOX.



Dimitrios Kambouris/Getty Images

Viewers Flock to Rags-to-Riches Reality Show

A & E introduced *Duck Dynasty* featuring the eccentric Robertson clan whom have made millions by making and selling duck calls.



Paul A. Hickey/Getty Images

Beastly Drama Is People's Choice

Beauty & The Beast, a drama about a homicide detective with a puzzling and tragic past, wins the People's Choice award for Best New TV Drama.



Adam Lister/ABC Family via Getty Images

Learning Step by Step

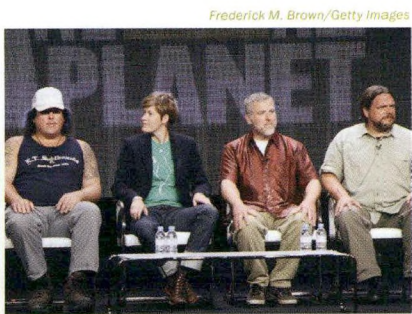
A former ballerina turned Las Vegas showgirl must start a new life as a small town dance teacher in *Bunheads* on ABC Family.



Alana Thompson/Bazmore

Honey Boo Boo Makes the Most Fascinating List

Seven-year-old reality star Alana Thompson, better known as "Honey Boo Boo," makes Barbara Walters' list of the year's most fascinating people.



Frederick M. Brown/Getty Images

Bigfoot Remains at Large

Finding Bigfoot is a reality program that follows investigators as they search the wilderness for evidence that Bigfoot is real.



Tom Concordia/CBS via Getty Images

An Eccentric English Sleuth Comes to New York

Jonny Lee Miller's Sherlock solves cases in New York, with help from Lucy Liu's Dr. Joan Watson in *Elementary*, a new CBS drama.



Leon Neal/AFP/Getty Images

American Audiences Love English Costume Drama

The eagerly awaited third season of *Downton Abbey* on PBS features a guest appearance by Shirley MacLaine as a wealthy American mother-in-law.

Movies

The People Choose Jennifer Lawrence

Jennifer Lawrence, star of *The Hunger Games* series and *Silver Linings Playbook*, wins the Favourite Movie Actress award at the People's Choice Awards.



Albert L. Ortega/Getty Images



Tracy Bennett/As Sony Pictures/courtesy Everett Collection

James Stars in Here Comes the Boom

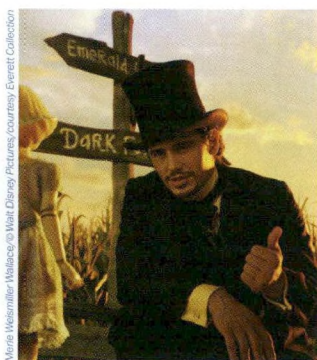
Kevin James stars as a burned-out biology teacher turned mixed martial arts hero in the feature film *Here Comes the Boom*.



Albert L. Ortega/Getty Images

Downey Dons Hero Suit a Third Time

Robert Downey Jr. returns as Tony Stark to face new enemies and overcome new challenges in *Iron Man 3*.



Maria Wimmer/Millican © Walt Disney Pictures/courtesy Everett Collection

A Wizard Finds His Way

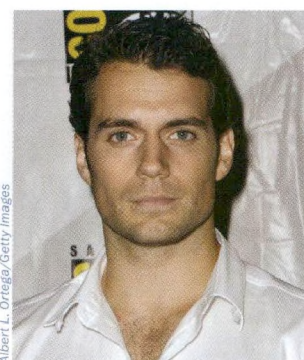
In *Oz: The Great and Powerful*, James Franco stars as a small-time magician who is transported to the Land of Oz.



© 20th Century Fox Film Corp. All rights reserved/courtesy Everett Collection

Caveman Family Discovers the World

Ryan Reynolds and Emma Stone lend their voices to *The Croods*, a 3D computer-animated comedy adventure about the world's first family.



Albert L. Ortega/Getty Images

How Superman Began

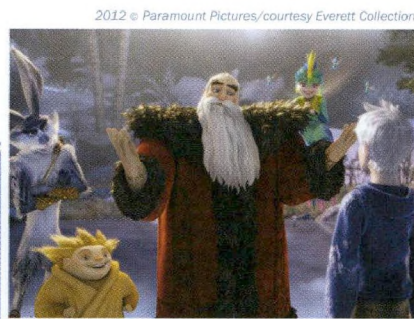
Henry Cavill stars as Clark Kent, a journalist who is baffled by his superhuman powers. He finds his life's purpose when evil invaders attack the world in *Man of Steel*.



Francois Duhamel/© Columbia Pictures/courtesy Everett Collection

Bond Breaks a Record

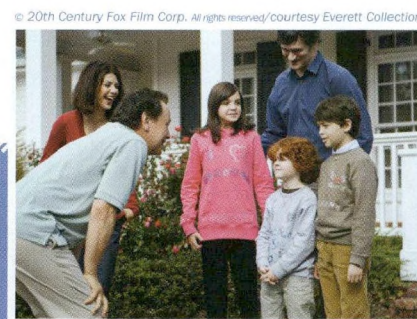
Skyfall, starring Daniel Craig as Agent 007, makes \$87.8 million in its first weekend, the most successful opening of any Bond film.



2012 © Paramount Pictures/courtesy Everett Collection

Heroes Unite in Rise of the Guardians

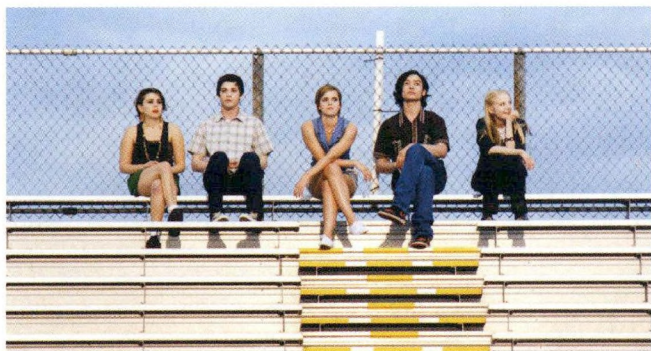
Fans of fantasy flicks head to the theaters for *Rise of the Guardians*, a 3D animated film from DreamWorks Animation based on the popular book series.



© 20th Century Fox Film Corp. All rights reserved/courtesy Everett Collection

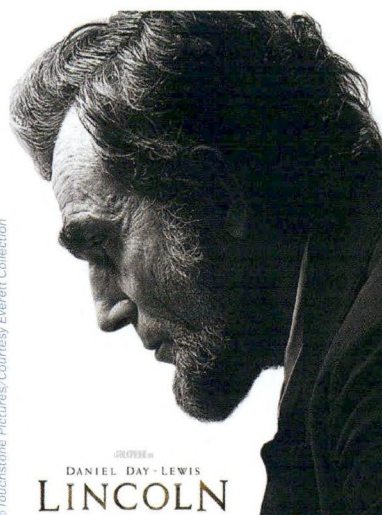
Grandparents Need Guidance

Bette Midler and Billy Crystal star as traditional grandparents who are baffled by their grandkids in *Parental Guidance*.



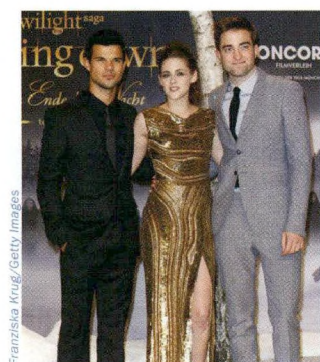
▲ Wallflower Blooms on Big Screen

The Perks of Being a Wallflower, based on the best-selling novel of the same title, tells the story of a shy high school freshman and his quirky friends.



▲ A President Earns His Place in History

Lincoln, a historical drama based on an award-winning biography, depicts the last four months of the legendary president's life.



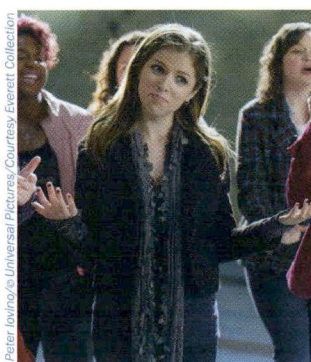
▲ Breaking Dawn Breaks Box Office Records

The Twilight Saga: Breaking Dawn — Part 2, the finale to the vampire romance series, is No. 1 at the box office for three weeks in a row.



▲ Downey Is a Fan Favourite

Voters for the People's Choice Awards choose *Iron Man* star Robert Downey, Jr. as the year's Favourite Movie Actor.



▲ College Singers Perfect Their Pitch

In *Pitch Perfect*, Anna Kendrick stars as a college student who inspires a mismatched a cappella singing group to achieve hilarity and harmony.



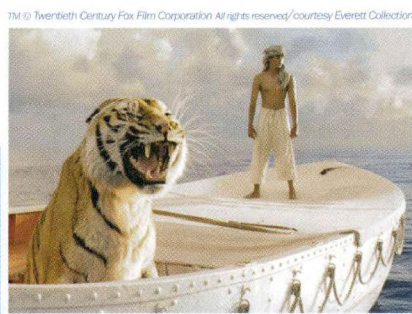
▲ Soundtrack Album Tops Charts

The movie soundtrack for *Les Misérables*, featuring performances by Anne Hathaway and Amanda Seyfried, reaches the No. 1 spot on the Billboard 200 chart.



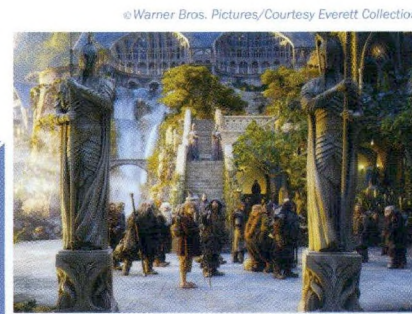
▲ Fans Root for Wreck-It Ralph

In the animated feature film *Wreck-It Ralph*, an arcade game character wants to be a hero instead of a bad guy, but his well-intentioned plans go haywire.



▲ It's a Wonderful Life of Pi

Nineteen-year-old Suraj Sharma stars in the movie adaptation of *Life of Pi*, about a teenager and a Bengal tiger who survive a shipwreck.



▲ Bilbo Baggins Journeys to Theaters

The Hobbit: An Unexpected Journey is the first of three films adapted from J.R.R. Tolkien's novel about a reluctant adventurer in Middle Earth.

Trends



Minis Are Major ▶

Little dresses and short skirts go over jeans and leggings by day. At night, they go solo for dances and dates.



Mark Elias/Bloomberg via Getty Images

LED Headlights Turn Heads

Drivers who love making their cars stand out on the street add LED headlight strips to create colourful, futuristic effects.

YOLO

Jostens



Jostens

▲ "YOLO" Is Favourite Catchphrase

Rapper Drake and actor Zac Efron popularize YOLO, an acronym standing for "you only live once." *Time* magazine names it one of the year's top buzzwords.

▲ Cowboy Boots Are Cool Again

Western style makes a comeback on runways and campuses. Classic cowboy boots are paired with short skirts or cropped pants.



Jostens

▲ Trends Point to Nail Art

Adhesive nail-art kits make outrageous manicures easy and affordable. Options include animal patterns, stripes, polka dots, images and more.



Jostens

▲ Colour Sneaks onto Sneakers

Basic footwear takes a back seat as brightly coloured and patterned high-tops and athletic shoes emerge as must-have accessories for school and weekend style.



Jostens

▲ Tees Get the Message Out

The graphic tee trend becomes a personal expression obsession. Shirts feature favourite lyrics, Internet memes, irreverent graphics and witty jokes.



Jostens

▲ Taco Bell Considers More Doritos® Dishes

After the success of Taco Bell's Doritos® Locos Taco, the fast food chain drops hints that a new Cool Ranch version is coming next.



Jostens

▲ Infinity Scarf Is Endless Trend

The must-have neckwear accessory is the circular infinity scarf, which loops around the neck to add colour, texture and warmth.



▲ Baseball Caps Are Tops with Girls

The flat-brim baseball cap trend is popularized by celebrities like Rihanna. The casual style is perfect for hiding from the paparazzi.



◀ Backpacks Are Global Chic

Boring backpacks take a back seat to colourful patterns inspired by traditional graphic motifs from around the world.



▲ Hoodies Are Hot

For every guy, there's a hoodie: athletic hoodies for jocks, rock band hoodies for fans and humorous hoodies for class clowns.



▲ It's a Plaid, Plaid World

Fashionistas go mad for plaid. The trend starts on designer runways and quickly makes its way to fashion outlets in malls and online.



▲ Duct Tape Inspires Creative Types

Crafty tweens and teens use tough, colourful duct tape to make purses, wallets, decorations, jewelry, fashion accessories and even formal wear.

JUST SAYIN'

▲ Adults Find Expression Annoying

Teens use "Just sayin'" to minimize an expression of criticism or sarcasm. The phrase ranks highly on a Marist Poll surveying the most irritating words and phrases.



▲ Footwear Moonlights as Basketball Coach

Sensors in the soles of Nike+ Basketball shoes track the wearer's every move and sync stats to the player's iPhone®.



▲ Jeans Are Anything but Blue

Traditional blues are timeless classics but the newest skinny denims feature bold colours, feminine prints and modern patterns.



▲ Glitter Gets a Foot in Fashion's Door

The trend for "glitter shoes," featuring sequins and sparkles, includes glue-it-yourself sneakers, sky-high designer platforms and everything in between.

Lifestyle

Instagram Is Tops with Teens ▶

Facebook snaps up Instagram and its 80 million users. The social media site clicks with teens, ranking as the top photography destination among ages 12 to 17.

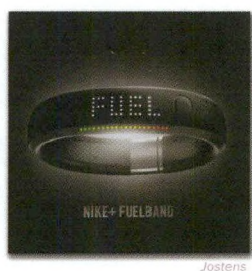


GIVE THE GIFT OF UNLIMITED MOVIES



MoviePass™ Sends Fans Back to Theaters

MoviePass™ gives film lovers the chance to save money by seeing up to one movie per day in theaters for one low monthly fee.



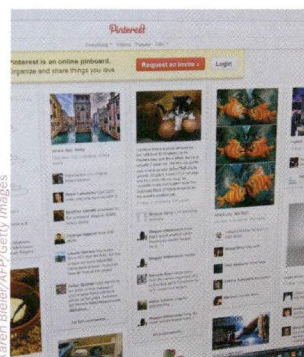
▲ Nike Motivates with FuelBand™

Nike has launched a new tool called Nike+ FuelBand™. This technology tool lets users know how active they are and reminds them to achieve their fitness goals.



▲ Pop Is Personal with New Coke Machine

The Freestyle Coke machine lets customers mix their own flavour combinations from more than 100 choices.



▲ Pinterest Attracts Interest

Pinterest is a social media phenomenon. Users "pin" images and share virtual bulletin boards about fashion, food, travel and sports.



▲ Apple® iPhone® 5 Sees Record-breaking Sales

The Apple® iPhone® 5 sells more than five million units in its first three days, setting a new record for opening weekend sales.



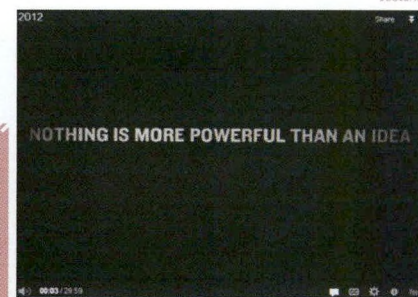
▲ Zumba® Is the Trendy Fitness Class

The Latin-inspired dance-fitness program known as Zumba® delivers hot music, cool moves, serious fitness and tons of fun.



▲ Classrooms Connect via Smartphone

Teachers use QR Codes, which can be scanned by smartphones, to deliver class information and assignments to students.



▲ Uganda Documentary Is Most Viral Video

Justin Bieber and Oprah help to make Kony 2012, a documentary about child soldiers, attract more than 100 million views in its first six days online.



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12 CLK (0000)









